

2017 Little Rockers Kids Marathon

presented by



FINAL RACE INSTRUCTIONS

IMPORTANT! PLEASE READ THIS DOCUMENT!!!

Congratulations! Your Little Rocker is about to complete his/her marathon journey. We hope your child has had fun and will continue to keep moving long after race day. The information contained in this document will give you all the information needed for your child's participation in the Final Mile. Please read all information in this document carefully and go over it with your child.

When: Saturday, March 4, 2017

Start Time: 11 am

NEW Start: Main Street (between 4th & 3rd Streets)

Participants will enter the start corrals from West Markham. See the start line map attached.

NEW Finish: Scott Street (between Capitol & 4th Streets)

The Finish Line is a secure area. Participants will be directed to the safety zone area once they have completed their final mile and received their medal. See the finish safety zone map attached.

When you registered your child, if you answered "YES" to the question 'Will you participate with your child on race day?', then you and your child will have matching bibs. You will BOTH line up at the start in the corral marked with a "P" and then exit through the Safety Zone.

If you answered "NO" your child will line up in the start corral corresponding to their grade. If your child is not part of an official program, you will go to the Safety Zone exit designated by your child's bib color to retrieve your child. If your child's bib is orange or purple your pick up location will be on 4th street (between Main & Cumberland). If your child's bib is purple or yellow, your pick up location will be on Cumberland (between 4th & Capital). If your child is part of an official program, your program leader has designated someone to be in the safety zone to greet your children. **Program leaders will designate where you will meet to retrieve your child, take group photos, etc.**

IMPORTANT NOTES

- DON'T FORGET YOUR RACE NUMBER** - We are not able to issue another race number if you lose or forget your child's race number.
- NO RACE NUMBER – NO RUN!** Only participants with race numbers will be allowed in the Start Corrals.
- EMERGENCY INFO** - Be sure to fill out the emergency contact information on the back of your child's number.
- ON THE FRONT PLEASE** - Please pin the race number to the front outer most clothing prior to arriving at the race.
- Parent must wear the matching race number for their child.



When and where can I get my child's race number, my race number* and the race packet?

Friday, March 3 - ONLY

10 am to 8 pm

Little Rock Marathon Health & Fitness Expo
Statehouse Convention Center (West Markham & Main Streets)
Downtown Little Rock

THERE IS NO PACKET PICK UP ON RACE DAY!

*If you paid to run with your child, you will have a race number that matches your child when you pick up your race packet.

What do I need to pick up my child's race packet?

If your child has NOT been training with an official group, you must present proof that he/she has completed at least 25.2 miles when you pick up your child's race packet.

Why does my child need a race packet?

The official race packet includes:

- Your child's official Little Rockers race number and matching parent number if a parent has paid to participate.
 - No child, parent or chaperone will be admitted into the start corrals without a race number.
 - The race number MUST be on the **front** of a participant's clothing.
 - All children must have an official race number to participate.
- Your child's Safety Zone Wristband (needed to retrieve your child after the race)
- Official participant shirt
- Last minute instructions

What time and where does the race start?

Plan to be at the race early. The start line and finish line are different than in year's past. The race starts at 11:00 am, so you should be at the start line no later than 10:30 am (*car parked no later than 10:15 am*). The start line is a few blocks from the finish line. Participants will enter the start corrals at West Markham and Main. *Please see map insert to familiarize yourself with the area.* Expect a large crowd. Approximately 2,000 children and 1,200 adult chaperones will be participating in the final mile.

Where do I park?

Parking is available all over the River Market District and downtown. When you are coming to the race know that many streets are closed so that we may prepare for 15,000+ participants Sunday morning. Please review the parking map in these instructions and check the website for the latest street closures.

Can I run with my Little Rocker?

You will **only** be allowed to run/walk with your child if you indicated on your registration, that you will be accompanying them. You and your child **MUST** have on your matching bibs. You and your child will be directed to the "P" corral at the start of the race.

