



**Intensity**  
**Elite Cheer**

**2018-2019**  
**Parent/Athlete**  
**Handbook**

**Welcome to Linsey's Cheer & Dance Center**  
**Home of Intensity Elite Cheer**  
**National & State Champions**

We are excited to extend a warm welcome to you and your family and look forward to meeting all your cheer needs. As owner and founder of Linsey's Cheer & Dance Center/Intensity Elite Cheer, I am looking forward to providing learning opportunities and experiences for your child that will allow them to grow as a cheerleader.

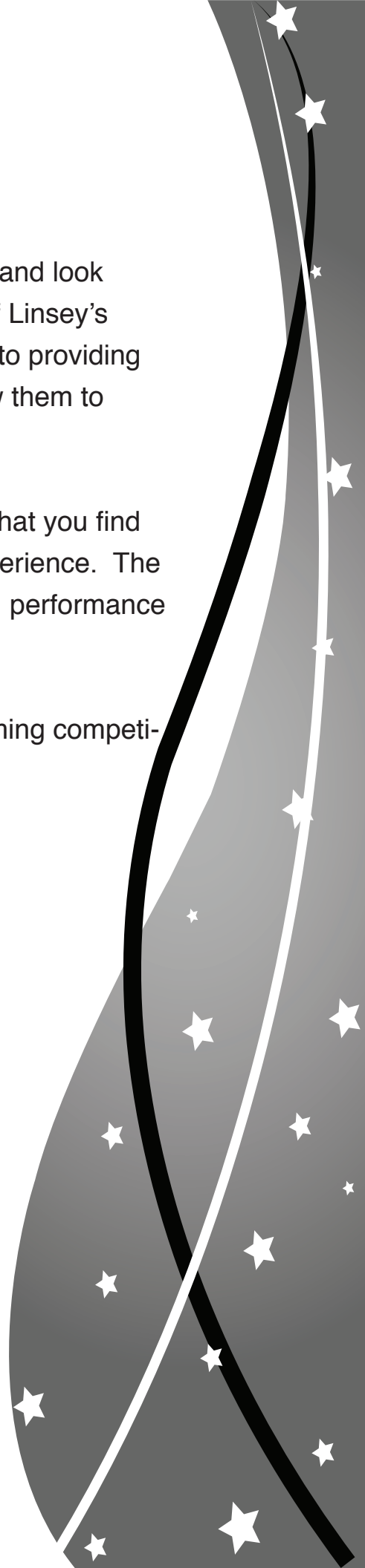
We are enthusiastic about the upcoming cheer season and hope that you find the Intensity Elite Cheer Program an enjoyable and rewarding experience. The all star cheer program is an accelerated program with educational, performance and competitive opportunities.

The attached packet includes all information needed for the upcoming competitive cheer season.

**What is Intensity Elite Cheer?**

Intensity Elite Cheer is an All Star Cheer program that trains competitive cheerleading as seen on ESPN. Athletes are trained in arm motions and jump technique, as well as gymnastics tumbling and stunting skills.

Intensity Elite Cheer athletes are required to conform to strict Ethic Codes that are designed to facilitate positive behavior inside and outside our facility. Our athletes are urged to represent their community proudly and most of all work together and respect each other. Our athletes are continually reminded that it is important to push for individual excellence, but it is most important to function successfully as a team.



## **Intensity Elite Cheer All Star Teams**

Previous experience is not necessary to be on an All-Star team at Linsey's Cheer & Dance Center. Intensity Elite Cheer offers a wide variety of All-Star teams depending on age and ability. Our teams are broken down by skill level, age, and travel.

## **National Competitive All-Star Teams**

The national teams will practice 2 times per week ranging from 2-4 hours. The all-star teams are structured to give athletes the opportunity to be on teams with other athletes with similar skill levels and are closer in age. These teams compete locally and travel out of state. The teams will compete up to 4 local competitions and 1 out of state. These teams work beginning through advance level skills. Tumbling classes will be mandatory. Athletes will be part of a competitive all star routine including jumps, tumbling, dance, arm motions, basket tosses ,pyramids and stunts. The national competitive team is still required to abide by all Intensity Elite Cheer policies and procedures. You must attend all scheduled competitions.

