



# IMMACULATE CONCEPTION CYO CHEERLEADING 2017-2018



## **MEDIA RELEASE:**

I, \_\_\_\_\_ GIVE MY DAUGHTER PERMISSION TO BE PHOTOGRAPHED BY PROFESSIONAL SPORTS PHOTOGRAPHERS/VIDEOGRAPHERS DURING ANY OR ALL COMPETITIONS THAT IMMACULATE CONCEPTION CYO CHEERLEADERS ENTER. PHOTOGRAPHS/VIDEO CLIPS MAY BE POSTED FROM THE EVENT ON THE PHOTOGRAPHER'S WEBSITE. MOST EVENTS PROVIDE THIS SERVICE FOR PURCHASE OF THOSE ATTENDING THE EVENT. THIS RELEASE MAY ALSO INCLUDE ANY NEWSPAPER OR TELEVISION COVERAGE AS WELL. PLEASE NOTE; COACHES MAY NOT BE AWARE OF CONTINUAL VIDEOTAPING OF AN ENTIRE EVENT.

ANY LOCAL NEWSPAPER PUBLISHING OF A PHOTOGRAPH OF ANY ICC CHEER TEAM WILL BE HANDLED BY THE COACHING STAFF ONLY AND PARENTS WILL BE ADVISED PRIOR TO ANY PUBLICATIONS.

Cheerleaders Name: \_\_\_\_\_ Team: \_\_\_\_\_

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

**IMMACULATE CONCEPTION**

**CYO CHEERLEADING REGISTRATION FORM 2017-2018**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL MOM: \_\_\_\_\_

Varsity: Grades 5<sup>th</sup> – 8<sup>th</sup> Fee: \$250

CELL DAD: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PARISH: \_\_\_\_\_ SCHOOL: \_\_\_\_\_

CCD DAY: \_\_\_\_\_ GRADE: \_\_\_\_\_ AGE: \_\_\_\_\_

TOP SIZE: YS YM YL YXL AS AM AL AXL (PLEASE CIRCLE ONE)

SHORT SIZE: YS YM YL YXL AS AM AL AXL (PLEASE CIRCLE ONE)

NAME OF PARENT/GUARDIAN: \_\_\_\_\_

HEALTH INSURANCE COMPANY: \_\_\_\_\_ POLICY NUMBER: \_\_\_\_\_

ARE YOU CURRENTLY UNDER DOCTORS CARE? \_\_\_\_\_ IF SO EXPLAIN: \_\_\_\_\_

PLEASE LIST ANY ALLERGIES: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

DENTIST: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

I HEREBY REQUEST THAT MY CHILD PARTICIPATE IN THE 2017-2018 CHEERLEADING PROGRAM FOR IMMACULATE CONCEPTION CHURCH.

MY DAUGHTER HAS RECEIVED A PHYSICAL EXAMINATION BY A PHYSICIAN AND HAS BEEN FOUND PHYSICALLY CAPABLE OF PARTICIPATING IN THE CYO PROGRAM.

SHOULD EMERGENCY MEDICAL TREATMENT BE NECESSARY, AND I AM UNABLE TO BE CONTACTED IMMEDIATELY, I AUTHORIZE A VOLUNTEER ADULT COACH FROM IMMACULATE CONCEPTION CHURCH TO ACT ON MY BEHALF AND APPROVE APPROPRIATE TREATMENT.

I SPECIFICALLY WAIVE CLAIM OR CLAIMS THAT MAY BE DERIVED FROM ANY ACCIDENT OR INJURY SUSTAINED BY MY CHILD DURING ALL CHEERLEADING EVENTS AND AGREE TO INDEMNIFY AND SAVE HARMLESS IMMACULATE CONCEPTION CHURCH / SCHOOL AND ALL ADULTS SUPERVISING THE ACTIVITIES.

I UNDERSTAND THAT I MUST VOLUNTEER ONE SHIFT PER CHILD AT THE ICC CONCESSION STAND, ENTRY DOOR OR SCORE TABLE DURING THE SEASON IN ORDER FOR MY CHILD TO PARTICIPATE. I WILL VOLUNTEER THROUGH THE icarol PROGRAM. FOR icarol FORMS AND INSTRUCTIONS PLEASE SEE: WWW.LEAGUELINEUP.COM/ICCLINTON

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

EMERGENCY NAME/PHONE (OTHER THAN ABOVE): \_\_\_\_\_

**PLEASE MAKE CHECK PAYABLE TO: ICC CYO**

**DEADLINE FOR PAYMENT: Nov. 1, 2017**

# Immaculate Conception

## Blue Knights CYO Cheerleading

### 2017-2018

Immaculate Conception Blue Knights CYO cheerleading will be offered to girls within our school and parish in grades 5 and up (*based on coaching availability*). Volunteers to coach at all levels are needed. If you are looking for a way to be involved with your daughter and her friends or enjoy helping build self-esteem in girls then join the ICC Cheer Coaching Staff. Simply include a note with your daughter's registration information.

#### **Varsity – Grades 5<sup>th</sup> – 8<sup>th</sup>**

The team will participate in a minimum of three competitions in the 2017-18 season and cheer for at least six home basketball games on Saturdays. Cheerleaders are **not permitted to play basketball or cheer for another league/school while on ICC Blue Knights**. While cheerleading is great fun, girls need to be dedicated to this program due to the amount of cheer, dance, stunt, and basic tumbling that is taught in a limited amount of time. If your daughter plays another sport or has other activities that interfere with practice we suggest not registering.

**Varsity** practices on Wednesday & Friday 3pm-5:30pm and Sundays 11:30-2:00. There are very limited practices in early fall until season goes into full swing in mid-December.

All cheerleaders are required to complete conditioning exercises, jumps and stunts which may include inverted positions. Stunts include building and holding teammates at multiple height levels. If your child has any medical precautions, you may wish to speak with the coach prior to the season.

Varsity evaluations are tentatively scheduled for the week of November 13 for the 2017/2018 season. Varsity is a ***highly competitive team*** and requires prior cheer stunt and tumbling skills. This team is limited to 20 girls.

ICC CYO cheerleading is a member of the CCCANJ (Catholic Cheerleading Coaches Association of New Jersey). We are governed by this league and it is in accordance with the Diocese of Metuchen.

If you have additional questions, please contact Teri Craig at [teri.craig@gmail.com](mailto:teri.craig@gmail.com). All registrations must be in the Immaculate Conception Main Office by November 1, 2017