

JOIN US IN SAN DIEGO JULY 17TH-22ND FOR THE

2017 YOUTH RALLY

WHY YOUTH RALLY?

For the youth participants, Youth Rally is an experience marked by emotional growth, development and transition for all who attend. For over 30 years the Youth Rally has remained a unique adventure where kids and teens gain confidence, independence, and often a fresh outlook on their medical and physical conditions.

WHAT MAKES YOUTH RALLY SO UNIQUE?

The Youth Rally is “staffed” 100% by volunteer counselors, most of whom are living with the same conditions as the youth participants, many of whom were once campers!

Additionally, there are over a dozen specialty trained nurses and other medical professionals who volunteer their time to



2016 YOUTH RALLY CAMPERS IN SEATTLE, WA

WHAT IS YOUTH RALLY?

The Youth Rally is a 5-night camp that provides a fun, therapeutic environment for kids between the ages of 11 and 17 living with any sort of affliction to the bowel and/or bladder systems.

The Youth Rally is designed to help youth understand that they are **not alone** and that everyone has the same opportunities to achieve their goals regardless of medical or physical challenges. The kids and teens who attend Rally continue to benefit from educational programs, peer support, friendship, and all of the fun activities designed to promote confident, independent living.

Many campers who have attended the Youth Rally report having never met anyone with their medical conditions before.

It doesn't take long at Rally for campers to recognize themselves in the hearts and stories of the friends and mentors they meet on day one.

During the week campers are able to enjoy a wide variety of activities including arts & crafts, swimming, adventures to local cultural centers, unique activities and once-in-a-lifetime experiences. Camp takes place at a fully accessible college camps, teaching the youth that they can manage their condition, wherever life may take them, outside the comforts of home.

It is imperative for the growth and development of individuals to have a stable community to turn to, especially during adolescence. In many ways the Youth Rally is much more than a community, Rally is a family.

visit www.YouthRally.org for more information



A snapshot of the 2017 Youth Rally program:



MONDAY

- Campers Arrive
- Meet and Greet
- BBQ Dinner
- Pool Party
- Karaoke
- Crafts & Outdoor Games

THURSDAY

- Group photos
- Camper talent show
- Camper fashion show
- Field Trip to Mission Beach and Belmont Park

TUESDAY

- Full group medical Education Sessions
- Small group diagnosis sessions
- Medical management small group sessions
- Motivational speaker

FRIDAY

- Sponsor thanks
- Free Time
- Crafts
- Beauty Shop
- Field trip: Old Town San Diego
- Themed DANCE!

WEDNESDAY

- Fitness day!
- Self esteem large group session
- Self esteem small group sessions
- 'Celebrity' motivational speaker

SATURDAY:
Lots of hugs and tears... until we meet again...



2016 Youth Rally Nursing Team

Youth Rally Nurses are the bread to our butter! Like Youth Rally campers and counselors, they come from all over and have a range of experience in ostomies, stomas and diversion procedures... **some were once Youth Rally campers!**

HOW CAN YOU HELP??

1. Tell Your Patients!
2. Tell Your Colleagues
3. Sponsor a Camper
4. Like us on Facebook
5. Visit our website: www.youthrally.org
6. Make a purchase from our [amazon wish list](#)



He might be serious in his day job, but at Youth Rally he's just one of the counselors! Paul Hastings was born with Crohn's Disease and has been living an active life since ileostomy surgery in 1979.

Applications available for the 2017 year at
www.YOUTHALLY.org