

# The VIKING VOICE

Homewood-Flossmoor Community High School  
March/April 2018

A newsletter for School District 233 families

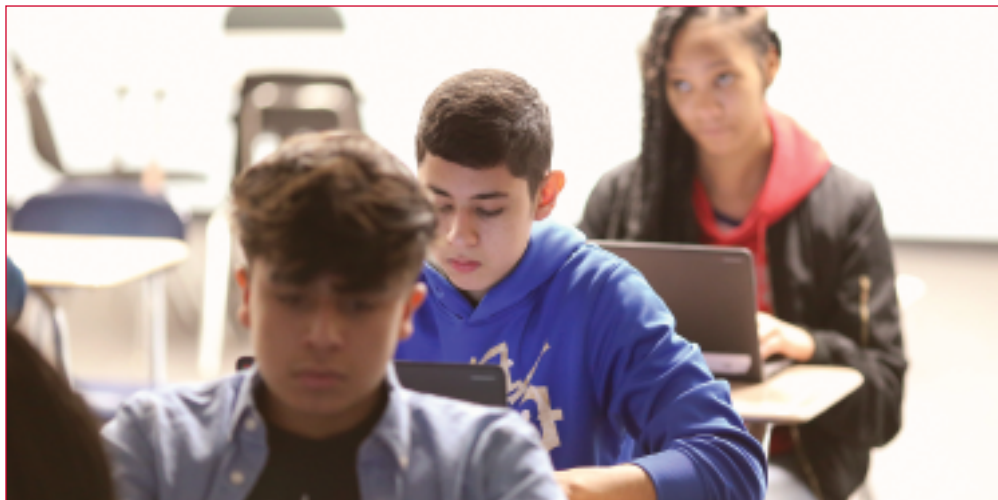


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# Spring All-School Test Day: April 10



**A**ll-School Test Day has been scheduled for Tuesday, April 10. Students will be dismissed at 1:20 p.m.

- **SENIORS** — Grade 12 students do not test or attend school on this day. This is a good opportunity for students to spend the day working on scholarship applications (see some options at [hffoundation.org](http://hffoundation.org)), visiting nearby colleges, studying, or preparing for next year's transition to college or other post-secondary plans.

- **FRESHMEN, SOPHOMORES & JUNIORS** — Freshmen will take the PSAT 8/9, sophomores the PSAT 10, and juniors the SAT. These exams consist of tests in Reading, Math, and Writing & Language. The math test has two sections: one that permits a calculator and one that does not. The SAT taken by juniors is an official exam, and the scores are accepted by colleges and universities for admission and scholarships.

Students are reminded to get a good night's sleep, to eat a healthy breakfast and to bring their student ID, several No. 2 pencils and a calculator. It is important that every student perform

his/her best to provide the most accurate picture of their academic achievement and growth. This helps H-F better customize their educational experience.

Many resources are available for students, both before and after the exams. In January, parents received a letter containing their student's College Board access code from fall testing. The access code is used to establish an account with the **College Board**, which allows students to view their test results, register for retests, access information about college applications and more. Additionally, these accounts can be linked to **Khan Academy** ([www.khanacademy.org](http://www.khanacademy.org)), which provides free customized test prep that adjusts as students learn. Instructions on how to establish a College Board and Khan Academy account were included with the codes. In May, updated access codes will be sent, and your student will use these to link their April test scores with their College Board account.

For questions about All-School Test Day, please contact the Assessment Department at 708-335-5585.

## SAT Tips from the College Board

- **Don't leave anything blank.** "There is no penalty for guessing, so if you don't know an answer, go ahead and guess."
- **Use process of elimination.** "Crossing out choices really helps when you get that feeling that you might need to guess. Every time you confidently eliminate an option, your chance of selecting the correct answer out of the remaining options is higher. Even if you have no idea how to answer a question, try to eliminate any obviously wrong choices – then guess from the remaining ones."
- **Cover up the choices.** "I always try to come up with an answer on my own before I even look at the choices. This helps me make sure that I don't get distracted by choices that look good before I have a chance to figure it out myself."
- **Pace yourself.** "It can be hard to get through each section in the limited time that you have, much less get the right answers and double check! Skip questions that are going to take longer and come back to them if you have time. Don't spend more than 15 minutes on any question on your first pass through."
- **Trust yourself.** "When I was taking practice tests, I had no problem getting the sections done in time, but then I'd spend the extra minutes reviewing and second-guessing my first answers. I found I often would switch from the right answer to a wrong one just because I doubted myself!"
- **Bubble in batches.** "I use a system that helps me avoid accidentally bubbling in the wrong answers. I complete five questions (circling my answer choices on the test itself), and then I bubble the answers in on the answer sheet. I think it also saves time. It's inefficient to bubble in answers after every question - think of all that hand movement! But don't wait until the end of the test to bubble in everything, or you might panic – or even run out of time before you have a chance to enter all your answers!"
- **Use any extra time wisely.** "If you find yourself with extra time at the end of a section, make good use of it. No, it isn't fun to re-read all of those questions, but you'll be so glad if you catch any mistakes. The same goes for the answer grid - make sure your answer choices are in the right bubbles!"

