

Western Week!
August 13-17

August 2018

Sun Mon Tue Wed Thu Fri Sat

*Appointments at the salon can be made at the front desk

			11:30 Sit & Get Fit 1 1:30 Chaplain's Corner Sundaes on Wednesday 2:30	11:30 Chair Yoga 2 BINGO 2:00	11:30 Sit & Get Fit 3 Fabulous Frank on accordion 1:30	11:00 Manicures 4 KEEP CALM AND PAMPER YOURSELF 2:00
9:30 Northgate Church Service 2:00 Missionary Baptist Church	11:30 Sit & Get Fit 6 Birds of a Feather Birding Together 2:00 Pet Visit w/Leia 3:30	11:30 Chair Yoga 7 Games & Puzzles 2:00	11:30 Sit & Get Fit 8 1:30 Chaplain's Corner Sundaes on Wednesday 2:30	11:30 Chair Yoga 9 Improve Your Memory Games 2:00	11:30 Sit & Get Fit 10 Staff Meeting 2:00 BINGO 3:00	KEEP CALM AND PAMPER YOURSELF THE SERIOUS PLEASURE OF BOOKS 1 2:00 Manicures and Reading Group
Movie Matinee 12 BINGO 10:00 2:00	11:30 Sit & Get Fit 13 2:00 Craft Corner Pet Visit w/Leia 3:30	Salon open 10:00 4 BBQ Lunch "That Johnny Cash Guy" Live Music 2:00	11:30 Sit & Get Fit 15 1:30 Chaplain's Corner Root Beer Floats 2:30	10:30 John Wayne 16 Movie Country Cookin' Cowboy Caviar 2:00	11:30 Sit & Get Fit 17 BINGO 2:00	KEEP CALM AND PAMPER YOURSELF THE SERIOUS PLEASURE OF BOOKS 8 2:00 Manicures and Reading Group
Movie Matinee 19 BINGO 10:00 2:00	11:30 Sit & Get Fit 20 Bingo Bucks 2:00 Store is OPEN	11:30 Chair Yoga 21 Craft Corner 2:00	11:30 Sit & Get Fit 22 1:30 Chaplain's Corner Sundaes on Wednesday 2:30	11:30 Chair Yoga 23 Today's Destinations: Florida Delaware 2:00	11:30 Sit & Get Fit 24 BINGO 2:00	KEEP CALM AND PAMPER YOURSELF THE SERIOUS PLEASURE OF BOOKS .5 2:00 Manicures and Reading Group
Movie Matinee 26 BINGO 10:00 2:00	11:30 Sit & Get Fit 27 Birthday Party! 2:00 Pet Visit w/Leia 3:30	Salon open 10:00 28 The OREGON STATE FAIR 10:00-2:00	11:30 Sit & Get Fit 29 1:30 Chaplain's Corner Sundaes on Wednesday 2:30	11:30 Chair Yoga 30 Resident Council 1:30 TIKI BAR 2:00	11:30 Sit & Get Fit 31 BINGO 2:00	