## **National Competitive All-Star Teams-TRAVEL TEAM**

The national teams will practice 2-3 times per week ranging from 3-7 hours. The all-star teams are structured to give athletes the opportunity to be on teams with other athletes with similar skill levels and are closer in age. These teams compete locally and travel out of state. The teams will compete up to 3 local competitions and 3 out of state. These teams work beginning through advance level skills. Tumbling and conditioning classes will be mandatory. Athletes will be part of a competitive all-star routine including jumps, tumbling, dance, arm motions, basket tosses, pyramids and stunts. The national competitive team is still required to abide by all Intensity Elite Cheer policies and procedures. You must attend all scheduled competitions.

## **Team Crossovers- By Invitation Only**

Athletes exhibiting hard work on skills, dedication and a positive attitude will be invited by Intensity Elite Staff to "crossover" onto a second team. This option gives the athlete an opportunity to utilize their full potential on two teams. The athlete's Primary team will remain the priority. You will be charged half price for tuition and you will have to pay for choreography along with additional competition fees. Usually a crossover fee is around half the price of the regular registration fee.



## **Tuition & Payment Policy**

Linsey's Cheer & Dance Center accepts Cash, checks, and Charge. Returned Check: \$25 fee

Monthly Tuition:

Families may choose to pay their tuition monthly (see monthly tuition)

**\*Tuition is due on the 1st of the month. Automatic payment for tuition is required this year.**

## **Yearly Tuition**

Families may choose to pay their entire tuition up front (see yearly tuition)

If you choose to pay the entire season up front and take advantage of your free month (only if paid by cash or check), please note that you will only receive a bill in your email if other payments are due.

There is a \$5 discount per month for siblings.

## **Tuition Includes**

(Intensity Elite Cheer does not give refunds, nor do we pro-rate for tuition or classes missed)

- Team Instruction (i.e. tumbling, stunting, cheer, dance, jumps, etc.)

- Open Gym

- Team Tumbling Classes

## **Fundraising**

All fundraising that is done through Intensity Elite Cheer will be kept in a separate account through the center. Fundraising will be made available. Throughout the year you may use that money to pay different expenses as long as you have enough in your account. In the end of the year if your balance is between \$1-\$99 you may receive a refund, however if your balance exceeds the amount listed above you may only use that money for classes, or merchandise.

## Monthly Payments

All charges are due on the 1st of the month at which time they are posted to an athlete's account.

The standard grace period for all other payments besides tuition is the 10th. After this time, a \$10 late fee will be assessed. This will be done automatically through our billing software.

Grace periods will not be extended due to weekends/holidays/closing's.

If an athlete's account is not brought current by the end of any given month, the athlete may be removed from the program.

If extenuating financial circumstances arise and they are the reason for non-payment, we suggest you contact our billing department immediately to see if alternate arrangements can be made so that your child can continue in the program.

Late fees will not be reversed.

Adjustments to competition fees by the competition company will result in an adjustment to your competition fees.

If the change results in an increase you will be responsible to pay, if it is decreased you will receive a credit to your account. You will be notified immediately if this comes up.

Should a competition be cancelled by the organizers or Intensity Elite Cheer, charges will be refunded to the athletes account.

If a competition change has to be made, you will be responsible for any additional cost that might come up.

All payments are final. No refunds will be given, regardless if your child was dismissed from or decided to quit/leave the program.

If your child is dismissed from or quits/leave the program at any time you will still be responsible for any and all charges that have yet to be posted for the entire 2018-2019 season.

Monthly invoices will be sent via email.

Intensity Elite Cheer is not responsible for any undeliverable invoices. You are responsible for making timely payments, regardless of whether or not you received an invoice.

Intensity Elite Cheer reserves the right to add, remove, or change fees.

No apparel orders will be accepted from families with an account that is not current.

The conditioning package for Travel Team Members only must be paid directly to Top Gun. We will collect the payment at the studio for your convenience or you can pay directly at Top Gun.

Linsey's Cheer & Dance Center understands how busy and hectic things are in everyday life; this is why we have provided all fees upfront so they can be budgeted along with most dates for the entire season.

