

Two evenings with Anjali Festival children

The Mahabharata group of TOS, Odisha Region, donated Rs. 20,000 to the State Disability Information and Resource Centre – "Swabhiman", which had organised the 16th edition of Anjali International Children's Festival – 2017 on the occasion of the Children's Day at Adivasi Exhibition Ground, Unit-1 in Bhubaneswar.

We had invited, on two occasions, some of the child participants of the festival for an interaction with our TOS members who were keen to share some happy moments with them. The children were from Tamil Nadu, Andhra Pradesh, Odisha and Himachal Pradesh. Though differently abled (deaf & dumb, Down syndrome, autistic), they were, nevertheless, very enthusiastic about enjoying the gift of life like any other child of the same age-group. To entertain them, some games were arranged and gifts were given to each of them. Some of them sang songs and some danced to popular music. Finally, they were initiated to the art of meditation through visualisation of the colour green, which is symbolic of peace, growth, freshness, etc., for about 15 minutes. The children liked the mental exercise very much and the supervisors accompanying them expressed their desire to do such meditation on a regular basis back in their schools/homes for the children. Overall, it was really satisfying that the children were so full of energy during the meet.









