

The Utah Parent Center, in partnership with Granite School District, is pleased to provide the following FREE workshops for families of children, youth and young adults with disabilities.

Para más información de talleres presentados en español, contacte Utah Parent Center a 801-272-1067.

Pre-registration is appreciated. Register online at www.utahparentcenter.org/upcoming-events or by calling Michelle Murphey at 385.646.4190 or 801.272.1051

Fall 2016 Workshops

From Homework Horror to Homework Happiness

Are you struggling to help your child with his or her homework? If so, this workshop is for you! This session will focus on realistic and practical ways parents can take some of the pain out of homework! Learn how technology can help parents to support their children to get organized, study effectively and monitor their child's progress. This interactive workshop will focus on websites, apps and other simple techniques to bring you and your student from homework horror to homework happiness!

Thursday October 6th 7:00-8:30 PM

Magna Library 2675 South, 8900 West

Magna, Utah, 84044

Online Registration: <http://conta.cc/2cuMmkJ>

Executive Functioning

Teaching Children Executive Functioning

This presentation will provide parents practical information regarding Executive Functioning Skills. Participants will (1) learn what Executive Functioning Skills are and their importance, (2) learn how to identify Executive Functioning Skills deficits, (3) learn how to modify the environment and instruction for children and (4) learn how to teach specific Executive Functioning Skills

October 26th 6:30PM-8:30PM

Granite Education Center Room D-220

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2d4TrMi>

Parents as Partners in the IEP Process

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. Parents will also learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

Thursday, November 3rd 7:00-9:00 PM

Granite Education Center, D-220

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2culj4a>

Winter/Spring 2017 Workshops

Basics of Guardianship- Michelle Morris

Guest Speaker: Michelle Morris,

Guardianship Associates of Utah

What is guardianship and why is it important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? Come to this presentation to learn about guardianship and if you will need to file for it, what types of guardianship are available, and what the process entails.

Wednesday January, 11

7:00PM-9:00PM

Granite Education Center, D-220

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2d4VAYA>

Taming the Lion without the Whip: Using Positive Approaches in Dealing with Challenging Behaviors

This session will explore the basics of positive behavior supports and how to understand the function of difficult behaviors. The latter part will teach simple interventions that can be used with children who struggle with challenging behavior or difficult behaviors that may be part of their disability. Training is provided through a grant from the Interagency Outreach Training Initiative.

Tuesday, January 19th

7:00-8:30 PM

Magna Library 2675 South, 8900 West

Magna, Utah, 84044

Online Registration: <http://conta.cc/ZoqvDM>

Setting Routines, Rules and Expectation for our Children

Guest Speaker: URLEND Project

If you have children of any age and want to learn how you can support your child by having routines, rules and high expectations, this workshop is for you! Learn from the URLEND team of multi-disciplinary professions the benefits of having structured routines, rules and expectations. Participants will leave with practical ideas on how to do this in the home setting. This workshop will be presented in English and Spanish. Other languages may be requested with 2 weeks advance notice

Thursday, February 2

7:00-8:30PM

Magna Library

675 South, 8900 West, Magna

Online Registration: <http://conta.cc/2d4UtIa>

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Translation services are available upon request. Please request translation at least 7 days in advance.

Transition to Adulthood

Families of youth and young adults with disabilities have learned many things, but most admit that they have much more to learn. The transition to adult life can leave parents feeling they are "NO Where"- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process. Transition Pathways specific to the SLCSO will be presented

Wednesday February 8, 2017 7:00-8:30PM

Granite Education Center, D-202

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2d4X1WJ>

There's an App for That!

Guest Speaker: URLEND Project

Technology offers many opportunities to help our children learn and grow. This workshop will focus specifically of Apps. You will learn how to find and navigate Apps, as well as App ideas and demos to help your children with things like school, homework, social skills and more. This workshop will be presented in English and Spanish. Other languages may be requested with 2 weeks advance notice.

Tuesday Feb 21, 2017

7:00-8:30PM

Granite Education Center, D-202

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2d4YJn>

Accessing, Services Across an Individuals Lifespan

Parents will learn how to effectively support their son/daughter with disabilities in the post-secondary years. This all day training will cover 1) Person centered planning, 2) Developing soft-skills and 3) Post-secondary educational options for all individuals with disabilities.

Thursday March 2, 2017

9:00AM-4:00PM

Granite Education Center, D-102, 103 and 104

2500 S. State Street, South Salt Lake

Spanish and English sessions will be available

Online Registration: <http://conta.cc/2d4Zct>

Behavior Strategies for Teens

Guest Speakers: Marian Hunt, M.Ed and

Rian Jensen, L.C.S.W.

The purpose of this workshop is to introduce families to the ways behavior can be addressed through the special education process or through Section 504 services. The workshop gives an overview of how to find the causes of behavior problems and how positive behavior interventions can help at home and in the school.

Thursday April 13, 2017

6:30PM-8:30PM

Granite Education Center, D-202

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2d4ZHDZ>

Summer Fun Panel

Come learn about summer programs for children with disabilities. There will be a panel of programs to discuss what they offer during the summer months, and parents will also leave with a summer resource list. Workshop is appropriate for any school aged child as well as for students in post-secondary programs. Co-sponsored by Granite and Canyons Districts!

Wednesday, April 25, 2017

7:00-8:30 PM

Granite Education Center, D-102, 103 and 104

2500 S. State Street, South Salt Lake

Online Registration: <http://conta.cc/2cuM0uf>

ABC's of Autism

This presentation will give information to families of children who are newly diagnosed with an Autism Spectrum Disorder. This introduction will focus on building resiliency in families as well as being an informed consumer of services.

Thursday, May 4, 2017

7:00-8:30 PM

Magna Library 2675 South, 8900 West

Magna, Utah, 84044

Online Registration: <http://conta.cc/2d503dP>

Salt Lake Family to Family Network Workshop Series

Location: South Valley School, 8400 S. Redwood Road, West Jordan

Time: 7:00 – 8:30 PM

- September 15, 2016- Practical Approaches for Protecting Your Children From Abuse
- October 13, 2016 –Advocacy/ How DSPD Cuts Might Affect You
- November 17, 2016 – Parent Panel
- January 19, 2017 – Customized Employment With DSPD
- February 23, 2017 – Mental Health Recognition and Resources
- March 16, 2017 – Person Centered Planning
- April 20, 2017 - Related Services
- May 18th, 2017- Self Determination and Internet Safety

For more information and individual assistance, please contact Michelle by phone at 385.646.4190 or by email at michellem@utahparentcenter.org. Additional information on upcoming workshops can be found at www.utahparentcenter.org/upcoming-events/