



Give your daughter
the opportunity to grow into a stronger,
more confident and connected Jewish woman

Rosh Hodesh: It's a *GirlThing!* Bucks County 6th-7th grades

For Whom? All 6th and 7th grade girls welcome!

When? One Sunday per month: January 8, February 5, March 5, April 2, May 7, June 11.

Tuition? \$150

Where? Sessions will rotate between participants' homes.

The teen years are an exciting but turbulent time when girls are dealing with self-esteem, body image, competition, relationships, and other issues. It's when friendship and mentorship are most needed, and the values and support of Jewish community can be a positive guiding force. This is why *Rosh Hodesh* exists.

In small peer groups with trained adult mentors, *Rosh Hodesh* creates experiences where girls can bond and

have open conversations about real teen issues once a month. Research shows *Rosh Hodesh* has a positive and lasting impact, empowering Jewish girls to become strong, confident young women.

Rosh Hodesh, and its brother program *Shevet Achim*, are signature programs of Moving Traditions—a national nonprofit committed to creating meaningful teen experiences that encourage self-discovery, promote self-confidence, and strengthen connections with the Jewish community.

www.gratz.edu/jchs/monthly

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