



Lake Sunapee Region  
VNA & HOSPICE

# *Creatively Processing Grief*

*Grieving the loss of our loved ones isn't a tidy, neat, linear process. During this creative series, participants will have an opportunity to express their experience using hands-on materials...paper, glue, fiber, finger-paint and more. No art experience necessary.*



Attend one or more sessions:

**Tuesday, March 20**

**Tuesday, June 19**

**Tuesday, September 25**

**Tuesday, December 18**

**3:00 – 4:30 pm**

*Lake Sunapee Bank Community Room*

*116 Newport Road, New London*

**RSVPs requested by calling 603-526-4077**

107 Newport Road • New London, NH 03257

[www.lakesunapeevna.org](http://www.lakesunapeevna.org)