



## Frontiers in Psychiatry

Friday, April 13, 2018 ♦ Kellogg Center Michigan State University E. Lansing

**Jointly provided by the American Psychiatric Association and the Michigan Psychiatric Society**

***Educational Objectives . . . At the end of the educational activity, the learner will be able to:***

- Understand trends in psychotropic prescribing among older adults, both of single agents and combination use
- Understand how the risk-to-benefit calculation for psychotropic prescribing may shift as patients age
- Review evidence from policies that try to reduce specific types of psychotropic prescribing
- Understand the role and limitations of specific integrated care models
- Understand the role for telepsychiatry in increasing access to psychiatry services
- Understand the role of the primary care provider and consulting psychiatrist in integrated care models.
- Define and describe Integrated Behavioral Health Care
- Describe the role of psychiatrists in Collaborative Care 3
- Make the case for evidence-based Integrated Care Programs to achieve the triple aim of healthcare reform
- Apply principles of evidence-based collaborative care in diverse practice settings.
- Identify at least three areas where smartphone applications and wearable sensors can support the delivery of mental healthcare and psychiatric services.
- Understand patient sentiment and interest in using smartphone applications and wearable sensors to monitor their own mental health.
- Understand the difference between passive and active data, and identify how smartphones and sensors can collect data on self-reported symptoms, behaviors, and physiological measurements.
- Recognize the potential of new research models using smartphones and wearable sensors and how such can inform clinical practice and patient care today
- Understand how to evaluate the role of mobile mental health technology in community clinical practice through accurately identifying the barriers, risk, and benefits to patients.
- Review the indications for and available data on the efficacy of newer psychotropic and related medications;
- Review the available data on the safety of these medications;
- Discuss appropriate patients and conditions for these medications.

***Target Audience:*** This program is targeted to Psychiatrists and other Physicians.

**Accreditation & Designation** - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Michigan Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

The APA designates this live activity for a maximum of **6 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **AGENDA -**

- 7:30 AM *Registration, Coffee and Continental Breakfast*
- 8:45 AM *Welcome and Introduction Scott Monteith, MD—MPS President*
- 9:00 – 10:00 AM **Correcting Course: Psychotropic Overprescribing to Older Adults**  
*Donovan Maust, MD*
- 10:00 –11:00 AM **The Michigan Collaborative Care (MC3) Program, Where We've Been, and Where We Can Go From Here**  
*Joanna Quigley, MD*
- 11:00 –11:15AM *Light Break*
- 11:15 –12:15PM **Collaborative Care: Moving from Research to Practice**  
*Jurgen Unutzer, MD*
- 12:15-1:15PM *Lunch*
- 1:15-1:45PM *Poster Exhibition viewing*
- 1:45 – 2:45 PM **Mobile Health Meets Mental Health: Understanding the Evolving Role of Smartphone, Apps and Sensors**  
*John Torous, MD*
- 2:45 – 3:00PM *Light Break*
- 3:00 – 5:00 PM **Something New Under the Sun? 2018 Psychopharmacology Update**  
*Michael Jibson, MD, Kevin Furmaga, BCCP, PharmD*
- 5:15-6:00PM *Wine & Cheese Reception –*
- 5:30-6:30PM Residents—Medical Students Event

### ***Faculty:***

#### **Kevin Furmaga, PharmD, BCCP**

Clinical Psychopharmacology Specialist Pine Rest CMHS/ Mercy Health Saint Mary's  
Adjunct Associate Professor: Department of Psychiatry and Behavioral Health  
Michigan State University College of Human Medicine  
Adjunct Assistant Professor: The University of Michigan College of Pharmacy

#### **Michael Jibson, MD**

Professor of Psychiatry  
Director of Residency Education  
Associate Chair for Education and Academic Affairs  
University of Michigan

**Donovan Maust, MD**

Assistant Professor of Psychiatry at the University of Michigan Medical School  
Research Scientist with the Center for Clinical Management Research of the VA Ann Arbor Healthcare System

**Joanna Quigley, MD**

Clinical Assistant Professor of Psychiatry University of Michigan  
Center of Excellence in Mental Illness/Intellectual Disability

**John Torous, MS, MD**

Co-Director of Digital Psychiatry Program and Clinical Informatics Fellow at Beth Israel Deaconess Medical Center,  
Harvard Medical School

**Jurgen Unutzer, MD, MA, MPH**

Professor and Chair Psychiatry  
Department of Psychiatry and Behavioral Sciences  
University of Washington  
Director AIMS Center

**Disclosure:** The American Psychiatric Association requires disclosure by faculty at CME activities of any significant financial interest(s) or other affiliation(s) with commercial organization(s) that may have a direct or in-direct interest in the subject matter of the educational activity. A “financial interest” may include, but is not limited to, being a shareholder in the organization, being on retainer with the organization, or having research or honoraria paid by the organization. An “affiliation” may include holding a position on an advisory committee or some other role or benefit to a supporting organization.

**Faculty:**

Faculty, Kevin Furmaga, Pharm D, BCPP : Nothing to disclose  
Faculty, Michael Jibson MD; Nothing to disclose  
Faculty, Donovan Maust, MD: Nothing to disclose  
Faculty, Joanna Quigley, MD: Nothing to disclose  
Faculty, John Torous, MS, MD: Nothing to disclose  
Faculty, Jurgen Unutzer, MD, MA, MPH: Nothing to disclose

**Program Committee**

All Program Committee members agreed to disclose any conflict of interest that may arise during the planning of CME activities and recuse themselves from any discussions where a potential bias could exist.

Eric Achtyes, MD, MS (Co-Chair): *Consultant:* Janssen  
*Grant/Research Support:* Avanir , Pine Rest Foundation, Janssen, Otsuka, Vanguard Research Group, Alkermes, Boehringer Ingelheim, Neurocrine Biosciences  
Relevant relationships reviewed by the chair.  
Michael Jibson, MD, PhD: Nothing to disclose  
Amy Rosinski, MD Co-Chair: Nothing to disclose  
Angela Pinheiro, MD, JD : Nothing to disclose  
Scott Monteith, MD: Nothing to disclose  
Theresa Toledo, MD: Nothing to disclose  
*Staff:* Jane K Sherzer, No relevant financial relationship(s)

### ***Evaluation Statement***

Please note that your **evaluation forms** will be provided for and completed online. This is your opportunity to let us know whether the educational objectives for this activity were met, and to comment on any aspect of the presentations. The forms also provide space for you to suggest other topics you would like to see addressed at future CME activities.

Your feedback is very important to the success of our CME program; please take the time to communicate your thoughts about the activity.

The APA will provide your **Certificate of Credit** after Evaluation Forms are handed in.

### **PHYSICIAN CME CERTIFICATES**

At the conclusion of the conference, physician participants will be provided with an opportunity to claim hours of participation and receive an official CME certificate by completing the online CME conference evaluation.

You must claim your CME credit within 60 days of the conference.  
Certificates will not be issued after June 13, 2018.

For customer support, please email [apalms@psych.org](mailto:apalms@psych.org).

### **CERTIFICATE OF ATTENDANCE FOR NON-PHYSICIANS**

Non-physician participants will have the opportunity to receive a certificate of attendance. At the conclusion of the conference, participants should complete the online conference evaluation at <http://apapsy.ch/myrtlebeach> in order to print a certificate of attendance. Follow the instructions above, but select "Certificate of Participation" as your certificate type.

***Many thanks!***