



JANUARY 2017: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 2	3	4	New York Thursday 5	6
Turkey Bacon, Egg & Cheese Breakfast Toast	Whole Grain Bagel with Cream Cheese & Jelly	Cinnamon Pancakes Served with Syrup Turkey Sausage Patty	Upstate Farms® Cherry Vanilla Yogurt	Cheese Omelet Buttermilk Biscuit
Blueberry Yogurt Bread Land O'Lakes® Cheddar Cheese	Organic Stonyfield® Yogurt Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Nature Valley™ Oats 'n Honey Granola Bar	San Franola Granola Bowl® Hot Oatmeal
100% Fruit Juice	Fresh Mandarins	100% Fruit Juice	Fresh NY Apples	100% Fruit Juice
9	10	11	New York Thursday 12	13
Egg & Cheese Breakfast Sandwich	Whole Grain Bagel with Cream Cheese & Jelly	French Toast Sticks Served with Syrup Turkey Sausage Patty	Upstate Farms® Strawberry Yogurt	Cheese Omelet Soft Wrap with Salsa
Warm Very Berry Bread Land O'Lakes® Colby Cheese	Organic Stonyfield® Yogurt Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Zucchini Bread Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Back to the Roots Organic® Cinnamon Cereal Bowl Hot Oatmeal 100% Fruit Juice
Martin Luther King Jr. 16	17	18	New York Thursday 19	20
Egg & Cheese Breakfast Sandwich	Whole Grain Bagel with Cream Cheese & Jelly	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty	Upstate Farms® Peach Yogurt	Bacon, Egg & Cheese on an English Muffin
Warm Cinnamon Apple Bread Land O'Lakes® Colby Cheese	Organic Stonyfield® Yogurt Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Whole Grain Croissant	Back to the Roots Organic® Cinnamon Cereal Bowl Hot Oatmeal 100% Fruit Juice
100% Fruit Juice	Fresh Mandarins	100% Fruit Juice	Fresh NY Apples	
23	24	25	New York Thursday 26	27
Beef Sausage & White Cheddar Sandwich	Whole Grain Bagel with Cream Cheese & Jelly	Tasty Waffles Served with Syrup Turkey Canadian Bacon	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola	Egg & Cheese Pita
Warm Banana Bread Land O'Lakes® Colby Cheese	Organic Stonyfield® Yogurt Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Zucchini Bread Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Back to the Roots Organic® Purple Corn Flakes Bowl Hot Oatmeal 100% Fruit Juice
100% Fruit Juice	Fresh Tangerines	100% Fruit Juice		
30	31			
Turkey Bacon, Egg & Cheese Breakfast Toast	Whole Grain Bagel with Cream Cheese & Jelly		 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Blueberry Yogurt Bread Land O'Lakes® Cheddar Cheese	Organic Stonyfield® Yogurt Served with Craisins & Granola			
100% Fruit Juice	Fresh Mandarins			

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

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MENUS ARE SUBJECT TO CHANGE