

6 WEEK FITNESS CHALLENGE

No Fee to join for *existing* Unlimited Members or *New* Unlimited Members

Date: April 2nd – May 12th

Details: You are required to attend 3 group fitness classes each week for the 6 Weeks. When you sign up at the studio, you will receive a “challenge card” and Your instructor will mark a punch for each class attended. If you decide to attend more then 3 classes per week...high five for you!!! BUT, you can not include more then 3 on your punch card per week, so you still have to attend at least 3 classes per week in order to stay in the challenge!!

This 6 Week Challenge includes:

1. Measurements 3X – Beginning, Middle, and End ☺
2. Any nutrition advice as needed ☺ ☺
3. Awesome Group Fitness classes that will keep you motivated, while have fun and getting RESULTS!! ☺ ☺ ☺

EVERYONE that gets ALL 3 punches for the 6 weeks will be entered in a raffle drawing to win a gift. Sign up today and think about what a positive change this will be for yourself!!

*If you are traveling at any point during this challenge but would still like to participate, please see Bernice. We want **EVERYONE** to be successful!!*

