July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Happy July 4th Fireworks Show 7:00pm				1 PUZZLE MANIA 2:00
2 9:30 Northgate Church Service 2:00 Missionary Baptist Church	3 11:10 Sit & Get Fit Armchair Travelling To: Washington, D.C.		5 11:10 Sit & Get Fit 1:30 Chaplain's Corner Shelli Kern 2:30	6 11:00 Chair Yoga Prize BINGO 2:00	7 11:10 Sit & Get Fit Fabulous Frank on accordion 1:30	8 Trailblazers & Trail Mix! Women's History 2:00
9 Spiritual Sing-along 10:00 Prize BINGO 2:00	10 11:10 Sit & Get Fit Go Skate boarding Day Board Tricks 1:30	11 11:00 Chair Yoga Sundaes on Tuesdays 1:30	12 11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	13 11:00 Chair Yoga KEEP CALM AND PAMPER YOURSELF Manicures & Munchies 2:00	14 11:10 Sit & Get Fit TEA SOCIAL Tea, Treats, and Trivia, at Two	15 Nature's Notes Nature's Notes -with Rena 2:00
16 9:30 Daniel's Corner Prize BINGO 2:00	17 11:10 Sit & Get Fit Craft Corner 2:00	18 11:00 Chair Yoga Sundaes on Tuesdays 1:30	19 11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	20 11:00 Chair Yoga Moon Landing and Nasa B'Day 2:00	21 11:10 Sit & Get Fit Sherwood Cafe Come in WE'RE OPEN COFFEE DONUTS 2:00	22 Improve Your Memory Games 2:00
23 Spiritual Sing-along 10:00 Prize BINGO 2:00	24 11:10 Sit & Get Fit SHOPPING TRIP! 10:00 & 1:30 goodwill	25 11:00 Chair Yoga national ICE CREAM SANDWICH day 1:30	26 11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	27 11:00 Chair Yoga KEEP CALM AND PAMPER YOURSELF Manicures & Munchies 2:00	28 11:10 Sit & Get Fit Resident Council 1:30 2:30 TIKI BAR	29 HERE COMES THE SUN Ukulele Lessons and Coloring 2:00
30 Worship with Reverend Anthony 10:00 Prize BINGO 2:00	31 11:10 Sit & Get Fit Bingo Bucks 2:00 Store is OPEN					

Times and Events are Subject to Change