Course & Start Line

NEW START LINE - Main Street (between 4th & 3rd Streets)

At approximately 10:45 am, the start corrals will open. The start line will be staggered by age group. 7th grade children in front, then 6th grade, then 5th grade, and so on all the way down to 1st grade. The last start corral "P" will be designated for children running with a parent. Each grade will be partitioned off with gating in the start corral. Volunteers will be holding signs indicating the specific grade in each corral. Please be certain that your child starts with the correct grade group. Each group will start 2-3 minutes behind the grade in front of them.

Smile BIG!

Official race photographers will be at the finish line to capture your child's special moment. Photos will be available online a few days after the race. Please visit the home page of www.littlerockmarathon.com.



Finish Line

Once your child (*and chaperone/parent*) crosses the finish line, he/she will enter a secure area where volunteers award each child their official Finisher's Medal. *Sorry parents, but the medals are for the children and not parents/chaperones.*

After medals are awarded, your child (*and chaperone/parent*) will be given something to drink, have their official photo taken and then will be directed into the Safety Zone.

In the event that a child crosses the finish line without his/her chaperone, the child will be placed in the Safety Zone until the parent/chaperone catches up.

The Safety Zone is divided into colored corrals, which will be marked by large flags that correspond to race number colors. Please instruct your child to go to the flag that matches the color of his/her race number. Volunteers will be in the finish area to help your child get where he/she needs to go.



For the safety of all the participants, we will ask the finishers to continue moving forward through the finish line.

- No stopping or "waiting for someone".
- No going back for someone.

Reuniting With Your Child

If you are not participating with your child, you **MUST** have the Safety Zone Wristband that matches your child's race number. The Safety Zone Wristband is inside your child's race packet. We will have 2 safety zone exits this year. If your child has an Orange or Purple bib, his/her exit will be located on 4th Street. If his/her band is Green or Yellow the exit is located on Cumberland. At the exit of the Safety Zone you will be asked to show your Safety Zone Wristband and volunteers will match it with your child's race number.

If your child is part of an official program, your program leader has designated someone to be in the safety zone to greet your child. Your program's leader will designate where you will meet to retrieve your child, take group photos, etc. **We are very strict regarding this procedure.**

Unsportsmanlike Conduct

Unsportsmanlike conduct is unacceptable and will not be permitted during any Little Rock Marathon event. "Unsportsmanlike conduct" shall include, but is not limited to, failure to heed the instructions of race officials; intentional or disregard of the rules, or abusive language and/or actions toward any race official, volunteer, participant, or spectator. **Please be patient as our volunteers take great care to keep your children safe.** Rude parents not only set a really bad example for the children, but rude parents take away from the spirit of the day.

Weather

Weather will be monitored constantly from a direct link with the National Weather Service Forecast Office in Little Rock. With a reasonable likelihood in March, the threat of a tornado, extreme heat or icy conditions could prompt the cancellation of the event for all participants. Severe thunderstorms with the threat of lightning that are threatening the course and are forecasted to continue throughout the day of the event may also result in cancellation of the event for all participants.

Race officials will make decisions regarding the cancellation or alteration of the race. In the event of a course evacuation, marathon personnel or City of Little Rock Police will direct participants to designated shelter areas.

PLEASE DRESS YOUR CHILD APPROPRIATELY FOR THE WEATHER. They will be outside for two hours and running for less than 20 minutes.

Can't make it race day?

If your child is unable to participate on Saturday, March 4th, you may still pick up his/her race packet at the Health & Fitness Expo. Once your child has completed his or her 26.2 miles, and after March 7, contact Leah Pearce lmkids@pearce.cx to arrange to get your child's medal. It will be up to you to make sure they finish their mileage before you give them their medal.

Questions?

Leah Pearce, Chair
lmkids@pearce.cx

More information is available at www.littlerockmarathon.com



