

August 2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		11:10 Chair Yoga Sundaes on Tuesdays 1:30	11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	11:10 Chair Yoga Walmart SHOPPING TRIP! 9:00-12:00	11:10 Sit & Get Fit Fabulous Frank on accordion 1:30	SPA DAY!! 2:00
9:30 Northgate Church Service 2:00 Missionary Baptist Church	11:10 Sit & Get Fit Craft Corner 2:00	11:10 Chair Yoga Sundaes on Tuesdays 1:30	11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	11:10 Chair Yoga Prize BINGO 2:45	11:10 Sit & Get Fit THE COOKIE JAR IS OPEN! 2:00	Trailblazers & Trail Mix Women's History 2:00
Spiritual Sing-along 10:00 Prize BINGO 2:00	11:10 Sit & Get Fit SHOPPING TRIP! 10:00 & 1:30 goodwill	11:10 Chair Yoga Sundaes on Tuesdays 1:30	11:10 Sit & Get Fit 1:30 Chaplain's Corner Armchair Travelling To POHNPEI Land of Mystery	11:10 Chair Yoga Mad Science Lab All About Eclipses 2:00	11:10 Sit & Get Fit Crafting Corner Making Lolo 2:00	Island Days 2:00 Mudong Sisters Dancers
9:30 Daniel's Corner Prize BINGO 2:00	11:10 Sit & Get Fit Total Solar Eclipse Party 9:30	11:10 Chair Yoga Sundaes on Tuesdays 1:30	11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	11:10 Chair Yoga 2:00 TIKI BAR	11:10 Sit & Get Fit Nature's Notes -with Rena 2:00	HERE COMES THE SUN 2:00 Ukulele Lessons and Stained Glass Coloring
Worship with Reverend Anthony 10:00 Prize BINGO 2:00	11:10 Sit & Get Fit Bingo Bucks 2:00 Store is OPEN	11:10 Chair Yoga Sundaes on Tuesdays 1:30	11:10 Sit & Get Fit 1:30 Chaplain's Corner Popcorn and A Movie 2:30	11:10 Chair Yoga Resident Council 1:30 2:30 Craft Corner		

Times and Events are Subject to Change