## Payment Schedule

If you are interested in setting up a payment arrangement, we can add all fees up at one time and then divide them among a 5-month period (June-Oct). The only thing we will not be able to add in will be the deposit of the uniform and then full payment of choreography fee because those will need to be paid in full at time of order or service. Also the Booster fee must be paid on a separate date.

### **Detailed Expenses-All Team Except Travel**

Registration Fee: \$50 (Annual Fee), \$75 (Family Fee)

Competition Fees: Usually range between \$450-\$550 (for all 5 competitions)

Monthly Tuition: Will depend on hours team practices

Tiny Team Choreography: \$100

Choreography Fee: \$250

Coaches Fee: \$85 (Annual Fee)

Booster Fee: \$35 (this will be used for the kids gifts at every competition and any miscellaneous fees that might come up regarding the kids)

USASF Athlete Id Fee: \$30 (annual fee paid to USASF)

Uniform: \$455 brand new (used uniforms possibly available)

Bow: \$45

Warm-Up Suit: \$95

Shoes: TBD

Backpack: \$55 for Maroon Original Bag or \$120 for Silver Glitter Dream Bag

Practice Attire: \$85 (Sports Bra/Tank, Shorts & bow)

\*Prices may vary and are subject to change.

### **Detailed Expenses- Travel Team**

Registration Fee: \$50 (Annual Fee), \$75 (Family Fee)

Competition Fees: Usually range between \$600-750 (for all 7 competitions)

Monthly Tuition: Will depend on hours team practices

Choreography Fee: \$270

Coaches Fee: \$150 (Annual Fee)

Booster Fee: \$35 (this will be used for the kid's gifts at every competition and any miscellaneous fees that might come up for the kids)

USASF Athlete Id Fee: \$30 (annual fee paid to USASF)

Uniform: \$455 brand new (used uniforms possibly available)

Bow: \$45

Warm-Up Suit: \$95

Shoes: TBD

Backpack: \$55 for Maroon Original Bag or \$120 for Silver Glitter Dream Bag

Practice Attire: \$85 (Sports Bra/Tank, Shorts & bow)

Conditioning Package: \$342 for 10 months/ 3 payments of \$114 (June, Sept, December)

\*Prices may vary and are subject to change.

\*\*\*Additional expenses that might come up will be Bonfire Shirts, Parent/Athlete T-Shirts; These are optional.

## **Practice Attire & Attendance Policy**

**PRACTICE ATTIRE:** In order to be successful you not only have to “do the part” you have to “look the part.” If your athlete shows up unprepared for practice this may result in the entire team running laps. For the beginning of the season each cheerleader is required to wear any type of practice attire (sports bra, shorts, tank top/shorts, etc). Cheerleaders must also have supportive tennis shoes, and hair pulled back securely. If their hair is continually getting in their face and becoming a problem, she will be asked to secure her hair in a bun. If a cheerleader comes unprepared she will be asked to sit out and it will be counted as an unexcused absence. Once you walk through the door into the practice you must be ready to practice. This includes shoes on, hair up, and jewelry off. Also make sure you have your water bottle with you at this time. Once you are in the practice area you are not allowed to leave until practice is over. Once all practice attire is ordered the athletes will be required to wear the practice attire to every practice. Athletes will be sized for their new practice attire the day of registration.

**NEW FOR 2018/2019: Athletes will be given the option to purchase a tank top instead of a sports bra with their practice uniform. This will alleviate the need to wear bulky t-shirts over practice uniforms and will not longer be permitted. Athletes will be required to also mwear their practice bow on days where practice uniforms are required.**

While Intensity Elite Cheer expects all athletes to make every effort to attend every practice, all practices two weeks prior to any competition including added practices or regular practices are given the status of “mandatory”

No Absent requests will be considered for dates of any mandatory practices or for any practices two weeks prior to any competition.

The only absent requests that will be considered for dates of mandatory practice will be for a mandatory, grade dependent, school function. Sports related events will not be excused (documentation from the school will be required.)

Even if you are sick you must attend to watch practice. If you have a severe illness and you are not able to attend a doctor’s note must be turned in.

Continued tardiness may result in a reduction of allotted absences.

