



### Thickened Mint Shamrock Shake

#### Ingredients

Vanilla Ice Cream, Thickened w/SimplyThick	2 cups 2 (30g) Honey Packets <b>OR</b> 4 strokes
Milk, Thickened w/SimplyThick	1 cup
<b>Nectar</b> consistency:	2 (15g) Nectar Packets <b>OR</b> 2 strokes
<b>Honey</b> consistency:	2 (30g) Honey Packets <b>OR</b> 4 strokes
Mint Extract	1/4 tsp
Green Food Coloring	8 drops

**Yield:** 2 servings

**Special Equipment Needed:** blender

Wash hands before beginning preparation. SANITIZE surfaces & equipment.

- 1 Let vanilla ice cream soften then put in blender with SimplyThick until mixed. Set aside.
- 2 Thicken milk per desired thickness above.
- 3 Add 1/4 teaspoon mint extract and 8 drops food coloring to thickened milk.
- 4 Add thickened milk mixture to the thickened ice cream and blend.
- 5 Serve and enjoy

#### Critical Control Points (CCP):

- Please consult with SLP for approval of straw prior to use.
- Please consult with SLP for approval of whipped cream garnish

If you have any questions pertaining to the SimplyThick products, please don't hesitate to contact us: 888.721.2023 / [www.simplythick.com](http://www.simplythick.com)



DISCLAIMER – Although information provided is believed to be true and accurate, SimplyThick, LLC (ST) cannot anticipate all actual situations and/or conditions of use. ST cannot assure the suitability of SimplyThick® for any particular situation or that SimplyThick® will work in every situation. If you have any questions about use of SimplyThick®, consult your doctor or physician. See [www.simplythick.com/safety](http://www.simplythick.com/safety) for more information.

Use of SimplyThick® is covered by US Patent #7,638,150, Canadian Patent #2,459,924, European Patent #EP1423019B1, Australian Patents #AU2004209974 B2 and #AU2008202549, and others pending. SimplyThick® and Simply Different, Simply Better.® are registered trademarks of SimplyThick, LLC, St. Louis, MO. All rights reserved. © SimplyThick, LLC, 2016.