SUMMER READING 2017!

This year’s Adult Summer Reading theme is *Build a Better World*. The program once again coincides with the long-running children’s and teen summer reading programs that begin on June 21 and run through August 5. During this period, just read a book or listen to an audiobook and submit an entry to be included in drawings for themed prizes. Participants are encouraged to do their entries online (see the Summer Reading link at ridgefieldlibrary.org.) Forms can also be dropped off at one of the Service Desks. The Library’s summer reading programs are made possible thanks to the Friends of the Library.

In addition, the Library will host a series of programs and events for adults over the summer. The Library’s many book groups (except the Poetry Discussion Group) also continue to meet over the summer.

And, be sure not to miss **RidgeCon**, a celebration of pop culture and fandom, that will take place on Friday, August 11 and Saturday, August 12. Stay tuned for more information!

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**LIVE MUSIC**

*Ridgefield Folk*  
With **Heather Maloney**

As a Signature Sounds artist, **Heather Maloney** has toured nationally as a headliner and also in support of acts including Mary Chapin Carpenter. Raised on a record player instead of a TV, Maloney dug deep into her parents’ record collection for entertainment, obsessing over the Beatles, Joni Mitchell, Dylan, Fleetwood Mac and more. Val Haller of the New York Times describes her singing as "utterly gorgeous - visceral." Free thanks to the Friends of the Library.

**Sunday, June 11, 2 PM**  
Tickets given out at the door starting at 1 PM, doors open at 1:30 PM

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**AUTHOR TALKS**

*The Rules of Love and Grammar*  
with **Mary Simses**

The Library and Books on the Common are pleased to welcome **Mary Simses** to discuss her new novel *The Rules of Love and Grammar*. Newly jobless, newly single, and suddenly apartmentless, writer Grace Hammond has come unmoored. A grammar whiz who’s brilliant at correcting other people’s errors, she hasn’t yet found quite the right set of rules for fixing her own mistakes. Desperate to escape the City, she retreats to her Connecticut hometown and discovers that the answers to what her future holds might be found by making peace with, and even embracing, the past.

**Thursday, June 29, 7 PM**  
Register at ridgefieldlibrary.org

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**Tell Your Story: Exploring Your Family History with Genealogy Documents**  
A Three-part Series with **Toni McKeen**

This series is made possible thanks to colleagues of Nick Donofrio in recognition of his personal journey and pride of family.

**Navigating Ships’ Manifests**

Find out what information is needed to locate manifests to learn more about your immigrant family members.

**Saturday, June 17, 10 AM**  
Register at ridgefieldlibrary.org

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**Becoming an American**

Learn valuable information about the naturalization process and records that list who became naturalized and why.

**Saturday, June 24, 10 AM**  
Register at ridgefieldlibrary.org

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**United States Military Records**

Discover what documents are available, the information they contain and how to find them and use them for future research.

**Saturday, July 8, 10 AM**  
Register at ridgefieldlibrary.org
**MEDIA**

**Believe It Or Not: How To Spot Fake News**

With Dr. Robert Miller and Dorothy Pawlowski

Dr. Robert Miller, Director of Technology and Operations Development at Ridgefield Public Schools, will discuss why fake news is so prevalent, what can be done about it, and how to protect ourselves and our children from becoming victims of false information.

Dorothy Pawlowski, Head of Adult Services at the Ridgefield Library, will give an overview of the Library’s many databases and other resources that can be of help when trying to find reliable sources of online and print materials.

**Wednesday, June 7, 7 PM**  
Register at ridgefieldlibrary.org

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**HEALTH AND WELLNESS**

**Reduce Stress and Worry**

With Master Coach Stephen Cluney

This talk will help you:
- Greatly reduce stress and have more peace of mind
- Be more effective and clear minded whether you are: in business, parenting or preparing for college
- Maintain your presence and your connection with others
- Access your innate intelligence and experience the power of intuition more often

Ridgefielder Stephen Cluney is widely recognized as a coaching industry leader and innovator and has spent the last 28 years consulting/coaching CEOs and executives in the beauty, fashion, and entertainment industries.

**Saturday, June 10, 9 AM to 11:30 AM**  
Register at ridgefieldlibrary.org

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**What’s New In Women’s Health**

with Dr. Mini, Dr. Surace and Pamela Miles

Do you really need that yearly PAP?  
What age do you begin mammograms?  
How much does stress really impact your health?  
Are your fashion trends impacting your health?  
Should I take that cruise to the Caribbean?

In a casual conversational atmosphere we will explore top trends in medicine and discuss what the current guidelines mean for individual care. We’ll provide the audience with specific suggestions about ways to increase wellness and reduce stress. We also practice mindfulness exercises that can easily be implemented into daily routines.

**Monday, June 26, 7 PM**  
Register at ridgefieldlibrary.org

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**Narcan Information & Training**

Hosted by State Representative John Frey and State Senator Toni Boucher

Join us for a training session and demonstration about how to acquire and administer naloxone (Narcan™), and discuss legislative efforts and other resources to combat the opioid crisis.

Sponsored by the Ridgefield Prevention Council, Silver Hill Hospital and Ridgefield Library. Free Narcan kits will be distributed courtesy of Silver Hill Hospital.

**Thursday, June 15, 7 PM**  
No registration

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**SKILLSBOX**

**Intention Setting**

with Pamela Miles

In this interactive presentation attendees will have the opportunity to create conditions for transformation in their life and work by learning a few simple ways to cultivate attention to inner wisdom and strength. Pamela Miles is owner of the Ridgefield-based company Wisdom of Within.

