

## SYNOPSIS

This daylong conference will take up the topic of Dr. Philip Ringstrom's new book *A Relational Psychoanalytic Approach to Couples Treatment*. This original work is premised on three organizing themes: *self-actualization in a long term committed relationship, mutual recognition of the partners and the relationship having a mind of its own*. These themes are addressed theoretically supporting a model of practice that is articulated in *six steps*. Each partner's dissociated self-states are focused upon by making these states conscious. The therapist helps expose each partner's unique conflicts. This enables the therapist to facilitate their intersubjective engagement since, after all, *that which has not been negotiated within, cannot be negotiated between the two partners*. A final question that hovers over all of the chapters stems from Stephen Mitchell's volume *Can Love Last?* This question takes up the fate of sexual romance in long term relationships, where in the quest for attachment security often has a dulling effect on romantic mystery and sexuality. The illusory domain of the romantic, passionate mysterious aspects of love are seen in dialectical tension with the comparably illusory attachment (security focused aspects of love), a point that Stephen Mitchell introduced and that then gave rise to a plethora of elaborating arguments, also explored in his book and this conference.

## THE TICP

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and, where possible, integrates the thought and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

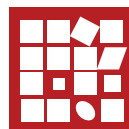
### SAVE THE DATE - FUTURE TICP EVENTS:

Gala Theatre Event	April 26, 2017
Film Extension Program	January – June 2017
Dr. Spyros Orfanos and Dr. Sophia Richman	October 14, 2017

## MOC CREDITS

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Psychiatric Association (CPA). The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

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For further information about this workshop or about the TICP and its Training Programs, please visit us at [www.ticp.on.ca](http://www.ticp.on.ca) or contact:

**Suzanne Pearen**

416.288.8060 | [info@ticp.on.ca](mailto:info@ticp.on.ca)

The Toronto  
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# A Relational Approach to Couples Psychotherapy

Guest Presenter

**Philip Ringstrom, Ph.D.**

Saturday, March 25, 2017  
10:00 a.m. - 4:00 p.m.

Innis Town Hall Theatre  
2 Sussex Avenue  
Toronto, Ontario

## FACULTY

**Philip Ringstrom, Ph.D., Psy.D.** is a Senior Training and Supervising Analyst, Faculty Member at the Institute of Contemporary Psychoanalysis, in Los Angeles, California. He is a Member of the Editorial Boards of both the *International Journal on Psychoanalytic Self Psychology* and *Psychoanalytic Dialogues*, and *Psychoanalytic Perspectives*. He is also a member of the *International Council of Self-Psychologists*, and a founding member of the Board of Directors of the *International Association of Relational Psychoanalysis and Psychotherapy*. He has published over 50 journal articles and has presented at conferences all over the world.

**Judi Kobrick, Ph.D.** is President, supervising analyst, faculty and founding member of the Toronto Institute for Contemporary Psychoanalysis (TICP), and faculty at Toronto Psychoanalytic Institute & Society (TPS&I) and at the Institute for Advancement of Self Psychology (IASP). Dr. Kobrick is in private practice and on the Dean's Advisory Board for the Jackman ICS Laboratory School, University of Toronto.

## SCHEDULE

- 10:00 am** Introduction of speaker  
- Dr. Judi Kobrick
- 10:10 am** **Presentation**  
- Dr. Philip Ringstrom
- 11:00 pm** Discussion with the Audience
- 12:00 pm** Lunch (on your own)
- 2:00 pm** **Presentation and continued audience discussion**  
- Dr. Philip Ringstrom
- 4:00 pm** Closing remarks - Dr. Judi Kobrick

## LEARNING OBJECTIVES

- 1) Participants will learn how unveiling each partner's bi-dimensional modes of transference (e.g. the developmental versus repetitive dimension) helps the therapist attune to each partner in a manner that draws them powerfully into the treatment. This also helps them uncover the vicious circles entanglements in which the partners find themselves when their longings and wishes trigger one another's repetitive transference disappointments.
- 2) Participants will learn how supporting an epistemological stance of "perspectival realism" can facilitate the creation of "mutual recognition" of the couple's subjective minds versus their "mutual negation" of them.
- 3) Participants will learn how the exploration of key developmental concerns, such as attachment styles, affect tolerance, implicit versus explicit communication, trauma, gender and culture facilitate a deepening of understanding of each partner's subjective take on reality.
- 4) Participants will learn about the inevitable role enactments play in couple's psychotherapy, as well as the therapist's involvement in them.
- 5) Participants will learn about the crucial role of each partner's multiple self-states and how dissociation plays a crucial role in them.

## PLANNING COMMITTEE

Dr. Hazel Ipp	Dr. Gary Rodin
Dr. Judi Kobrick	Dr. Sarah Turnbull
Dr. Karl Loszak	Dr. Brent Willock

## REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to March 10, 2017 a full refund less \$25.00 will be given. There are no refunds after that date.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

Prov./State: \_\_\_\_\_

Postal Code/ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional Affiliation (please indicate if M.D.)

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### FEES

	By March 10, 2017	After March 10, 2017
TSCP Members	\$170	\$180
Regular Fee	\$180	\$190
Student Fee*	\$100	\$120
Group Rate**	\$170	\$180

\* Full time university, ID required

\*\* Group rate applies to 6 or more participants.  
Please contact 416.288.8060 for group registration

Please register online at [www.ticp.on.ca](http://www.ticp.on.ca)

To register by mail, please detach this form and send to:  
TICP Administration Office  
c/o Suzanne Pearen  
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