

IDDSI Flow Test Instructions

1 SLIGHTLY THICK "NECTAR LIKE"

Description/characteristics

- Thicker than water
- Requires a little more effort to drink than thin liquids
- Flows through a straw, syringe, teat/nipple
- Test liquid flows through a 10ml slip syringe leaving 1-4 ml in the syringe after 10 seconds



2 MILDLY THICK "HONEY LIKE"

Description/characteristics

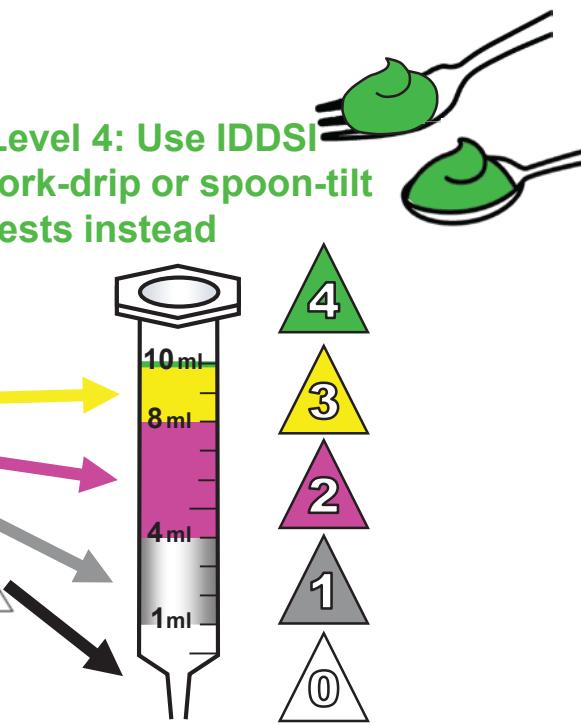
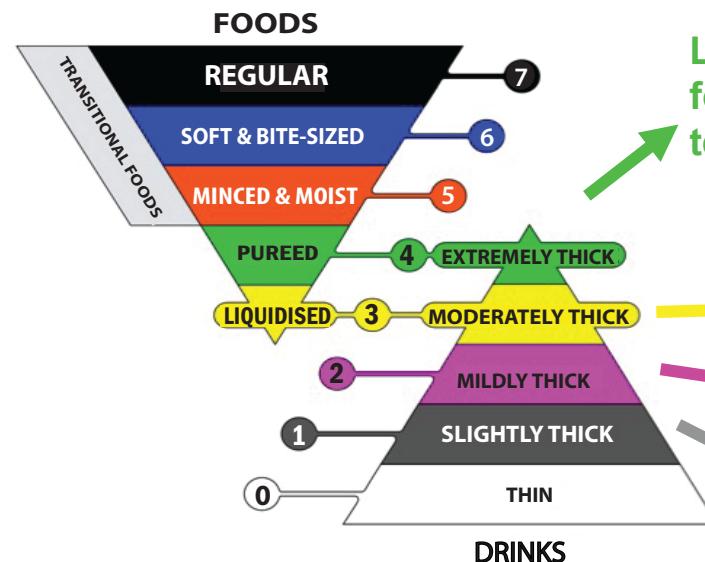
- Flows off a spoon
- Sippable, pours quickly from a spoon, but slower than thin drinks
- Effort is required to drink this thickness through a standard bore straw
- Test liquid flows through a 10ml slip syringe leaving 4 to 8 ml in the syringe after 10 seconds



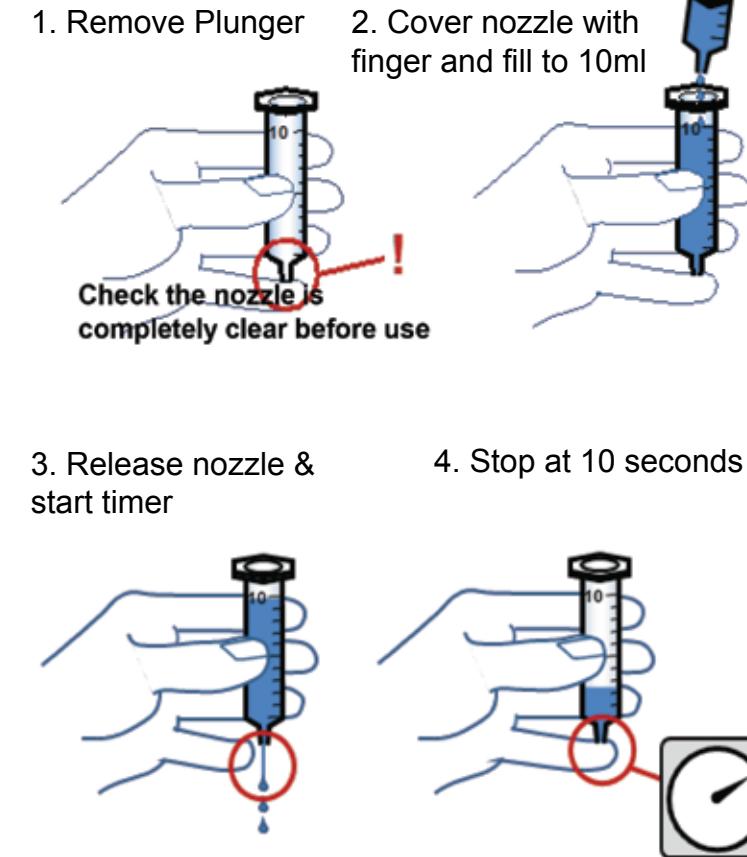
3 MODERATELY THICK LIQUIDISED

Description/characteristics

- Can be drunk from a cup
- Some effort is required to suck through a standard bore or wide bore straw
- Cannot be piped, layered or moulded on a plate
- Cannot be eaten with a fork because it drips slowly in dollops through the prongs
- No oral processing or chewing required
- Smooth texture with no "bits"
- Test liquid flows through a 10ml slip syringe leaving >8 ml in the syringe after 10 seconds



The IDDSI flow test classifies IDDSI Levels 0-3 based on their rate of flow.



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It is essential to use the following syringe dimensions for correct results.