### **Attendance Policy**

Each athlete has an approved number of absences allowed (all absences, regardless of reason, count towards these absences)

Five practices during the current school year/summer (May 21 – August 31, 2018)

Three practices during the upcoming school year (September 1, 2017 – End of the 2018-2019 Season)

### **Absences & Exceeding number of allowed absences:**

Once you have hit your allotted number of absences you will be charged \$10 for the 1st practice, \$15 for the 2nd, and then \$20 for the 3rd. After that the athlete will be removed from the team and you will still be under contract.

### **Unexcused Absences:**

An “unexcused” absence is considered not showing up to practice without calling or getting an approval of absence. 3 unexcused absences is immediate removal from the team.

In order for a practice to be considered "excused" you must fill out a "request for absence" and it must be signed and approved by Linsey at least 2 weeks in advance. If you are unable to participate we must receive a doctor's note stating the reason and the amount of time that the athlete is unable to participate. Please note that even if you are sick or injured you must still be at practice to watch and take notes of changes that are being made.

\*We understand that the summer months can be very busy with different family trips and other things that may come up. As long as you notify us ahead of time then it is not an issue. We just do not want cheerleaders missing because they would rather lay out at the pool then come to practice.

You must be at every practice 2 weeks prior to competition. If you are not at practice and it is not excused then you will be removed from the routine for that competition.

### **Safety Issues/ Hurt vs. Injury**

A natural occurrence in any sport is injury. Cheerleading incorporates advanced pyramids that can be seven feet or higher into the air and tumbling passes that may cause strain on ankles, wrists, shins, etc. Naturally, stunts will fall, tumbling passes bust, and bumps and bruises occur. It is important that each team member realizes that they must "stay tough" and be able to get up and move on. A bruised arm is an example of "hurt". A broken arm is an example of an "injury." Squad members are expected to "get tough" and stick through it unless they are seriously injured. All major injuries will be handled with the utmost seriousness. Coaches should be notified of any injuries or hurts that occurred outside of practice that may affect their performance during a class or practice. Safety issues when it comes to stunting are of extreme importance. As a competitive cheerleading team, all members are expected to adhere to safe stunting techniques at all times. Talking, laughing, or goofing off during any kind of stunts are all prohibited. Staying focused, making appropriate corrections to skill technique and communicating with members of the stunt group is vital to the success and safety of all team members.

### **Piercing & Injuries**

Having a piercing in during practice is a liability to Linsey's Cheer & Dance Center and can be very dangerous to the athlete and other athletes on the team. Any type of piercing; tongue, ear, belly, or other MUST be taken out before practice.

### **NEW PIERCINGS:**

1. New piercing must be covered prior to practice with personal tape or band-aids. (Intensity Elite Cheer will only distribute athlete tape and band-aids for emergency purposes only, bring your own to cover new piercing.)
2. Once the piercing is healed, it must be taken out for practice.

**NO NEW PIERCINGS ARE ALLOWED 6 WEEKS PRIOR TO OUR FIRST SCHEDULED COMPETITION AND FOR THE REMAINDER OF THE SEASON!**

### **Injury Policy**

Athletes sustaining injury at or outside of Linsey's Cheer & Dance Center, will remain on the team, attend practices and travel with teammates to all competitions.



## **Communication**

### **Verbal Communication**

Intensity Elite Cheer encourages that all concerns is constructively brought to the direct attention of Linsey. To schedule an appointment, please see the front desk.

### **Emails**

Please be sure to check your email regularly. We are always emailing important information regarding practices, payments, changes, etc. Also if you are on Facebook please join our "Intensity Elite Cheer" group. We post many updates daily. The Facebook group can be found on our website.

### **Problems/Concerns**

If there is a question or concern involving your athlete, another athlete, coach, billing statements, travel, etc., immediately bring the situation up to Linsey. Talking or gossiping with any parents, coaches or athletes will not resolve any issue that you may have! If it is found that parents are gossiping or starting rumors while out in the lobby your child will be removed from the program immediately. Parents please do not voice opinion about team, coaches, athletes, changes or speak bad at all about program or company at competition or anywhere while representing IEC. Address concerns to coaches/owner only at a convenient time for both parties about any concerns. Not at competition please.

### **Athletes Placement**

Your child's placement on a specific team, and their position (flyer, base, back spot, tumbler, front row, back row, etc...) within that teams routine is at the sole discretion of the coaches/director. We reserve the right to change your child's team assignment and/or position during the season. Your cheerleader must consistently throw skills demonstrated during try outs at practices and competitions. Intensity Elite Cheer has the right to change the skill level status of any team during the season.

