

St. George Orthodox Cathedral Bulletin - October 17, 2018 - Published Weekly
St. George Orthodox Cathedral, 30 Anna Street, Worcester, MA 01604



St. George Antiochian Orthodox Cathedral

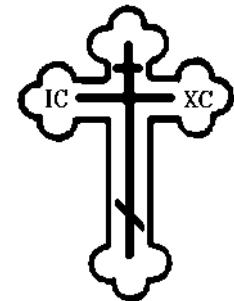
His Eminence Metropolitan JOSEPH, Archbishop of
New York and Metropolitan of all North America

His Grace, Bishop JOHN, Auxiliary Bishop of the
Diocese of Worcester and New England

Rev. Fr. Milad Selim, Dean

Rev. Fr. Seraphim Solof, Assistant Pastor

Rev. Dn. Anthony Payne



We are happy to welcome visitors to the Orthodox Church. We are blessed by your presence. Because the Orthodox Church understands communion to be the union of its membership, only those Orthodox Christians who have prepared properly should approach the chalice for communion. Those who belong to other "communions", but would like to come into the Orthodox Church, should speak to one of our clergy to begin preparation. Thank you for your respect and understanding.

Office

Open: Mon.—Thurs. 9AM to 2PM
30 Anna Street

Worcester, MA 01604

Telephone: (508) 752-9150

Fax: (508) 753-5623

E-mail: stgeorgeworc@gmail.com

Web page: www.stgeorgeworcester.org

Pastor's Contact

fr.milad.selim@gmail.com

Hall Rental Information

The Hall at St. George: 508-752-9150

TONE: 4

EOTHINON: 10

VESPERS: 5 PM

CHURCH SCHOOL: 9 AM

MATINS: 9 AM

CONFESION: 9:15-9:45 AM

DIVINE LITURGY: 10 AM

Sunday October 21, 2018

Captain: Zachary El-Dahr

Gregory Hurter, Benjamin Degon, Alexander Samra, Alex Houssan, Michael Houssan, Nathaniel Schmidt, Soumar Bachawaty.

Come to the Altar **NO LATER** than 10:00AM for the start of Liturgy.

Please dress appropriately including dress shoes and tie.

The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

RESURRECTIONAL APOLYTIKION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF ST. HILARION THE GREAT IN TONE EIGHT

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father Hilarion, intercede with Christ God to save our souls.

ORDINARY KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Announcements

42ND ANNUAL BAZAAR & FOOD FAIR: St. George Antiochian Orthodox Church of Boston is proud to announce their 42nd Annual Bazaar & Food Fair to be held at their community center located at 55 Emmondsdale Road, West Roxbury, MA, on Friday and Saturday, October 19th and 20th from 10AM to 9PM and Sunday, October 21st from 12PM to 3PM – ***FREE ADMISSION/WHEELCHAIR ACCESSIBLE*** For more info., please call the church at (617) 327-6500. Proceeds to benefit church projects!

Balamand Education Foundation: "A celebration of Education"

You are invited to attend an evening of celebration to mark the 30th anniversary of the University of Balamand and the Foundation's decade of granting scholarships to in-need students! On Saturday, October 27th at Doubletree Hilton Ballroom in Westborough, MA. The reception will begin at 6PM, followed by dinner, program, and Middle Eastern music at 7PM. Special guest speaker: His Eminence, Metropolitan JOSEPH. Cocktail attire. Tickets are \$200 per person. Please RSVP by October 12th. For more info. please visit: www.balamandeducationalfoundation.org Questions can be answered by Laila Kobrossy Audi at (315) 289-2427 or Laila.kobrossy@balamandeducationalfoundation.org

Metropolitan JOSEPH'S Visit: Our Cathedral welcomes His eminence, Metropolitan JOSEPH Archbishop of New York and Metropolitan of All North America on October 28th! Join us for Liturgy in celebration with His Grace, Bishop JOHN and our community. A delicious full course luncheon will follow the Hierarchical Divine Liturgy. All parishioners are welcomed! Purchase your tickets today by calling our Cathedral Office at (508) 752-9150. **\$20 for adults and free for all church school age kids.**

Men's Club: Our next meeting will take place at Holy Trinity Nursing Home on Thursday, October 25th from 6:00PM-8:00PM. The **Nomination of offices** will take place at our October 25th meeting. We will have our **election of offices** at our following meeting on November 29th at 6:00PM. Please attend and share your input to help us continue our success. Call Dan Abraham: (508) 963-4012 or Joseph Houssan.

