

6 WEEK FITNESS CHALLENGE

No Fee to join for *existing* Unlimited Members or *New* Unlimited Members

Date: April 2nd – May 12th

Details: You are required to attend 3 group fitness classes each week for the 6 Weeks. When you sign up at the studio, you will receive a “challenge card” and Your instructor will mark a punch for each class attended. If you decide to attend more then 3 classes per week...high five for you!!! BUT, you can not include more then 3 on your punch card per week, so you still have to attend at least 3 classes per week in order to stay in the challenge!!

This 6 Week Challenge includes:

1. Measurements 3X – Beginning, Middle, and End 😊
2. Any nutrition advice as needed 😊😊
3. Awesome Group Fitness classes that will keep you motivated, while have fun and getting RESULTS!! 😊😊😊

EVERYONE that gets ALL 3 punches for the 6 weeks will be entered in a raffle drawing to win a gift. Sign up today and think about what a positive change this will be for yourself!!

If you are traveling at any point during this challenge but would still like to participate, please see Bernice. We want EVERYONE to be successful!!