## **TERMINATION**

At Linsey's Cheer & Dance Center athletes will not only receive cheerleading instruction but they will learn to be a team player, and the responsibilities that are involved in being part of a team. We try to instill in all of our athletes that winning is very rewarding, but there are many more rewarding things in life. Being positive, caring, respectful, hardworking, and dedicated are the qualities that the Intensity Elite Cheer staff will be instilling in all of our athletes. We believe that when you start something you commit to it until the very end. Staff, parents, and athletes are all counting on each other to make this experience fun and enjoyable for everyone. There is no "I" in team. Cheerleading is NOT an individual sport! Cheerleading is a TEAM sport that requires everyone to be hardworking, dedicated and committed. From now on at Linsey's Cheer & Dance Center when you join you can be sure that EVERYONE is committed!

### **Termination Policies**

In the event a participant chooses to terminate prior to the end of their contractual agreement for any reason including, without limitation to, injury, job relocation, moving, etc;

- Participant MUST notify Intensity Elite Cheer in writing.
- The remaining balance of your contract will be charged to your account.
- The remaining balance MUST be paid in full within 30 days after termination.
- ALL monies paid are NON REFUNDABLE.
- Intensity Elite Cheer will forward all delinquent accounts to small claims.
- Parents MUST notify Intensity Elite Cheer of any travel arrangements.
- You are required to pay a \$200 re-choreography fee. This must be paid within 30 days of your termination.
- If your balance is not paid within 30 days then we will automatically charge the credit card that we have on file.

If Intensity Elite Cheer does not receive any form of communication from parents of athletes that have chosen to terminate their contract, Intensity Elite Cheer will notify these athletes/parents in writing as soon as the number of allotted absences are missed, or due date deadline has been missed. This will be sent certified mail to ensure that you have received it.

## **Code of Ethics**

### **Drug Policy**

Smoking, drinking, taking drugs, swearing, or inappropriate gestures or comments will not be tolerated. Repercussions include but are not limited to extra conditioning, contacting parents, probationary period, or permanent removal from all Intensity Elite Cheer teams.

### **Behavior Policy**

1. If an athlete or parent exhibits any type of disruptive, disrespectful or negative behavior, they will be brought in to the office to discuss the issue and hopefully the problem will be resolved.
2. If a second instance occurs and the problem has not been remedied the athlete will be asked to resign (cancellation fees will apply). Any parent who demonstrates behavior unbecoming of an Intensity Elite Cheer parents can be possible cause for their athlete to be dismissed with application of termination.
3. Parents are asked to please monitor your child's cell phone and any group chat that the teams might have. If a coach is not directly in the group chat it is not the coach/directors responsibility to handle any situation that might arise in the group chat.

## **Conduct**

Each athlete is a direct representation of Linsey's Cheer & Dance Center (Intensity Elite Cheer) at all times. Everyone must present himself or herself as they would if their parents/coaches were always accompanying.

No public display of affection can be given to a boyfriend/girlfriend in uniform or warm-up attire.

No cursing or derogatory language will be allowed in the gym or on any trip the team will take.

No derogatory comments towards Intensity Elite Cheer or any other All-Star cheer program inside or outside the gym.

Appropriate clothing should be worn at all times (including shoes)

Linsey's Cheer and Dance Center will issue a written warning to any athlete and/or guardian who presents themselves in a way that is unbecoming of a representative of Intensity Elite Cheer. Should a second notice be required, the athlete may be removed from the program.

## **Away Rules**

Proper attire must be worn at all times. You are representing the team and you must portray a positive reflection. You must always wear appropriate attire for the occasion this includes HOTELS!

No use of profanity/foul language while in or out of uniform.

When a designated time is given for children to be ready that means completely ready. Make-up must be completely done (lipstick, eyes, blush, etc.), hair fixed, bows in, uniform on. PLEASE make sure that they're FED & all personal issues are taken care of. - BATHROOM

The coaches will not take responsibility for personal items at competitions.

Parents are not allowed in the warm-up room.

