

# September 2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

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|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|                                                                                                                                                            |                                                                                                                                                                                                  |                                                       |                                                                                                                                                 |                                                   | 11:10 Sit & Get Fit 1<br><b>Fabulous Frank</b><br>on accordion<br>1:30                                                                                     |  2            |
| 9:30 Northgate<br>Church Service<br>2:00 Missionary<br>Baptist Church                                                                                      | 11:10 Sit & Get Fit 4<br> Manicures & Munchies<br>2:00<br><b>Painting Class</b><br>2:30                         | 11:10 Chair Yoga 5<br>Sundaes on<br>Tuesdays<br>1:30  | 11:10 Sit & Get Fit 6<br>1:30 Chaplain's Corner<br>2:30<br> | 11:10 Chair Yoga 7<br><b>Prize BINGO</b><br>2:00  | 11:10 Sit & Get Fit 8<br> Nature's Notes<br>-with Rena<br>2:00         |  9           |
|  Spiritual Sing-along<br>10:00<br><b>Prize BINGO</b><br>2:00             | 11:10 Sit & Get Fit 11<br><b>Painting Class</b><br>2:00                                                                                                                                          | 11:10 Tai Chi 12<br>Sundaes on<br>Tuesdays<br>1:30    | 11:10 Sit & Get Fit 13<br>1:30 Chaplain's Corner<br>Popcorn and<br>A Movie<br>2:30                                                              | 11:10 Tai Chi 14<br><b>Prize BINGO</b><br>2:00    | 11:10 Sit & Get Fit 15<br><b>Jungle Fever</b><br>FUN!<br>2:00                                                                                              | 2:00 16<br> |
| 9:30 Daniel's Corner 17<br><b>Prize BINGO</b><br>2:00                                                                                                      | 11:10 Sit & Get Fit 18<br> Manicures & Munchies<br>2:00<br><b>Bingo Bucks</b><br>2:30<br><b>Store is OPEN</b> | 11:10 Chair Yoga 19<br>Sundaes on<br>Tuesdays<br>1:30 | 11:10 Sit & Get Fit 20<br>1:30 Chaplain's Corner<br>Popcorn and<br>A Movie<br>2:30                                                              | 11:10 Chair Yoga 21<br><b>Prize BINGO</b><br>2:00 | 11:10 Sit & Get Fit 22<br><b>Sherwood Cafe</b><br> 2:00               | Improve Your<br>Memory Games<br>2:00<br>and Ukulele Lessons<br>23                                |
|  Worship with<br>Reverend Anthony<br>10:00<br><b>Prize BINGO</b><br>2:00 | 11:10 Sit & Get Fit 25<br><b>Walmart</b><br>SHOPPING 9:00-12:00<br>TRIP!                                                                                                                         | 11:10 Tai Chi 26<br>Sundaes on<br>Tuesdays<br>1:30    | 11:10 Sit & Get Fit 27<br>1:30 Chaplain's Corner<br>Popcorn and<br>A Movie<br>2:30                                                              | 11:10 Tai Chi 28<br><b>Prize BINGO</b><br>2:00    | 11:10 Sit & Get Fit 29<br><b>Resident Council</b><br>1:30<br>2:00<br> | 2:00 30<br> |

Times and Events are Subject to Change