

Awakening people to their spiritual nature

Sundays • 11 am Celebration
16330 NE 4th Street • Bellevue
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Adult Spiritual Education

Fall Classes 2018

Connect and Grow in Spiritual Community this Fall

Our Adult Spiritual Education Program offers engaging classes and special workshops designed to support a deeper revelation of Spirit as your life. As you discover and apply your inherent creative power in the company of others who are committed to their conscious spiritual path, you activate a richer, fuller experience of life and come to know a greater joy than ever before.

Beyond Limits

This course will literally change your thinking and change your life as you move beyond the limits of your life so far and reframe your experience with the practical tools of conscious spiritual living. A ten-week journey of self-discovery and revelation, *Beyond Limits* shows you how to align your life with Universal Principles as you discover and express the power, creativity, freedom, and joy that lie within you.

Dates: Tuesdays, 10/2 through 12/4, 6:30 to 9:30 pm | **Tuition:** \$150 | **Facilitator:** Rev. Marla Mason | **Textbooks:** *How to Change Your Life* and *Creative Ideas: A Spiritual Compass for Personal Expression*, by Ernest Holmes, plus Student Workbook provided | **Pre-requisite:** None



Rev. Marla Mason
Senior Minister and
Facilitator

Discovery: Unity of Bellevue Membership

Commitment is a powerful tool for growth. If you're considering a deeper commitment to our spiritual community, come discover what membership is all about, its responsibilities and benefits, and how our commitment to one another enriches the experience of our entire community.

Dates: Friday 11/2, 6:30 to 9 pm and Saturday 11/3, 9am to 4 pm (both sessions are required to enter into membership at Unity) | **Facilitator:** Rev. Marla Mason | **Textbook:** Student workbook provided | **Tuition:** none | **Pre-requisite:** none



Give yourself the gift of a class. I've made great friends, learned so much, and gotten in touch with a very deep and satisfying part of myself. And I never expected it would be so much fun! —Carol K.