

A Power of Parenting Program

Stress & Screens: How to Thrive not just Survive!

Featuring

Dr. Edward Hallowell

Author & World Renowned ADHD Expert

Are your kids addicted to their devices?
Are you worried about the short and long
term effects of this technology?



Join parents and community residents to learn more about the effects our 24/7 techno world has on teens and young adults - combined with academic, family peer, and extra curricular stress!

REGISTRATION REQUIRED on
Sign-Up Genius at
manhassetcasa.org or manhassetsepta.org

This program is funded through the Hon. Jack M. Martins, Manhasset Public Library, Manhasset CASA and Manhasset Septa. For more information about the Power of Parenting Series, contact Manhasset CASA at 516.267.7548 or manhassetcasa.org.



Join us at

Manhasset Public Library

Thursday, April 6, 2017

7:30PM Community Room



Edward Hallowell, M.D., is a child and adult psychiatrist, leading authority in the field of ADHD and co-author of the ground-breaking New York Times best-seller, *Driven to Distraction*. He has been frequently featured on 20/20, Oprah, 60 Minutes, CNN, PBS, NPR, and in Newsweek and the New York Times. Learn more at www.hallowellcenter.org or www.drhallowell.com

“育兒的力量”項目

壓力和監察：
不只是生存，更要成長!
特邀嘉賓

Dr. Edward Hallowell
愛德華·哈洛威爾博士

世界著名的註意力缺陷障礙專家和作者
你的孩子沈迷於他們的電子設備嗎？你擔心這些電子設備對孩子的短期和長期的影響嗎？



加入到我們的活動當中來了解更多的有關於電子科技對於青少年的影響：結合理論，家庭同齡人的觀念以及額外的課程壓力的影響。

註冊地址（參加前請先註冊）是：
manhassetcasa.org or manhassetsepta.org

課程地址是：

**Manhasset Public Library
Community Room**

星期四, 四月 6日, 2017

晚上7:30



愛德華·哈洛威爾博士是一名兒童和成人精神科醫生，他是多動癥領域的領導權威，以及開創性的“紐約時報”暢銷書“共同分享”的共同作者。他經常在20/20，奧普拉，60分鐘，CNN，PBS，NPR，新聞周刊和紐約時報作特邀嘉賓。請訪問www.hallowellcenter.org或www.drhallowell.com了解更多信息。

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