The Council of Eastern Orthodox Churches of Central Massachusetts: Will hold a General Assembly meeting on Wednesday, November 7th, 2018. The meeting will be held at Holy Trinity Nursing & Rehab Center in Worcester. The meeting will begin at 6:30PM in the first floor dining room with an opening prayer. If you would like to be a voting delegate (5 per parish), please contact Fr. Milad.

Come on in and shop at the St. Nicholas Gift Shop:

Great gifts for all occasions: Baptism, Birthday, Name Day, Graduation, Engagement and much more at great prices! Please stop by and see us. Gift Certificates available.

Credit/Debit cards accepted.



Women's Club: Elections for two year terms: January 2019 - December 2020: If you are interested in any office, - President, Vice President, Treasurer, Secretaries (Recording, Financial or Corresponding) - , contact Lorice at lorices@yahoo.com, see her at coffee hours, or call (508) 853-9584.

— **Elections will be held during our December meeting.**

The Spiritual Brew: Elevating our understanding of the Christian Orthodox faith and providing everyone with spiritual uplifting topics. This will be a monthly gathering on Sundays during our Coffee Hour from 12:00PM to 1:00PM. Parishioners will have the opportunity to ask questions following the presentations. Our next topics:

November 4th Spiritual Laziness: Our Struggle to Maintain a Strong Bond

December 9th Sexuality: Understanding and Sharing the Teachings of our Church

January 6th Loneliness: My Sins or the Sins of Others?

Winter Family Camp at Antiochian Village: Winter Family Camp is a program that is the same as our summer Family Camp – except it's during the winter! It is an opportunity for your family to get away from everyday life and take a weekend as a family to grow closer to Christ, in the beautiful setting of the Antiochian Village Camp. Winter Camp offers a mini-vacation without maps, lines for popcorn, or decisions over where to eat. Our flexible schedule gives you the choice of "doing it all" from snow tubing to sledding, or just taking it easy sitting around our fireplace. Camp will take place on Martin Luther King Jr. Weekend – (January 18 – 21, 2019). **Registration is now open!** Visit avcamp.org to register and to check out the camp's schedule, packing list and more!

Antiochian Village Camp Fundraising: Please join us for our first Bake Sale benefiting our campers on November 18th. We will have our traditional Manakeesh (zaater & sesame), meat pies, tabbouli, kebbe and more...

Teen SOYO: Our teens will have a movie night and pizza on October 24th at Fr. Milad's house at 6:30PM. For more information, please contact Robert Wehbe at N00631839@unf.edu

Holy Trinity: Come and Join the fun!

On **Monday, October 22nd** at 2:00PM, the "Honky Tonk Piano Man", Gary Landgren, will be making an appearance. Everyone is invited! There will be a Craft Fair & Bake Sale on **Saturday, October 27th** from 10:00 AM- 3:30PM. Homemade baked goods are greatly appreciated! All proceeds go to the Alzheimer's Association.

— *Questions?* Call Dana Spinney at Holy Trinity at (508) 852-1000.

On **Wednesday, October 31st**, at 2:00PM there will be a Halloween Party in the Main Dining Room. Music will be provided by Joe Cariglia. Feel free to come to the event!



Join us for Liturgy

in celebration with His Grace, Bishop JOHN and our community. Delicious full course luncheon follows Hierarchical Divine Liturgy... All parishioners welcomed.

