

## What is the Overtone Effect?

When a singer or chorus achieves precisely the right tuning in the notes they sing, the intricate balance of sound frequencies creates **overtones**—extra notes that, while heard, are *not actually being sung*. Using the phenomenon of overtones as a metaphor for creating results that go well beyond what you ever thought possible, this book will guide you to hit the high notes in your life or business.

The results? Increased joy, flow, effectiveness, and extraordinary success. That's the Overtone Effect!

Are you seeking to maximize your potential in a more intuitive, purposeful way? In *The Overtone Effect*, you'll follow an easy, focused system to take your personal or organizational performance from predictable to remarkable.

You'll learn how to...

- › Build a rock-solid success foundation by aligning your strengths, vision, purpose, values, and core essence
- › Open up your greatest possibilities by adopting a “generative”—positive, action-based, energy-infused—approach to work, leadership and living
- › Shift your success orientation from *doing* to *being* and reconnect with what's really important to you
- › Move into your “sweet spot”, where you can achieve better results and experience more joy



Jan Carley is a Professional Certified Executive Coach credentialed with the International Coach Federation. Author of the critically acclaimed *Harmony from the Inside Out*, Jan has enjoyed worldwide renown by coaching leaders and their teams to new levels of alignment and competitive success.

THE OVERTONE EFFECT

Live Your Life on a High Note!

JAN CARLEY

*“Jan Carley’s engaging book is filled with actionable advice...It will spur your creativity and curiosity, and help you become the person you want to be.”*

- Marshall Goldsmith, New York Times bestselling author, Thinkers50 #1 leadership thinker in the world

# THE OVERTONE EFFECT

Live  
Your Life  
on a High Note!

A proven, step-by-step system to maximize personal and organizational success

JAN CARLEY