

About the Clergy Clinic in Family Emotional Process

Schedule

The **Clergy Clinic** meets three times each year for three successive days each time for the equivalent of nine days:

December 5-7, 2016
March 13-15, 2017
May 22-24, 2017

Mondays: 12/5, 3/13, 5/22

10:00 a.m. – Faculty Input
11:45 a.m. -- Lunch (provided on site)
12:30 p.m. -- Faculty Input
5:30 p.m. – Supper (provided on site)
6:15 p.m. – Faculty Input
7:30 p.m. – Adjournment for the Day

Tuesdays: 12/6, 3/14, 5/23

8:30 a.m. – Faculty Input
11:30 a.m. – Lunch (on your own)
1:00 p.m. – Family of Origin Groups
4:45 p.m. -- Faculty Input
6:00 p.m. – Adjournment for the Day

Wednesdays: 12/7, 3/15, 5/24

8:30 a.m. – Congregational Case Study Groups
12:00 p.m. – Conclusion

Location

Hope United Methodist Church
16550 Bernardo Heights Pkwy, San Diego, CA

The church is approximately 30-45 minutes north of the San Diego International Airport. A map and hotel list will be sent with confirmation of registration.

Tuition

Tuition is **\$1,350** for the series, if received prior to **September 26, 2016**, and **\$1,450** if received after that date. If received after **October 1, 2016**, the fee is **\$1,550**. Cancellations are subject to a non-refundable fee of \$100, if we receive notification prior to **October 1, 2016**, or half of the registration fee, if notified prior to **October 17, 2016**. Afterward there will be no refunds or credit for missed sessions, since family of origin group leaders will have already been hired, and LMPC staff will be making travel arrangements after October 1, 2016. To register, return the form with full payment, or register online by going to:

www.brownpapertickets.com/producer/720852

Faculty

Richard Blackburn is Executive Director of the Lombard Mennonite Peace Center. He has broad experience as a trainer, mediator, and consultant with conflicted churches and their leaders. The congregational mediation model he developed represents a transformational approach, placed within the context of Bowen family systems theory. For several years, he attended Edwin Friedman's *Postgraduate Clergy Seminar in Family Emotional Process* in Bethesda, MD. Richard has also participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington, D.C. He is an ordained Mennonite minister.

Bill Blank, LMPC Associate Director, is an ordained minister in the Mennonite Church and has served as a pastor and interim pastor for a number of years. He has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family. Prior to joining the LMPC staff, he was a regular participant in LMPC's training events, including: *Clergy Clinic in Family Emotional Process*, *Advanced Clergy Clinic in Family Emotional Process*, and our *Mediation Skills Training Institute for Church Leaders*. Benefitting from his years of pastoral experience and ministering to churches in transition, Bill also has experience in consulting with conflicted churches, facilitating LMPC's full-scale congregational mediation process and providing coaching for pastors from a family systems orientation since joining the staff.

Primary Reading

Participants in the **Clergy Clinic in Family Emotional Process** are required to read *Extraordinary Relationships: A New Way of Thinking About Human Interactions* by Dr. Roberta Gilbert (John Wiley & Sons, Inc., 1992) and *One Family's Story: A Primer on Bowen Theory* by Michael E. Kerr (Georgetown Family Center, 2003). *Extraordinary Relationships* is an excellent and readable summary of the basics of Bowen family systems theory. *One Family's Story* gives an overview of the eight basic concepts of Bowen family systems theory. These books are available for purchase from LMPC.

Contingency

The San Diego *Clergy Clinic* is contingent on there being a minimum of 24 registrants by October 1, 2016. After that date, registrants will be notified by email whether or not the minimum has been met, so one can confirm travel plans for the December session. We fully expect to meet the minimum; however, if not, any previously paid registrations will be fully refunded.

Concepts To Be Studied

- Triangles
- Differentiation of Self
- Nuclear Family Emotional System and Family Projection Process
- Multigenerational Transmission Process
- Sibling Position
- Societal Regression
- Emotional Cutoff

The **Clergy Clinic** will help participants understand how each concept has implications for one's family system, as well as one's functioning as a leader within a congregational system.

