

## IDDSI Flow Test Instructions

### 1 SLIGHTLY THICK "NECTAR LIKE"

#### Description/characteristics

- Thicker than water
- Requires a little more effort to drink than thin liquids
- Flows through a straw, syringe, teat/nipple
- Test liquid flows through a 10ml slip syringe leaving 1-4 ml in the syringe after 10 seconds



### 2 MILDLY THICK "HONEY LIKE"

#### Description/characteristics

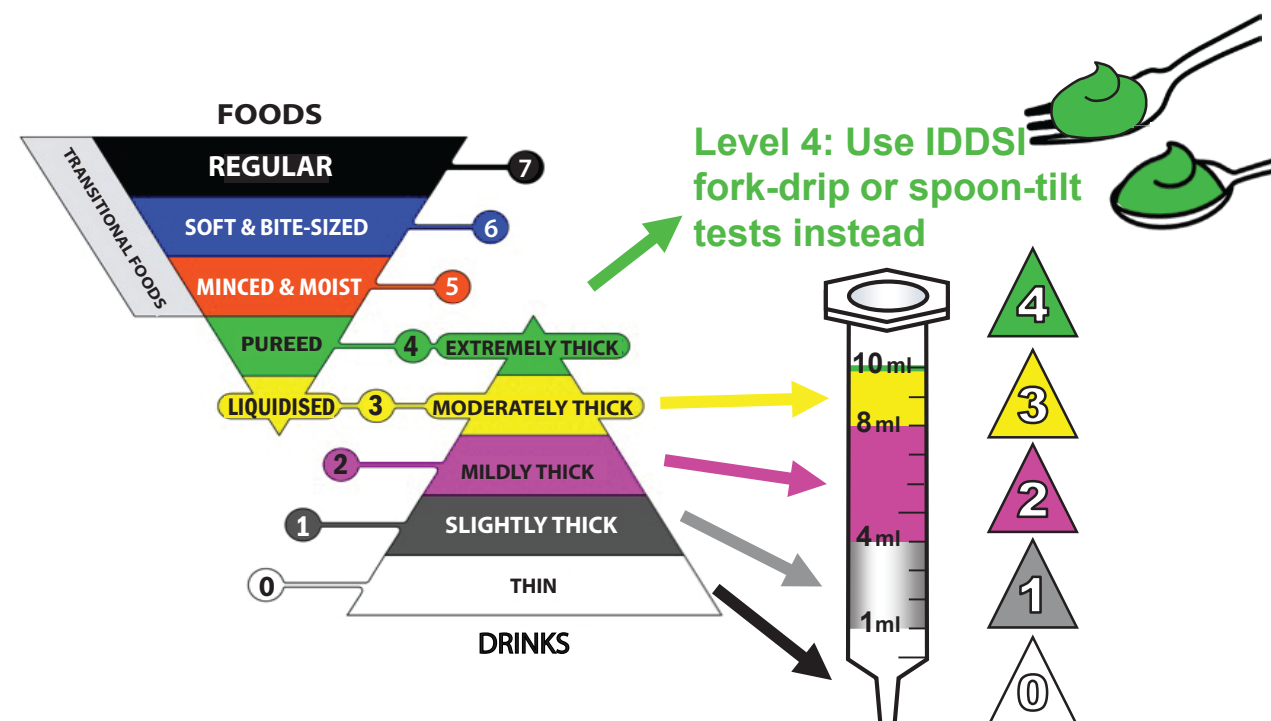
- Flows off a spoon
- Sippable, pours quickly from a spoon, but slower than thin drinks
- Effort is required to drink this thickness through a standard bore straw
- Test liquid flows through a 10ml slip syringe leaving 4 to 8 ml in the syringe after 10 seconds



### 3 MODERATELY THICK LIQUIDISED

#### Description/characteristics

- Can be drunk from a cup
- Some effort is required to suck through a standard bore or wide bore straw
- Cannot be piped, layered or moulded on a plate
- Cannot be eaten with a fork because it drips slowly in dollops through the prongs
- No oral processing or chewing required
- Smooth texture with no "bits"
- Test liquid flows through a 10ml slip syringe leaving >8 ml in the syringe after 10 seconds



The IDDSI flow test classifies IDDSI Levels 0-3 based on their rate of flow.



Dysphagia-Diet is dedicated to being the up-to-date resource for the healthcare professionals that are assisting the individuals living with dysphagia. Quality product lines, education & tools, and knowledgeable customer service are our priority in providing you with a "one-stop" information destination.

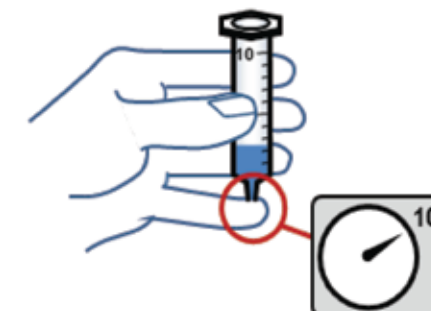
1. Remove Plunger
2. Cover nozzle with finger and fill to 10ml



3. Release nozzle & start timer



4. Stop at 10 seconds



It is essential to use the following syringe dimensions for correct results.