A cheerleader MAY NOT leave the competition early. A cheerleader will be allowed to leave for lunch, but must return in time to watch the teams specified by the coaches. Must be in FULL uniform for awards!

Remember you are representing Intensity Elite Cheer so please act accordingly.

When arriving at the competition site, the cheerleader must check-in with their coach @ the DESIGNATED area!

## **Gym Rules/ General Reminders**

1. All athletes must wear required practice attire.
2. Flat bottom, no tread shoes are required for cheer.
3. In order to keep the gym clean and free of any excess dirt or rocks, practice shoes shall not be worn outside of the gym. Likewise, no outside shoes are allowed in the gym.
4. For safety and insurance purposes, Acrylic nails (short or long) will not be allowed at practice or competition.
5. Parents are not allowed on the Cheer Floor or any equipment at any time due to insurance & liability purposes.
6. Parents are asked to never critique their athlete or others during practices, please refrain from negative comments in the viewing area.
7. Practices are closed to all spectators except for the last week of each month. Please see the viewing schedule for specific dates.
8. Do not wear jewelry into the gym. All jewelry must be removed before practice.
9. Linsey's Cheer & Dance Center/Intensity Elite Cheer is not responsible for lost or stolen items/-jewelry left behind.
10. Food or gum is not permitted in the gym area.
11. Phone use is for emergency purposes only.
12. Parents please pick your athletes up at the designated ending practice time.
13. Please mark with permanent marker all of your belongings.
14. Treat all members, coaches, and parents with respect.
15. No one is allowed behind the front desk. Do not use the computer.
16. NO CELL PHONES IN PRACTICE AREA!
17. For regular scheduled practices an absence request form must be completed and submitted for approval no less than two weeks prior to requested date.
18. For an unexpected absence from regular practice due to sudden illness or death in the family, please call or email no less than 30 minutes prior to the start of practice.
19. Intensity Elite Cheer reserves the right to dismiss any athlete at any time if it is deemed their placements within any team is detrimental to the program (this includes the behavior of the athlete and their family member)
20. If you miss team tumbling them you must make it up at open gym.
21. You must behave and be respectful at all practices, events and competitions towards coaches, staff, fellow teammates, parents and other all-star program participants, event coordinators.
22. All questions and concerns should first be directed to your assigned team mom and if not resolved then to Linsey.
23. Please do not contact any coach on their personal cell phones past business hours unless it is an emergency.
24. Any athlete found destroying the property of other athletes or staff, facility, or any other facility in which the team's visits will be removed from the program. The athlete's parent will be responsible for all costs.
25. Intensity Elite Staff reserves the right to discipline any athlete as deemed necessary (in a non-physical manner). Depending upon the presented behavior, an athlete may be asked to leave the gym for a period of time or be excused from the current practice entirely.
26. After every practice the athletes are required to clean up after themselves. This includes in the gym and in the lobby.
27. Should you need to discuss your child's performance on the team, please email Linsey to set up a meeting time.
28. No apparel orders will be accepted from families with an account that is not current.
29. Parents must attend sizing sessions with their athlete. Intensity Elite Cheer reserves the right to change your child's position/placements on any team; change minimum skill requirement to be a member of any team.

## **Linsey's Cheer & Dance Center, LLC / Intensity Elite Cheer is NOT responsible for lost or stolen items**

### **Competitions**

Every competition is mandatory. Once you have read over the handbook and you sign the contract it is assumed that you will be attending every competition. Failure to do so will result in removal from the team (with a fee) and you will not be allowed to return the following year. Cheerleading is a team sport and it is very crucial that every member attends every competition.

When choosing a competition there is a lot of thought and research put into it. Every competition is different and as coaches we cannot guarantee the amount of other teams that will be participating. We do not receive a list of competitors until 1-2 weeks prior to competition. No matter where you go, you can run into this issue as to how many teams we are competing against. Intensity Elite Cheer is not responsible for the number of teams registered or the number of teams we end up competing against.

Intensity Elite Cheer team members are required to attend and support each team's performance. All cheerleaders must wear their full uniform, shoes and bow during their team's awards ceremonies. No coats, boots, sweats, etc. All cheerleaders must wear their warm up jacket or team shirt over their uniform at all events when not performing or on stage for awards. If a team receives a bid to US Finals or The Summit please be prepared to attend. If we attend a competition where the bid was received a set price will be charged per athlete to cover coach's travel. You will also be charged that month of tuition. The team will also receive a new practice attire set for that competition.

