

# PERLMAN CAMP



## 10 Key Skills SITs Will Develop at Camp This Summer

The Staff in Training (SIT) summer provides a platform for growth. Our SIT participants build strong friendships, take on new responsibilities, and experience the values of camp as a young adult.

This year our approach is more structured and robust than ever before. We hired Coach Jena B., an expert on Millennial, Gen Y, and Gen Z success in the workplace, to develop a supplementary curriculum customized to the SIT experience. It will emphasize soft skills (such as problem-solving and communication) that young adults can utilize at camp and beyond. What makes this programming truly unique is that it provides professional development opportunities within the familiar camp context, setting the stage for SITs to be successful.

The SITs will engage in discussion and activities to advance their understanding of the following concepts and skills (among others):

1. Growth Mindset: Discovering that they can develop their skills and abilities
2. Accountability: Exploring the impact of their actions—and how that can inform future decisions
3. Communication Skills: Gaining an understanding of their communication style
4. Critical Thinking: Correlating reasoning and problem-solving
5. Perception: Explaining how personal perspectives affect judgment
6. Leadership: Examining the leadership styles of modern role models
7. Giving & Receiving Feedback: Viewing effective (and ineffective) ways to share praise or criticism
8. Personal Branding: Articulating what makes them unique
9. Resume Creation: Learning the best practices for entry-level resumes
10. Active Listening: Practicing listening skills

The SIT summer is an ideal time to teach these skills. They will serve as the building blocks to prepare young adults for a successful summer, and position them for success in the years to come.

We've always been mindful of modeling the lessons we hope to instill in our campers, as well as equipping them with tools to support their development. With the addition of the SIT supplementary curriculum, we're demonstrating the benefits of innovative thinking, and teaching participants how to think like leaders.

This curriculum will add value now as well as in the future. Campers will know they can look forward to their SIT summer not only as one to deepen their friendships and enhance leadership skills, but as one that will build core capacities for their future careers. SITs and their families will benefit from engaging with these concepts. Staff will know that we are committed to supporting their professional development and fostering growth along their career paths.

If you have any questions or would like additional information, please contact Abe by email at [abe@perlmancamp.org](mailto:abe@perlmancamp.org), or by calling 301-231-5300