#### HFU Workshops for Parents

- **College Connections: Finances & Cool Summer Programs**

Thursday, March 8, 7 p.m.  
South Building Room E1

Parents, bring your freshmen and sophomores to discover how to utilize summer to boost academics and expand extracurricular involvement through a variety of summer college programs. Financial considerations and scholarship possibilities will be discussed.

- **Senioritis 101: Successfully Navigating the Final Semester of Senior Year**

Wednesday, March 21, 7 p.m.  
South Building Room E1

The final weeks of high school can be extremely stressful for both seniors and their parents. Keeping students motivated and having a clear understanding of expectations can help make the end of your senior's high school career leading up to graduation an enjoyable, memorable experience for the whole family. In addition to learning about expectations and important events, Attorney James P. Bartley will discuss safety issues and parental liabilities. Seniors are encouraged to attend with their parents.

- **Welcome to H-F!**

Tuesday, April 24, 6:30 p.m.  
South Gym

H-F warmly welcomes its Class of 2022 students and parents. Together, you will enjoy a tour of campus and engage with a panel of students, teachers and parents who will discuss the H-F experience. Throughout the evening, you will learn tips and tools for high school success and get your questions answered so your student can start off freshman year with confidence.



Hundreds of vocations will be on display at the 16th Annual Career Fair, which will be held in the North Building Fieldhouse on Monday, March 12. Students will have the opportunity to walk through the Fieldhouse during their PE, Health or Driver Education class to speak with professionals from a variety of careers, including doctors, reporters, lawyers, engineers, architects, social workers, dentists, bankers, photographers and government officials. Students are expected to speak with at least three exhibitors to get their questions asked about future careers. The day is rewarding for exhibitors as well, as they provide inspiration to students and promote their vocations to the next generation. Exhibitors are treated to breakfast and lunch, and they receive a special thank you gift from the HFPA. For more details about the event — or if you are interested in being an exhibitor this year — please contact **Paula Lueder** at 708-335-5605 or [plueder@hf233.org](mailto:plueder@hf233.org).

### Community Coffees

#### Meetings with H-F Superintendent & Staff

Would you like more direct information about H-F High School? Would you like more opportunities to speak with school leaders in person? H-F is pleased to announce the schedule for its **Community Coffees**, dedicated meetings designed to link community members to the school's administrators and board members, when available. Meetings are informal, and will be open to all who may be interested in discussing general issues and questions about H-F High School. Upcoming dates and times are:

- Wednesday, March 14, from 8-9 a.m. in the South District Conference Room
- Wednesday, April 11, from 8-9 a.m. in the South District Conference Room
- Wednesday, April 25, from 6-7 p.m. in the TLC (*Edda Literary Showcase follows at 6:30 p.m.*)



## Summer Driver Education

### Registration opens March 13 & 14

**H**omewood-Flossmoor annually offers a summer program that teaches the rules of the road to students of School District 233. This year the program will run Mondays through Fridays from June 4-28.

Registration for students who have completed the classroom training and only need **Behind-the-Wheel** training will be held on Tuesday, March 13, from 3:30-5 p.m. in the school's South Building Cafeteria. Behind-the-wheel fee is \$100.

Registration for **Driver Education Behind-the-Wheel & Classroom** will be held on Wednesday, March 14, from 3:30-5 p.m. in the school's South Building Cafeteria. This registration is for students who need both the classroom portion and behind-the-wheel training this summer. Behind-the-wheel fee is \$100; classroom fee is \$75.

For both programs, students must be age 16 before Nov. 1, 2018, and must be residents of District 233. Driving time slots are limited, so participants are registered on a first-come, first-served basis. Payment is due in full at the time of registration and can be made by cash, check, credit card or money order made out to **HFHS**. For more information, please contact the PE, Health & Driver Education Office at 708-335-5335.

### Summer School Registration Continues

Registration began in January and will continue until April 13 for general **Summer School** courses. Summer School Semester 1 will run June 11-29; Semester 2 will run July 2-20 (no classes on July 4). The fee is \$175/semester. Current students can also now sign up for **Summer Gateway** courses — intensive, 3-day classes offered as preparation for classes held during the school year. Sessions are from 8 a.m.-12:50 p.m. on July 25-27 and/or July 30-Aug. 1. The fee is \$50 per course. For a full list of courses, policies and registration forms, please visit: [www.hfhighschool.org/academics/summer-school](http://www.hfhighschool.org/academics/summer-school).