It will be the parent's responsibility to get your child to and from competition.

Most competitions charge a spectator fee to get in. It is very rare that we will find a competition that doesn't charge at the door. It typically ranges anywhere from \$10-\$50 per day. Also most venues charge parking and we have no control over what the venue may charge.

**ANY AWARDS RECEIVED AT EACH COMPETITION WILL BE GIVEN TO THOSE WHO COMPETE.** If an athlete is unable to compete due to illness / injury, the substitute athlete will receive all awards from said competition.

### **A Few Words about Bids:**

Any team receiving a US Finals bid may have an opportunity for parents to vote on whether or not to use said bid. It is at the coaches/owner's discretion whether or not to initiate the voting process based on timing and coaches/owners ability to attend said event.

**All travel plans for any away competition must go through Linsey's Cheer and Dance Center.**

### **Logo Usage**

Any use of the Intensity Elite Cheer or Linsey's Cheer and Dance Center logo is strictly prohibited.

Intensity Elite Cheer Membership Agreement & Contract  
May 2018-March 2019

This contract between parent, cheerleader and studio, is designed to make all involved aware of the responsibilities, requirements and expectations that is associated with being a member of the Intensity Elite Cheer Team. Being a part of the competitive program is a privilege and you are expected to follow all requirements to maintain status with the program. It is for this reason that we have established Rules and Regulations as it's a contract between parties. Please ensure that you, the parent, and your child are able to fully commit to the time and financial requirements of Intensity Elite Cheer before signing this contract. Each section must be initialed and the last page signed by both the parents and the athlete.

I agree that I have read this entire Parent Handbook and I fully understand all of the rules and regulations. Below is a summarization of important points that have already been mentioned earlier in the handbook.

To ensure the commitment of all team members and to protect the best interests of each of our clients, Intensity Elite Cheer Team parents (Local as well as National Teams) are required to sign an 11-month Intensity Elite Cheer Membership Agreement. By signing the contract, participants and their parents are committing themselves to no less than 11 months with the program and are financially responsible for 11 months of tuition. In return, Intensity Elite Cheer will assure instruction and training within its facility by the staff. The contract does not guarantee a specific team position or division. Athlete team placement and national team divisions will be determined by Intensity Elite Cheer Staff based on development and skill. Linsey's Cheer & Dance Center/ Intensity Elite Cheer possess a NO REFUND and adheres to a specific Termination process in the event the full contract cannot be completed.

In the event that an athlete/family member chooses to terminate for any reason prior to the end of the contract stated below, I understand that I am responsible for my entire remaining balance. I will pay my remaining contract in full within 30 days after termination. All monies that have already been paid to Linsey's Cheer & Dance Center, LLC/Intensity Elite Cheer are NONREFUNDABLE. For choosing to terminate I also understand that I will be charged a \$200 fee to re-choreograph the routine. I also understand that if I do not pay my remaining balance on my contract within the allotted time, Linsey's Cheer & Dance Center will forward this to a collection agency and I will also be responsible for all the collection agency fees.

I also understand that Intensity Elite Cheer has the right to terminate my son/daughter from their program with a reasonable explanation. I understand that if my son/daughter is terminated for any reason all monies that have been given to Linsey's Cheer & Dance Center, LLC/Intensity Elite Cheer are nonrefundable, and I am responsible for the remaining balance as states in this contract. If Intensity Elite Cheer terminates my son/daughter then Intensity Elite Cheer will allow me to continue paying my tuition on a

monthly basis. I understand that if I am delinquent at anytime, my full remaining balance must be paid within 30 days. If I fail to pay the remaining balance I understand that it will be forwarded to small claims in Shelby Twp. and I will be responsible for all the court fees.

I agree that I will make all of my payments on time including our travel payments. If I do not pay by the due date I understand that I will be charged a \$10 late fee. I also understand that once I start making deposits on our trips that I cannot be refunded the money paid out, and I will be responsible for the remaining balances.

I understand that the rules are subject to change. In the case that rules are changed I understand that Intensity Elite Cheer will notify me in writing.

