

Fall retreats at Conception Abbey



Greetings of peace from the Conception Abbey Guest Center!

We would like to share our upcoming fall retreat schedule and invite you to visit us for a time of spiritual renewal and refreshment. New to our offerings is a series Wednesday Reflection Days. These one-day retreats are perfect for a quick getaway to enhance your spiritual life and are offered on Sept. 20, Oct. 18, Nov. 8, and Dec. 6. Below, you will find descriptions of our retreats! To register, call the Abbey Guest Center at (600) 944-2809 or Email us at guests@conception.edu.

September

Sept. 20, 2017—Praying the Our Father—A Spirituality of Discipleship—Join us for this Wednesday Reflection Day from 9 a.m.-3 p.m. “One of Jesus’ disciples said to him, ‘Lord, teach us to pray, as John (the Baptist) taught his disciples.’” The Our Father is that teaching. It is often called the model of all prayer. You are invited to come and reflect on this prayer. Take a closer look at these holy words so familiar to all Christians. Given by Fr. Donald Gibbs, OSB. (\$20/person)

October

October 18, 2017—The Rosary: The Gospel On a String—Join us for this Wednesday Reflection Day from 9 a.m.-3 p.m. October is the traditional month of the Holy Rosary: Archbishop Fulton Sheen said, “The rosary is a book of the blind, where souls see and there enact the greatest drama of love the world has ever known.” Come and spend the day reflecting on the mysteries of the rosary: the story and wonder of our Redemption in Christ. Given by Fr. Donald Gibbs, OSB. (\$20/person)

October 20-22, 2017—Annual Harvest Retreat—It is time to help harvest the fruits, vegetables, and herbs of the many Abbey gardens! Take part in harvesting and preparing all kinds of homemade delights while reflecting on the rich Scripture texts centered on harvest themes. (\$180 single, \$300 double)

November

November 8, 2017—Grief: Recalling Memories That Heal—Join us for this Wednesday Reflection Day from 9 a.m.-1, p.m. Grief is not one size fits all; it is not just sadness; it is not just the pain of loss. Grieving is an active, ongoing process. Did Jesus know grief? What does St. Paul tell us about grief? Join us to discuss and reflect on the process of grieving. Given by Fr. Donald Gibbs, OSB. (\$20/person)

November 17-19, 2017—Praying the Liturgy of the Hours—Learn how to pray the Liturgy of the Hours at home to deepen your spiritual life. This introductory workshop gives the resources and practice to pray the liturgical prayer of the church using reference guides and Online apps. (\$180 single, \$300 double)

December

December 6, 2017—Advent Day of Recollection—Join us for this Wednesday Reflection Day from 9 a.m.-3 p.m. Spend the day at the Abbey slowing down to ponder the true meaning of Christmas. Enter into the mystery and joy that comes with the celebration of Christ’s coming into the world and into our hearts. (\$20/person)

December 30, 2017-January 1, 2018—Annual New Year’s Retreat—Begin the New Year in prayer and reflection. Monks and Abbey Guest Center staff will look forward to the feast of the Epiphany—a reflection upon what the Lord has made known to us and how we will reflect that in our daily lives. Take time to bring in the New Year with more than resolutions. How do we make what the Lord has manifested in our lives into the gifts we offer to others. We will also offer special sessions and handouts in Spanish. (\$180 single, \$300 double)