For Further Information

Write: *Lombard Mennonite Peace Center*
101 West 22nd Street, Suite 206
Lombard, IL 60148
E-mail: admin@LMPeaceCenter.org
Web Site: www.LMPeaceCenter.org
Call: (630) 627-0507
Fax: (630) 627-0519

Other Clergy Clinic Options

Two groups also meet in Lombard, IL (in the western suburbs of Chicago). The tuition is lower for the Chicago area groups, since LMPC staff will not have to incur the travel expenses involved in presenting the San Diego event. Dates for those two groups are:

- | | |
|------------------------|----------------------|
| <u>Group A</u> | <u>Group B</u> |
| • October 24-26, 2016 | • November 7-9, 2016 |
| • February 20-22, 2017 | • March 6-8, 2017 |
| • April 24-26, 2017 | • May 1-3, 2017 |

For further information: www.LMPeaceCenter.org

Registration Form

Enclose \$1,350 for the series (\$1,450 after 9/26/16, \$1,550 after 10/1/16). Make checks payable (in US funds) to "LMPC."
Clip and mail to: Lombard Mennonite Peace Center, 101 West 22nd Street, Suite 206, Lombard, IL 60148.

Name _____ Home Phone _____
Address _____ City _____ State _____ Zip _____
Congregation/Organization _____ Work Phone _____
Preferred Email _____ Other Email _____

*** Confirmation of Registration is sent by email - Please be sure to include at least one email address, printed clearly.**

_____ Register me for the 2016-2017 **Clergy Clinic in Family Emotional Process in San Diego, California.**

_____ Send me _____ more copies of this brochure for sharing with clergy colleagues.

_____ Send me information about workshops on family systems theory and church leadership that can be held in my church.

_____ Send me information about LMPC's **Mediation Skills Training Institute for Church Leaders.**

Please check if registering: I have read and agree to the cancellation policy explained under "Tuition" in this brochure.

To register online please select the event you wish to register for at www.brownpapertickets.com/producer/720852

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Hope United Methodist Church
San Diego, CA



Sponsored by
Lombard Mennonite Peace Center
Lombard, Illinois

**A Leadership
Training
Program**

Family Emotional Process

Since the publication of *Generation to Generation: Family Process in Church and Synagogue*, by Dr. Edwin Friedman, pastors and other clergy have recognized the importance of understanding Bowen family systems theory as it relates to congregational systems.

Dr. Murray Bowen understood families as emotional systems impacted by two key factors: the level of anxiety within the system and the level of differentiation of family members. As a student of Bowen, Dr. Edwin Friedman saw the relevance of Bowen's ideas for religious congregations and their leaders.

With today's rising level of anxiety in society and its resulting impact on families, there is little doubt that such anxiety will impact the church with increasing intensity in the years ahead. The resulting elevation of pressures within congregations and the increasing demands which that places on clergy make it imperative that leaders step back occasionally from the fray to assess their own capacity for managing themselves in a calmer, more differentiated way.

The **Clergy Clinic in Family Emotional Process** is designed to enhance the ability of participants to function as self-differentiated leaders within their own ministry setting. It will provide a safe forum for processing challenging situations in one's ministry, while also facilitating reflection on a way of thinking about the human condition which has implications for all aspects of life.

Session Format

The **Clergy Clinic** meets three times per year for three successive days each time, with the total contact hours providing the equivalent of nine full days of reflection on the concepts of family emotional process. The format follows the basic themes articulated in Edwin Friedman's *Generation to Generation*, with reflection on the minister's three interlocking families: the minister's own personal family, the parishioner family, and the congregation as a family.

The first day each time will be largely didactic, focused on presenting on the basic concepts of Bowen family systems theory, as applicable to both family and church. Portions of the second day will also be didactic, with presentations on family systems theory from the faculty as well as videotape input from Murray Bowen and Edwin Friedman. Didactic sessions will also include periodic reflection from a biblical perspective on the concepts being studied.

The afternoon of the second day and the morning of the third day will be clinical in format. On Tuesday afternoon each time we divide into small groups, providing participants an opportunity to explore their own family of origin under the guidance of an experienced family systems practitioner. The final morning each time will be given to the presentation of case studies by participants from their own congregational system, followed by opportunity for feedback, discussion, and consultation.

The program has been designed around several three-day visits, rather than a one-time intensive effort, because we have found that family systems thinking cannot be learned simply by attending a single workshop or reading a book. It is necessary to alternate the learning experience with personal efforts to integrate family systems thinking into one's own functioning. Given such an effort over an extended period of time, it is possible to raise one's functional level of differentiation and, thereby, positively impact one's leadership capabilities in all areas of ministry.

Who Will Benefit

- Pastors and Interim Pastors.
- Judicatory Officials: Bishops, District Superintendents, Presbytery Executives, etc.
- Leaders of Religious Communities and Other Church-Related Organizations.
- Church Consultants — congregational lay leaders are welcome as well.

"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)

LOMBARD MENNONITE PEACE CENTER
101 WEST 22ND STREET, SUITE 206
LOMBARD, IL 60148-4987