I have initialed each section title below and acknowledge that I have fully read and understand the terms and conditions, as well as any charges and payment terms associated with this contract, and hereby agree to be bound by all of the terms defined her in the 2017-2018 contract.

In addition, it is understood by me, that while the account is titled in the name of my child, I, the under-signed, accept full legal/financial obligation of the account. I also understand that any violations (by my child or family member) of this contract are grounds for dismissal.

Please initial that you have read and understand all outlined sections:

Tuition & Payment Policy	_____
Detailed Expenses	_____
Choreography Camp	_____
Practice Attire & Attendance	_____
Safety Issue/Hurt Vs Injury	_____
Piercing & Injuries	_____
Communication	_____
Termination	_____
Code of Ethics	_____
Gym Rules/General Reminders	_____
Competitions	_____

X \_\_\_\_\_  
Cheerleaders Signature

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# Absence Request Form

This form must be turned in 2 weeks prior to absence.

Date to be absent \_\_\_\_\_

Reason for Absence \_\_\_\_\_

\_\_\_\_\_

I, \_\_\_\_\_ am requesting to be absent from practice on the date above. I know that missing practice places complications and difficulties on the whole team. I also understand that an unexcused absence or continual excused absences can result in being placed in an alternate position or removal from the squad.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Notes (official use only):





**Linsey's Cheer & Dance Center, LLC**  
**Gym Release Form**  
**Waiver & Medical Release Form**

Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian's Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone #: \_\_\_\_\_ Evening Phone #: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Relationship: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Policy #: \_\_\_\_\_

Medications Currently Prescribed (if any): \_\_\_\_\_

Allergic to (if any): \_\_\_\_\_

Please check here if the participant is NOT covered under an insurance policy. Please be aware that any and all bills will be sent directly to the above listed parent or guardian.

I agree to pay a \$10 late fee if my fees are not paid by the 1st of the month. I agree to pay a \$30 returned check fee in the event one of my checks is returned to Linsey's Cheer & Dance Center, LLC unpaid. I agree to pay a yearly registration fee of \$30 for an individual or \$55 for a family membership.

By permitting my child to participate in the Intensity Elite cheerleading program, I understand and acknowledge the fact that participation in cheerleading involved a certain degree of risk. I hereby release Linsey's Cheer & Dance Center, LLC and the Linsey's Cheer & Dance Center, LLC Booster, its owners and employees, jointly and separately, from any and all personal injury claims arising through or from participation in activities as a student of Intensity Elite Cheer. Linsey's Cheer & Dance Center, LLC recommends a doctor's physical for participation in cheerleading, gymnastics, or dance for your child's benefit.

Furthermore, I/we authorize Linsey's Cheer & Dance Center, LLC to procure, at my/our expense any medical care reasonably required by aforesaid child during his/her visit at hospitals or facilities chosen by Linsey's Cheer & Dance Center, LLC. I/we present that any medication to which aforesaid child is allergic or currently taking is listed above and that minor child is responsible for consuming the prescribed dosage.

I/we allow Linsey's Cheer & Dance Center, LLC to use my child's photographs/videos for any advertising or promotions the center should use on the internet, newspaper, etc.

I/we hereby certify that I have read and understand the foregoing.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## 2018-2019 Intensity Elite Calendar

May 24	Registration
June 1	Practice Attire Payment Due
June 11	Choreography Fee Due & Uniform Sizing
June 18-22	Choreography Camp (Detailed schedule will be sent out closer to camp)
July 1st	Uniform Deposit Due (\$230)
July 15th	Booster Fee Due
July 25-26	Stunt Choreography
August 1st	Warm Up, Backpack, Shoes, and Bow Payment Due
August 26-Sept 3	Summer Break
September 1	Uniform Balance Due
September 15	Bonfire TBD
October 1	Competition Fees Due
October 31	Closed Halloween
November	Register athlete with USASF
November 21-25	Thanksgiving Break
December 2nd	Picture Day
Dec 22-Jan 1	Winter Break

Intensity Elite Cheer follows the closing schedule of Utica Community Schools. It is the coaches/owners discretion to either close the gym or remain open due to inclement weather. The safety of our athlete's is always our number one concern and will always be the determining factor for such decisions.

