

2017 LENTEN GROUPS

SSJE's 5 Marks of Love: *Living Life Marked as Christ's Own.* A discipleship offering inspired by the Anglican Marks of Mission. Join the brothers of SSJE in this six-week series to examine and reflect on the ways in which God's Life and God's Mission express themselves in and through us. Sundays, 11:30 am in the chapel. **February 26- March 26.** Sign up to receive daily meditations at SSJE.org.



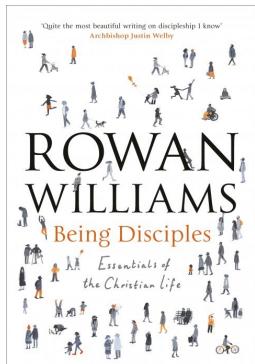
Spiritual Practices: Taste & See. Explore a different spiritual discipline on Saturday mornings in Lent. All sessions will be held on Saturday mornings at 9:30 in the Oratory.

Centering Prayer, March 4, led by Pat Sprague

Anglican Prayer Beads, March 18, led by Scott Burgess & Pat Sprague

Examen Prayer (Ignatius), March 24, led by Scott Burgess

Chanting the Psalms, April 1, led by Cindy Lufkin

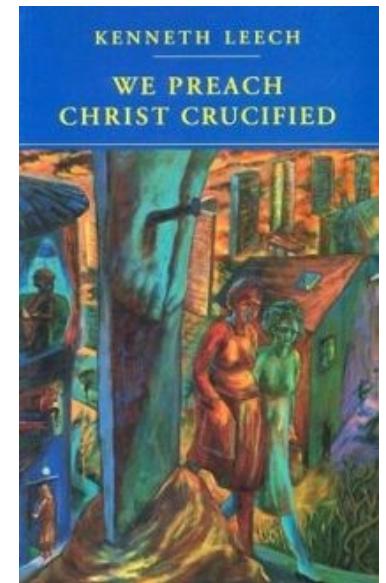


Book discussion: *Being Disciples*, by Rowan Williams. "Discipleship," say Williams, "is about how we live – not just the decisions we make, not just the things we believe, but a state of being." In this follow-up to his book *Being Christian* (read last year in Lent), the former Archbishop of Canterbury outlines what is required for us to continue following Christ and to grow in faith. Sundays in Lent, beginning **March 5th**, at 1 pm in the oratory.

The One Who Sings, Prays Twice - This group is led by Robert Ludwig and will meet in the church and join members of our choir to learn the music and texts of Holy Week and Easter at St. John's. The first meeting will be **Wednesday, March 15**. The hour-long rehearsals will include a brief Lenten meditation on one of the great hymns of Holy Week. All participants of the group will be invited to join with the St. John's Choir to sing for any or all of our special Holy Week services between Palm Sunday and Easter Day. Email Robert for more information.

Conversations on Scripture: Looking at the *Gospel of Matthew*. Come in fellowship to consider the Gospel that says so much about discipleships and following Jesus. Matthew's Gospel will lead our Sunday worships all through the year ahead. This lent come and consider this Gospel and its message together in community. Led by Mo. Rita and Mo. Jane White-Hassler, Thursday evenings, **March 2 -April 6**, 6:30-7:30 pm in the oratory.

Book discussion: *We Preach Christ Crucified*, by Kenneth Leech. Through hymns, poems, and lens of personal experience, this book presents a thoughtful, in-depth look at the Cross as a focal point for theology, spirituality, Christian symbolism, and discipleship. Two sessions: Wednesdays (**March 8 – April 12**) at 1 pm in the oratory, and Sundays (**March 5 – April 9**) between services in the undercroft.



Visit the Holy Land in Lent: Join parishioner, Ann Wilbanks on Sundays at 3 pm to learn of the Holy Land through live streaming video conversations with 5 remarkable Palestinians.

March 5th: The context of occupation.

March 19th: Daily life under occupation.

March 26th: The Church's response to occupation.

April 2nd: Life as a Palestinian Christian in Israel.

April 9th: Economic realities for under occupation.

Lenten Quiet Evening Enter into Holy Week with quiet time for reflection and meditation led by the Rev. Cn. Michael Ambler. The Prayer of Humble Access from Rite I will launch our conversation. **Sunday, April 9th**, 4 - 6 pm. Please plan on joining us and RSVP for supper, office@stjohnsbangor.org