

Victori Productions, LLC

Meditation Course



- Learn:
- ♥ Benefits of Meditation
 - ♥ What is Meditation
 - ♥ How to prepare for Meditation
 - ♥ Create a special space for Meditation
 - ♥ Meditation with a Focus

Whether you have experience with Meditation or are brand new to it, come and discover how Meditation enriches your life.

Experience Peace and Harmony!

Offered on-site at: The School of Royal Yoga – Annex
57 Main Street • Chester

Mondays 9:30 – 10:30 am October 3, 10, 24

Sundays 7:00 – 8:00 pm October 9, 23, 30

Fee: \$60 per 3-week session

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Offered by Phone – join from anywhere!

Mondays or Thursdays 6:00 – 7:00 pm (Eastern)

Wednesdays 8:00 – 9:00 pm (Eastern)

please call for dates

Fee: \$65 per 3-week session

To Register: 908-617-0411 or Email: Office@VictoriProductions.com