This program is part of the Skillsbox series and is co-sponsored by the Library, SCORE and Ridgefield Chamber of Commerce. Bagels, tea and coffee will be served!

**Thursday, June 8, 8 AM**  
Register at ridgefieldlibrary.org

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**Author Talk: Positive to a Plus**

with Mary Teicholz

In her new book Mary Teicholz writes about her personal and courageous journey with cancer. The tremendous, overpowering, and life-threatening beast in her life was blood cancer. The fire in her belly was sheer determination, an unwavering will to survive, and a little Italian stubbornness thrown in for good measure. In a humorous, down-to-earth style, Teicholz stresses how to get the best care and how important it is to remain positive even in the midst of the most challenging situations.

**Tuesday June 27, 7 PM**  
Register at ridgefieldlibrary.org
NONFICTIONEERS
Tuesday, June 6
7:00 PM
Valiant Ambition:
George Washington,
Benedict Arnold and the
Fate of the American
Revolution
by Nathaniel Philbrick

From the New York Times bestselling author of In The Heart of the Sea and Mayflower comes a surprising account of the middle years of the American Revolution, and the tragic relationship between George Washington and Benedict Arnold. Valiant Ambition is a complex, controversial, and dramatic portrait of a people in crisis and the war that gave birth to a nation. The focus is on loyalty and personal integrity, evoking a Shakespearean tragedy that unfolds in the key relationship of Washington & Arnold.

Next Month’s Selection
Tuesday, July 11, 7:00 PM
American Lion:
Andrew Jackson in the
White House
by Jon Meacham

MURDER BY THE BOOK
Thursday, June 1
10:30 AM
Death in Brittany
by Jean-Luc Bannalec
Sophisticated former Paris police detective Georges Dupin finds himself living and working in a small village on the Brittany coast, where the murder of a local restaurant owner is tied to secrets from the village’s past as a retreat for Impressionist painters. Praised for atmospheric depiction of the French countryside, deft plotting and a fascinating series hero.

BOOKS & BREAKFAST
Monday, June 12
10:30 AM

Join us for an informal book chat led by Dorothy Pawlowski

CRITICS’ CIRCLE
BOOK GROUP
Tuesday, June 20
7:00 PM
A Man Called Ove
by Fredrik Backman
A curmudgeon hides a terrible personal loss beneath a cranky and short-tempered exterior while clashing with his new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship.

A.M. BOOK GROUP
Wednesday, June 28
10:00 AM
Waiting for Snow in Havana: Confessions of a Cuban Boy
by Carlos Eire

National Book Award-winning memoir of life in Cuba during the 1950s by a Yale historian who was brought to the US in the controversial Operation Peter Pan after the fall of the Batista regime.

POETRY DISCUSSION GROUP
Friday, June 23
1:00 PM
Poems of Marianne Moore
with Dr. Alan Holder
This program is made possible thanks to the Friends of the Library.

ART AND ABOUT: FIELD TRIPS

Grace Farms
New Canaan, CT

Grace Farms is a welcoming place where a building designed by Japanese architectural firm SANAA is seamlessly integrated into 80 acres of open space. The charge for the 90 minute tour and boxed lunch is $22. Tickets can be purchased at the Library website.

Wednesday, June 21, 10:30 AM
Tickets at ridgefieldlibrary.org

The Hammond Museum & Japanese Stroll Gardens
North Salem, NY

The Hammond Museum and Japanese Stroll Garden aims to enlighten visitors about Eastern traditions through its programs and horticulture. Tour of the garden and visit of the museum is open to 15. Charge is $ 5.00 per person, $ 4.00 for seniors. Lunch will follow (Dutch treat) at 12:00 pm at 121 Restaurant.

Wednesday, July 12, 10:30 AM
Tickets at ridgefieldlibrary.org

Weir Farm National Historic Site
Wilton, CT

Weir Farm National Historic Site is a 60-acre national park with a focus on the American Impressionist painting movement. Tour is open to 15. No charge. The visit will include a tour of J. Alden Weir’s home and studio and a screening about Weir Farm. No charge but you must register. Please bring a bag lunch.

Wednesday, July 26, 9:30 AM
Register at ridgefieldlibrary.org
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<td>Exhibit: <em>New Visions: A Photography Exhibit by the Shutterbugs</em> Saturday, May 27 through Wednesday, June 28</td>
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<td>Skillsbox: Intention Setting with Pamela Miles 8 AM</td>
<td>Founders Hall Book Discussion: <em>Some Luck</em> by Jane Smiley 3 PM</td>
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<td>Workshop: Reduce Stress and Worry with Stephen Cluney 9 AM</td>
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<td>Live Music: <em>Ridgefield Folk with Heather Maloney</em> 2 PM</td>
<td>Discussion: <em>Books &amp; Breakfast</em> 10:30 AM</td>
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<td>Critics' Circle Book Group: <em>A Man Called Ove</em> by Fredrik Backman 7 PM</td>
<td>Summer Reading Programs Begin! Fieldtrip: Art and About to Grace Farms 10:30 AM</td>
<td>Holistic Health Program: <em>Tai Chi: What Is it and Where Did It Come From?</em> with Bil Mikulewicz 2 PM</td>
<td>Poetry Discussion Group: <em>Poems of Marianne Moore</em> 1 PM</td>
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<td>Closed for Summer Sundays</td>
<td>Panel: <em>What's New in Women's Health: 5 Top Trends You Need to Know!</em> 7 PM Meeting: Library Board 7:30 PM</td>
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