



Supporting Cultural Sensitivity in Palliative Care

The **LivingMyCulture.ca** website is a platform where people from various cultures have shared their stories and wisdom about living with serious illness, end of life and grief as a support to others.

LivingMyCulture.ca



The stories and wisdom about serious illness, end of life and grief of members of 11 cultural communities are shared.

Quality palliative care helps you honour your culture, spirituality and traditions. At LivingMyCulture.ca, people from various cultures share their stories and wisdom about living with serious illness, end of life and grief to support others.

First Nations



Inuit



Métis



Over 50 individuals share conversations and personal experiences about care, culture and spirituality when living with serious illness and grief.



Six key topic areas are explored in this innovative video series:

- Traditions, Rituals and Spirituality
- Expectations of Care
- Care for the Patient and Family
- Emotions and Support
- Talking about Illness
- After Death and Ceremonies

Source: Canadian Virtual Hospice: Living my Culture website: <http://livingmyculture.ca/culture/>