Questions? Please contact Paula Lueder at 708-335-5605 or [plueder@hf233.org](mailto:plueder@hf233.org).



### Summer Sports Camp

#### Registration to begin in March

H-F Summer Sports Camps are designed to provide the student-athletes in our community with a foundation of fundamental skills, knowledge, character and leadership development and love for athletics. To register and for fee information, visit [hf8to18.com/accounts/login](http://hf8to18.com/accounts/login) and click "Browse Camps at Homewood-Flossmoor." Camp registration will open in mid-March. For more information, please contact the Athletic Department at 708-335-5004.



Are you receiving your weekly H-F FYI?

Just send your email address by text message:

Text **HFHIGH SCHOOL** to **22828** to get started.



Message and data rates may apply.

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Call 866-975-9655  
if you have any questions



# MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1  Music in Our Schools Concert 7:30 p.m. MA	2 PLC Day - No 1st period	3	
	4	5  Pulaski Day (School closed)  Boys Volleyball Tryouts 9 a.m.-Noon NG & SG	6  Winter Athletic Awards Night 7 p.m. MA	7  HFPA Meeting 6 p.m. TLC	8  HFU Workshop: College Connections 7 p.m. E1	9	10
	11	12  Career Fair 8:30 a.m.-3 p.m. FH	13  Honors Recital Auditions 3:30 p.m. MA  Behind-the-Wheel Summer Registration 3:30-5p.m. SC  H-F Foundation Meeting 5:30 p.m. SDCR	14  Community Coffee 8-9 a.m. SDCR  Driver Education & Behind-the-Wheel Summer Registration 3:30-5p.m. SC  Contest Play/GI Public Performances 7 p.m. MA	15  End of 3rd Quarter  National Spanish Exam 8:30 a.m. LL	16  Institute Day (No classes)	17
	18  Symphonic Band & Wind Ensemble Concert 2 p.m. MA  Viking Orchestra Spring Concert 4 p.m. MA	19	20  Student of the Quarter Breakfast 7:30 a.m. TLC  District 233 Board of Education Meeting 7:30 p.m. HFL  Viking Choir Spring Concert 7:30 p.m. MA	21  HFU Workshop: Senioritis 101 7 p.m. E1	22	23	24
25	26	27	28	29	30  Good Friday - Offices Closed -	31	
<div>S P R I N G R E C E S S</div> <div>No classes / Office hours: 8 a.m.-3:30 p.m.</div>							

E1 - South Building Room E1 • FH - Fieldhouse • HFL - H-F Library • LL - World Language Labs • MA - Mall Auditorium • NC - North Building Cafeteria  
NG - North Building Gym • SB - South Building • SC - South Building Cafeteria • SDCR - South District Conference Room • SG - South Building Gym • TLC - Teaching & Learning Center



# APRIL 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>SPRING RECESS</b> No classes / Office hours: 8 a.m.-3:30 p.m.	3 <i>Classes Resume</i> <b>Orchestra Auditions Begin</b> 7:30 a.m.-3 p.m. M2 <b>Viking Choir Auditions Begin</b> 3:15-10 p.m. M1 <b>District 233 Board of Education Meeting</b> 7:30 p.m. HFL <i>Prom Tickets on Sale!</i>	4 <b>HFLA Meeting</b> 6 p.m. TLC	5 <b>Band Concert Auditions</b> 3:15 p.m. SB	6 <b>PLC Day - No 1st period</b>	7 <b>Operation Snowflurry for Grades 5 &amp; 6</b> 6 a.m.-3 p.m. SB
8	9 <b>Songtime Concert</b> 7:30 p.m. MA	10 <b>SCHOOL TEST DAY</b> 1:20 p.m. Dismissal <b>H-F Foundation Meeting</b> 5:30 p.m. SDCR	11 <b>Community Coffee</b> 8-9 a.m. SDCR <b>Music Department Honors Recital</b> 1:30-3 p.m. MA <b>Guitar Showcase</b> 7 p.m. MA	12 <b>Mu Alpha Theta Induction</b> 4 p.m. SC	13	14
15	16	17 <b>District 233 Board of Education Meeting</b> 7:30 p.m. HFL	18	19 <b>PLC Day - No 1st period</b>	20	21
22	23 <b>National Honor Society Induction Ceremony</b> 7:30 p.m. MA	24 <b>Drum Major Auditions</b> 3:15-6 p.m. M3 <b>HFU Workshop: Class of 2022, Welcome to H-F!</b> 6:30 p.m. SG	25 <b>Community Coffee</b> 6-7 p.m. TLC <b>Edda Literary Magazine Showcase</b> 6:30 p.m. E1	26 <b>Spanish National Honor Society Induction</b> 3:15 p.m. NC	27	28
29	30					