

## Transitioning Youth Checklist

<b>AGE: 14 - 16</b> Prepare & Plan	<b>AGE: 17</b> Accessing & Applying	<b>AGE: 18</b> Putting the Plan in Place	<b>AGE: 19 and beyond</b> Ongoing Planning
<p><input type="checkbox"/> Develop a vision for life after high school - college, employment options, community inclusion, life skills, leisure, recreation, social networks, housing, etc.</p> <p><input type="checkbox"/> Network with others who have experienced transition or are currently in transition planning.</p> <p><input type="checkbox"/> Build goals into IEP that link to the future vision - focus on skill building and experiences that will be important in adult years (e.g. employability skills, social skills and connections, functional academic skills, etc.).</p> <p><input type="checkbox"/> Review Post Secondary Programs &amp; eligibility and entrance criteria – use this info when planning IEP goals</p> <p><input type="checkbox"/> Learn life, banking &amp; bus skills at home and in community. If others support your youth consider where they can also help with building these skills.</p> <p><input type="checkbox"/> Learn and gather information - talk with others, read stories, ask for examples and ideas about what other young adults are doing in their lives.</p> <p>*Transition planning for Families (from Inclusion BC website)  <a href="http://www.inclusionbc.org/our-priority-areas/supports-children-and-families/transition-planning-families">http://www.inclusionbc.org/our-priority-areas/supports-children-and-families/transition-planning-families</a></p> <p><input type="checkbox"/> Use Planning tools to help in vision building. Here is an example: <a href="http://www.douglascollege.ca/programs-courses/faculties/child-family-community-studies/adult-special-education">Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families</a></p> <p><input type="checkbox"/> Team building and community connecting. Discover who else can help as part of the team.</p> <p><input type="checkbox"/> Apply for Social Insurance Number. <a href="http://www.servicecanada.gc.ca/eng/sin/apply/someoneelse.shtml">http://www.servicecanada.gc.ca/eng/sin/apply/someoneelse.shtml</a></p> <p><input type="checkbox"/> If your youth is accessing Ministry of Children and Family Development (MCFD), Child &amp; Youth with Special Needs supports/services - contact social worker for assistance with transition planning and required assessment documentation for eligibility.</p> <p><input type="checkbox"/> At age 16 Community Living BC (CLBC) will review documents to confirm your child's eligibility for possible adult services.  <a href="http://www.communitylivingbc.ca/individuals-families/youth-in-transition/">http://www.communitylivingbc.ca/individuals-families/youth-in-transition/</a> and <a href="http://www.communitylivingbc.ca/individuals-families/how-to-apply-for-services/">http://www.communitylivingbc.ca/individuals-families/how-to-apply-for-services/</a></p> <p><input type="checkbox"/> If needed, request a Psycho-educational Assessment from your child's school to determine eligibility for Adult CLBC services.</p> <p><input type="checkbox"/> Birth certificate / proof of Citizenship for future service applications.</p>	<p><input type="checkbox"/> Apply for BCID card.  <a href="http://www.icbc.com/driver-licensing/getting-licensed/Pages/Apply-for-an-enhanced-licence-ID-or-BCID.aspx">http://www.icbc.com/driver-licensing/getting-licensed/Pages/Apply-for-an-enhanced-licence-ID-or-BCID.aspx</a></p> <p><input type="checkbox"/> 17 ½ - Apply for Persons With a Disability (PWD) Benefits with Ministry of Social Development and Social Innovation.  <a href="http://www.sdsi.gov.bc.ca/pwd/apply.htm">http://www.sdsi.gov.bc.ca/pwd/apply.htm</a></p> <p>For a copy of PWD brochure go to:  <a href="http://www.hsd.gov.bc.ca/PUBLICAT/pdf/PWD.pdf">http://www.hsd.gov.bc.ca/PUBLICAT/pdf/PWD.pdf</a></p> <p>For a sample of application form go to:  <a href="http://www.hsd.gov.bc.ca/forms/pdf/HR2883.pdf">Printable PDF Version</a> or <a href="http://www.hsd.gov.bc.ca/forms/pdf/HR2883.pdf">http://www.hsd.gov.bc.ca/forms/pdf/HR2883.pdf</a></p> <p><input type="checkbox"/> If your child is on the At Home Program, medical coverage ends at 18 &amp; PWD medical coverage begins at 18.  <a href="http://www.mcf.gov.bc.ca/at_home/At_Home_Program_Guide">http://www.mcf.gov.bc.ca/at_home/At_Home_Program_Guide</a></p> <p><input type="checkbox"/> Open a bank account for monthly direct deposits of PWD Benefits at age 18.</p> <p><input type="checkbox"/> Review Post Secondary Programs; clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals</p> <p><input type="checkbox"/> Consider work &amp;/or volunteer possibilities. Grow experience and connections in community.</p> <p><input type="checkbox"/> Confirm eligibility for Adult Community Living BC Services.  <a href="http://www.communitylivingbc.ca/individuals-families/how-to-apply-for-services/">http://www.communitylivingbc.ca/individuals-families/how-to-apply-for-services/</a></p> <p><input type="checkbox"/> Once eligibility confirmed for Adult CLBC services, work with a CLBC Facilitator to develop a Person Centered Plan for life after high school and any supports /services. Port Moody: Phone: 604-933-2000 Burnaby: Phone: 604-660-8124</p> <p><input type="checkbox"/> Explore Community Living Service agencies and other service agencies in your community (supported employment, volunteer programs, support services, etc.).</p> <p><input type="checkbox"/> Continue: Will &amp; Estate Planning &amp; Registered Disability Savings Plan's (RDSP).  <a href="http://plan.ca/">http://plan.ca/</a>  <a href="http://www.rdspresource.ca/">http://www.rdspresource.ca/</a></p>	<p><input type="checkbox"/> Ensure PWD Disability Benefit eligibility has been confirmed. One month before 18<sup>th</sup> birthday Ministry of Social Development and Social Innovation should confirm eligibility.</p> <p><input type="checkbox"/> At Home Program - medical coverage ends &amp; Persons with a Disability Benefits medical coverage begins at 18.</p> <p><input type="checkbox"/> Contact the ministry to apply for your BC Bus Pass, the cost of which is \$52 per month and is automatically deducted from monthly PWD benefits in the form of a Transportation Support Allowance  <a href="http://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass/people-with-disabilities">http://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass/people-with-disabilities</a></p> <p><input type="checkbox"/> Develop a personal portfolio / resume on work, volunteer experience, skills, interests and experiences.</p> <p><input type="checkbox"/> Celebrate school graduation!</p> <p><input type="checkbox"/> Make a decision on an additional school year if not age 19 by July 1<sup>st</sup>.</p> <p><input type="checkbox"/> In Coq. School district - ask school staff for information about the Douglas College/School District Transitions program as a possible option for grade 12 and 12+ year.</p> <p><input type="checkbox"/> Review Post Secondary Programs; clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals</p> <p>Douglas College Adult Special Education:  <a href="http://www.douglascollege.ca/programs-courses/faculties/child-family-community-studies/adult-special-education">http://www.douglascollege.ca/programs-courses/faculties/child-family-community-studies/adult-special-education</a></p> <p>Vancouver Community College:  <a href="http://www.vcc.ca/programscourses/program-areas/students-with-disabilities/adult-special-education---part-time-courses/">http://www.vcc.ca/programscourses/program-areas/students-with-disabilities/adult-special-education---part-time-courses/</a></p> <p>Kwantlen Polytechnic University Access Programs:  <a href="http://www.kpu.ca/aca/appd">http://www.kpu.ca/aca/appd</a></p> <p><input type="checkbox"/> If eligible (significant physical disability), connect with the Fraser Health Authority re: CSIL Program at 18 ½ years.  <a href="http://www2.gov.bc.ca/gov/topic.page?id=14655A297B1A477F9A8468E6C6EC3436">http://www2.gov.bc.ca/gov/topic.page?id=14655A297B1A477F9A8468E6C6EC3436</a></p> <p><input type="checkbox"/> Continue to build community connections – volunteering; work; social networks; leisure and recreation activities, etc.</p> <p><input type="checkbox"/> 18 ½ – learn about doing a “Representation Agreement” for when your son/daughter turns 19. (at age 19 parents are no longer their child's legal guardians). Nidus Personal Planning Resource Centre and Registry <a href="http://www.nidus.ca">http://www.nidus.ca</a></p> <p><input type="checkbox"/> Research Employment Programs  <a href="http://www.aviaemployment.ca">http://www.aviaemployment.ca</a>  <a href="http://www.training-innovations.com">http://www.training-innovations.com</a>  <a href="http://www.volunteerconnections.net/">http://www.volunteerconnections.net/</a></p>	<p style="text-align: center;"><b>★ CELEBRATE BEGINNING OF NEW ADULT LIFE! ★</b></p> <p><b>While some things (like school) come to an end, many new opportunities will continue to unfold. As adulthood is full of life transitions, planning will continue.</b></p> <p><input type="checkbox"/> Note: At Home Program – Respite ends at 19.</p> <p><input type="checkbox"/> Continue to build social networks; pursue interests and opportunities for leisure and recreation.</p> <p><input type="checkbox"/> Explore self advocacy opportunities.</p> <p><input type="checkbox"/> Representation Agreement in place.</p> <p><input type="checkbox"/> Continued review of Will &amp; Estate planning.</p> <p><input type="checkbox"/> Continued long term financial planning and RDSP.  <a href="http://www.rdspresource.ca/">http://www.rdspresource.ca/</a></p> <p><input type="checkbox"/> Ongoing discovery and development of a life plan and future steps (e.g. housing, employment, etc.).</p> <p><input type="checkbox"/> Access post-secondary and vocational training, employment and adult supports and services.</p>