

# *2nd Annual IHC Booster Club*

## **Fall Family Fun & Run**

**Saturday, September 23, 2017**

**IHC High School**

**5K (3.1 MILE) (TIMED)**     *Rain or Shine!*

### **WHEN:**

**September 23<sup>rd</sup>, 2017 (Saturday)**

- Registration Check In @ 8:00am
- 5K Race Start: 9:00am
- Family Fun Run: 9:15 am

### **WHERE:**

- IHC High School Watertown, NY

### **OTHER EVENTS**

- Music
- Kids activities
- Chicken BBQ (\$9.00)
- IHC vs. WHS Soccer Game @ 11am

### **NOTE:**

All 5K and Fun run participants must complete and sign an acknowledgement of risk and accident waiver/ release of liability prior to the race (see back of this form).

**Mail completed sign up form and waiver to :**

**IHC Schools**

**Attn: Booster Club 5k**

**1316 Ives St**

**Watertown NY 13601**

### **ENTRY FEES**



### **5K PRE-REGISTRATION (ENDS SEPT 15)**

**5K:** \$20.00 (Includes shirt)

### **DAY OF RACE**

**5K** \$25.00

**1.5 mi fun run/walk:**

6 and under: Free

Students: \$5.00

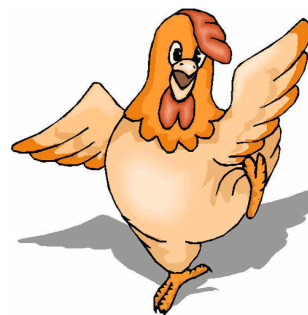
Adults: \$8.00

Family \$12.00

### **PACKET PICK UP & LATE REGISTRATION**

8:00 AM– 8:45 AM at IHC

High School



### **PROCEEDS WILL BENEFIT**

**IHC BOOSTER CLUB**

# Fall Family Fun & Run SIGN UP & WAIVER

Please complete one waiver for each participant

**Saturday, September 23, 2017**  
**IHC High School**

## ENTRY FORM

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
DOB: \_\_\_\_\_ Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_

### PRE-REGISTRATION (Includes T-shirt) Please mark down size:

☐ 5K (timed) \$20 T-shirt size: \_\_\_\_\_

### DAY OF RACE: (T-shirt NOT included. Available by Pre-order only)

- ☐ 5K (timed) \$25
- ☐ 5K Family \$50
- ☐ 1.5 Mi Fun Run (6 and under) Free
- ☐ 1.5 Mi Fun Run (Student rate) : \$5
- ☐ 1.5 Mi Fun Run (Adult rate) \$8
- ☐ 1.5 Mi Fun Run (Family rate) \$12

**MALE / FEMALE**  
**GENDER (CIRCLE ONE)**

### ACKNOWLEDGEMENT OF RISK ACCIDENT WAIVER AND RELEASE OF LIABILITY

**Waiver:** In consideration of this entry being accepted, I, the participant, intend to be legally bound and hereby waive, release or discharge any and all rights and claims for all damages or injuries that I may have against the Event organizers, IHC schools, the City of Watertown, and all volunteers, sponsors and their representatives and employees from any and all liability to myself, my personal representatives and all loss or damages, and any claim of damage therefore on account of my participation in this event whether caused by the negligence of the releases or otherwise.

This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

I am aware of and assume all risks associated with this event, including but not limited to falls, contact with other race participants, and the effect of weather, traffic and road conditions. I understand that the entry fee is non-refundable and non-transferable. I permit the use of my name and pictures in broadcast, telecasts, newspapers, brochures, and/or other promotional materials.

I have read this Waiver and Release of Liability and Assumption of Risk Agreement, fully understand it's terms, understand that I have given up substantial rights by signing it, am aware of it's legal consequences, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend by signature to be complete and unconditional releases of all liability of releases to the greatest extent allowed by law.

Participants Name (printed) : \_\_\_\_\_ Date: \_\_\_\_\_

ParticipantS Signature: \_\_\_\_\_

(Parent/Guardian Signature if participant under 18 years of age.)

**PAID:**

**Cash: \$** \_\_\_\_\_

**Check: \$** \_\_\_\_\_

Please make checks payable  
to IHC Booster Club

## SHIRTS AVAILABLE VIA PRE-ORDER USING THIS FORM (\$10.00)

**(5K PRE-REGISTRATION INCLUDES T-SHIRT)**

- |                                   |            |
|-----------------------------------|------------|
| <input type="checkbox"/> Small    | Qty: _____ |
| <input type="checkbox"/> Medium   | Qty: _____ |
| <input type="checkbox"/> Large    | Qty: _____ |
| <input type="checkbox"/> X-Large  | Qty: _____ |
| <input type="checkbox"/> 2X-Large | Qty: _____ |

## AWARDS- 10AM

Top 3 Male/Female

## COURSE

Start and finish at IHC  
High school. 5K will be  
timed.

## SHIRTS/REFRESHMENTS

All PRE-registered 5K run  
participants will receive a  
race t-shirt.

**There will be a CHICKEN  
BARBEQUE available for  
\$9.00 directly following  
the race / fun run**

