

SYNOPSIS

Morning: Sophia Richman, Ph.D.

The Pathologizing Tilt in Holocaust Trauma Theorizing

This presentation challenges sweeping generalizations about survivors and identifies theoretical assumptions which have led to the pathologizing tilt in our trauma literature. It offers a more balanced view of Holocaust survivors which includes resilience and coping mechanisms like “healthy” dissociation and *doubling* as well as the use of artistic self-expression to work through traumatic experience. Case examples from literature and art illustrate the mending potential inherent in the creative process.

Afternoon: Spyros D. Orfanos, Ph.D.

The Creative Pulse and the Great Wound

The narrative of creativity and imagination throughout the history of psychoanalysis has involved acts of engagement and renunciation. The celebration of the uniquely creative individual is a modern phenomenon emerging in the eighteenth century. This has yielded to contemporary claims for the genius in us all. Drawing on the today's relational views and deep contextualism, this multimedia presentation will examine two artists (the composer Mikis Theodorakis and the vocalist Lina Orfanos) whose lives have been marked by trauma. The focus will be on how they have fashioned their own vitality in uplifting service to artistic and activist pursuits.

PLANNING COMMITTEE

Dr. Hazel Ipp	Dr. Gary Rodin
Dr. Judi Kobrick	Dr. Sarah Turnbull
Dr. Karl Loszak	Dr. Brent Willock

THE TICP

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and, where possible, integrates the thought and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

SAVE THE DATE - FUTURE TICP EVENTS:

TICP Conference – Dr. Jessica Benjamin
January 27, 2018

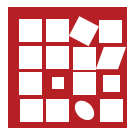
TICP Conference – Dr. Ken Corbett
May 4, 2018

TICP Film Extension Program:
6 Friday evenings from October 2017 – April 2018

MOC CREDITS

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Psychiatric Association (CPA). The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

The Toronto
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For further information about this workshop or about the TICP and its Training Programs, please visit us at www.ticp.on.ca or contact:

Suzanne Pearen

416.288.8060 | info@ticp.on.ca

The Toronto
Institute for
Contemporary
Psychoanalysis



Transcending Trauma Through the Arts

Guest Presenters

**Spyros D. Orfanos, Ph.D.
and Sophia Richman, Ph.D.**

Saturday, October 14, 2017
10:00 a.m. - 4:00 p.m.

George Ignatieff Theatre
University of Toronto

15 Devonshire Place
Toronto, Ontario

FACULTY

Sophia Richman Ph.D., ABPP is a psychologist-psychoanalyst and a supervisor at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and other psychoanalytic institutes. She has authored numerous articles on the subject of art and trauma and supervised and led writing groups. In 2002 she authored the award winning memoir, *A Wolf in the Attic: The Legacy of a Hidden Child of the Holocaust* (Routledge 2002). Her most recent book is *Mended by the Muse: Creative Transformations of Trauma* (Routledge, 2014). Dr. Richman is also a painter who has had solo exhibitions in New York and in New Jersey. She has received a Lifetime Achievement Award from *Marquis' Who's Who*.

Spyros D. Orfanos, Ph.D., ABPP Clinic Director at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis; Senior Research Fellow, Center for Byzantine and Modern Greek Studies, Queens College, CUNY; Past President the Division of Psychoanalysis (39) of the APA and the International Association of Relational Psychoanalysis and Psychotherapy; Founding Board Member of the Stephen Mitchell Relational Studies Center; Co-editor (with Eliot Jurek) of "Psychoanalysis and the Humanities" (2016); and producer of six music albums.

Judi B. Kobrick, Ph.D. is President, supervising analyst, faculty and founding member of the Toronto Institute for Contemporary Psychoanalysis (TICP), and faculty at Toronto Psychoanalytic Institute & Society (TPS&I). Dr. Kobrick is in private practice and on the Dean's Advisory Board for the Jackman ICS Laboratory School, University of Toronto.

LEARNING OBJECTIVES

Morning Program

1. To recognize prevailing pathologizing generalizations about survivors of massive psychic trauma and the faulty assumptions they are based on.
2. To develop a more balanced view of survivors by identifying coping strategies and healing potential in the aftermath of catastrophic trauma.
3. To understand how artistic self-expression can facilitate mourning, witnessing, and healing.

Afternoon Program:

1. To identify creativity as an area of study in psychoanalysis and the history of ideas.
2. To compare and contrast psychoanalytic theories about creativity including contemporary relational ideas.
3. To demonstrate the concepts of dissociation and witnessing as experienced by two artists who have been subjected to trauma.

SCHEDULE

- 10:00 am** Introduction of speakers
- Dr. Judi Kobrick
- 10:10 am** **The Pathologizing Tilt in Holocaust Trauma Theorizing**
- Dr. Sophia Richman
- 11:00 pm** Discussion with the Audience
- 12:00 pm** Lunch (on your own)
- 2:00 pm** **The Creative Pulse and the Great Wound**
- Dr. Spyros Orfanos
- 3:00 pm** Discussion with the Audience
- 4:00 pm** Closing remarks - Dr. Judi Kobrick

REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to September 1, 2017 a full refund less \$25.00 will be given. There are no refunds after that date.

Name: _____

Address: _____

City: _____

Prov./State: _____

Postal Code/ Zip: _____

Telephone: _____

Email: _____

Professional Affiliation (please indicate if M.D.)

FEES

	By September 1, 2017	After September 1, 2017
TSCP Members	\$160	\$170
Regular Fee	\$170	\$180
Student Fee*	\$100	\$120
Group Rate**	\$160	\$170

* Full time university, ID required

** Group rate applies to 6 or more participants.
Please contact 416.288.8060 for group registration

Please register online at www.ticp.on.ca

To register by mail, please detach this form and send to:
TICP Administration Office
c/o Suzanne Pearen
17 Saddletree Trail
Brampton, ON, L6X 4M5