



Simply Different, Simply Better.®

## Recipes



### Thickened Mint Shamrock Shake

#### Ingredients

Vanilla Ice Cream,	2 cups
Thickened w/SimplyThick	2 (30g) Honey Packets <b>OR</b> 4 strokes
Milk,	1 cup
Thickened w/SimplyThick	
<b>Nectar</b> consistency:	2 (15g) Nectar Packets <b>OR</b> 2 strokes
<b>Honey</b> consistency:	2 (30g) Honey Packets <b>OR</b> 4 strokes
Mint Extract	¼ tsp
Green Food Coloring	8 drops

**Yield:** 2 servings

**Special Equipment Needed:** blender

Wash hands before beginning preparation. **SANITIZE** surfaces & equipment.

- 1 Let vanilla ice cream soften then put in blender with SimplyThick until mixed. Set aside.
- 2 Thicken milk per desired thickness above.
- 3 Add ¼ teaspoon mint extract and 8 drops food coloring to thickened milk.
- 4 Add thickened milk mixture to the thickened ice cream and blend.
- 5 Serve and enjoy

#### Critical Control Points (CCP):

- Please consult with SLP for approval of straw prior to use.
- Please consult with SLP for approval of whipped cream garnish

If you have any questions pertaining to the SimplyThick products, please don't hesitate to contact us: 888.721.2023 / [www.simplythick.com](http://www.simplythick.com)



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