

2nd Annual IHC Booster Club Fall Family Fun & Run

Saturday, September 23, 2017

IHC High School

5K (3.1 MILE) (TIMED) *Rain or Shine!*

WHEN:

September 23rd, 2017 (Saturday)

- Registration Check In @ 8:00am
- 5K Race Start: 9:00am
- Family Fun Run: 9:15 am

WHERE:

- IHC High School Watertown, NY

OTHER EVENTS

- Music
- Kids activities
- Chicken BBQ (\$9.00)
- IHC vs. WHS Soccer Game @ 11am

NOTE:

All 5K and Fun run participants must complete and sign an acknowledgement of risk and accident waiver/ release of liability prior to the race (see back of this form).

Mail completed sign up form and waiver to :
IHC Schools
Attn: Booster Club 5k
1316 Ives St
Watertown NY 13601

ENTRY FEES



5K PRE-REGISTRATION (ENDS SEPT 15)

5K: \$20.00 (Includes shirt)

DAY OF RACE

5K \$25.00

1.5 mi fun run/walk:

6 and under: Free

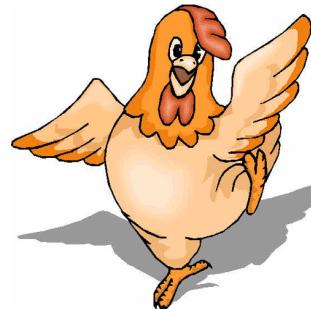
Students: \$5.00

Adults: \$8.00

Family \$12.00

PACKET PICK UP & LATE REGISTRATION

8:00 AM– 8:45 AM at IHC
High School



PROCEEDS WILL BENEFIT

IHC BOOSTER CLUB

Fall Family Fun & Run SIGN UP & WAIVER

Please complete one waiver for each participant

Saturday, September 23, 2017
IHC High School

ENTRY FORM

First Name: _____ Last Name: _____
DOB: _____ Street Address: _____

City: _____ State/Zip: _____
Phone: _____ E-mail: _____
Emergency Contact: _____

PRE-REGISTRATION (Includes T-shirt) Please mark down size:

5K (timed) \$20 T-shirt size: _____

DAY OF RACE: (T-shirt NOT included. Available by Pre-order only)

- 5K (timed) \$25
- 5K Family \$50
- 1.5 Mi Fun Run (6 and under) Free
- 1.5 Mi Fun Run (Student rate) : \$5
- 1.5 Mi Fun Run (Adult rate) \$8
- 1.5 Mi Fun Run (Family rate) \$12

MALE / FEMALE
GENDER (CIRCLE ONE)

ACKNOWLEDGEMENT OF RISK ACCIDENT WAIVER AND RELEASE OF LIABILITY

Waiver: In consideration of this entry being accepted, I, the participant, intend to be legally bound and hereby waive, release or discharge any and all rights and claims for all damages or injuries that I may have against the Event organizers, IHC schools, the City of Watertown, and all volunteers, sponsors and their representatives and employees from any and all liability to myself, my personal representatives and all loss or damages, and any claim of damage therefore on account of my participation in this event whether caused by the negligence of the releases or otherwise.

This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

I am aware of and assume all risks associated with this event, including but not limited to falls, contact with other race participants, and the effect of weather, traffic and road conditions. I understand that the entry fee is non-refundable and non-transferable. I permit the use of my name and pictures in broadcast, telecasts, newspapers, brochures, and/or other promotional materials.

I have read this Waiver and Release of Liability and Assumption of Risk Agreement, fully understand its terms, understand that I have given up substantial rights by signing it, am aware of its legal consequences, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend by signature to be complete and unconditional releases of all liability of releases to the greatest extent allowed by law.

Participants Name (printed) : _____ Date: _____

ParticipantS Signature:

(Parent/Guardian Signature if participant under 18 years of age.)

PAID:

Cash: \$ _____

Check: \$ _____

Please make checks payable
to IHC Booster Club

SHIRTS AVAILABLE VIA PRE-ORDER USING THIS FORM (\$10.00)

**(5K PRE-REGISTRATION INCLUDES T-
SHIRT)**

- Small Qty _____
- Medium Qty: _____
- Large Qty: _____
- X-Large Qty: _____
- 2X-Large Qty: _____

AWARDS- 10AM

Top 3 Male/Female

COURSE

Start and finish at IHC
High school. 5K will be
timed.

SHIRTS/REFRESHMENTS

All PRE-registered 5K run
participants will receive a
race t-shirt.

**There will be a CHICKEN
BARBECUE available for
\$9.00 directly following
the race / fun run**