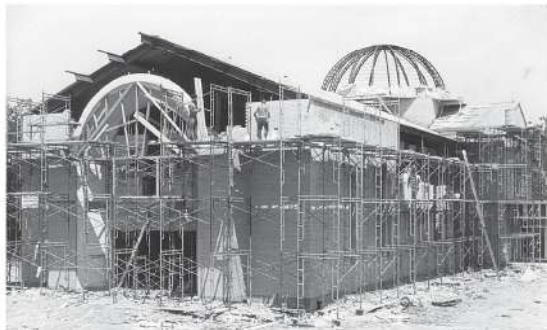
Reservations in advance with payment by October 24th, 2018. 508-752-9150 or www.stgeorgeworcester.org.

Menu

Chicken Cordon Bleu served with Green Beans over Rice Pilaf, Salad with Lemon Mint Dressing

Children's: Chicken Fingers w/ French Fries.
Dessert to Follow.

\$20.00 for Adult | Free for all Sunday School age kids



We will Celebrate

Can you believe it has been 50 years since the Cathedral's construction began in 1968? On view will be a photo montage of our 25th Anniversary Celebration of Our Parish.

Our 50th Anniversary of the consecration of the Cathedral will be in 2020.

TRISAGION PRAYERS AND HOLY KURBAN IN LOVING MEMORY OF:

- Our dear Aunt Elizabeth Boosahda, 1 year, memory eternal, from Sandie and Fred Burgoyne and family

PRAYERS OF OBLATION IN LOVING MEMORY OF:

- My beloved friend, Mabel MacKoul-Assad, from Lynn (Abodeely) LaMotte
- Mabel MacKoul from Ron & Aileen Abraham
- Steven Therrien from the Men's Club
- Freda Dadah, Leo and Emily Boosahda, George and Dorothy Burgoyne, and the deceased members of the Boosahda and Swide families, from Sandie and Fred Burgoyne and family
- Our beloved Mary (Hanash) Nasrah, Marie (Touma) Abdelmaseh and Albert Abdelmaseh from Camille, Melissa and Andre Nasrah
- Steven J. Therrien from Camille Nasrah

PRAYERS OF OBLATION FOR THE HEALTH OF:

- Salwa El Maalouf from Michael, Ellen & Alex Samra
- George El Houssan, on the occasion of his birthday, God grant you many Years. Love always, Christine, Andre, Julianna & Romanda
- Zahara Rose Finley, Jennifer Gardner & Rose Milhem from Patricia Milhem, God Bless you all
- Fred Burgoyne, God grant you a speedy recovery. Love Sandie, Andrew, Becky, Connor, Avery, Amanda, Sonny and Evelyn

Coffee Hour: Sponsored today in loving memory of Elizabeth Boosahda, 1 year, from Sandie and Fred Burgoyne and family.

Sponsor Coffee Hour...

If you would like to sponsor coffee hour, we have some Sundays available! To sponsor our coffee hour, please contact the Cathedral Office at (508) 752-9150 or email us, stgeorgeworc@gmail.com to make your reservation! Any questions will be answered by the Office Manager.



THE EVANGELISTS: BEARERS OF GOOD NEWS

The four icons that grace our bulletin are the “Evangelists” – Saints Matthew, Mark, Luke and John. The blessed news they brought to humanity are the four Gospels which bear their names and form the first part of the New Testament.

The Church exhibits great honor for the inspired Gospels. The Book is placed in the center of the Altar, it is chanted at every Liturgy, the faithful stand in reverence as it is proclaimed, lit candles are held to indicate the enlightenment of the lessons, it is kissed in reverence and it is bound with precious metals and stones. All this – because it is the **Word of God**, because it contains Christ’s own teachings written by those who heard Him.

Three of the Gospels are called “*synoptic*,” because they record the life, work, death and resurrection of Christ in similar passages. But the Gospel of St. John is different – it has been called the Spiritual Gospel because of its profound teachings of the Person of Christ. Much of this work is devoted to the last days of our Lord’s life.

All four Gospels were compiled before the end of the first century, John’s having been recorded last, about the year 90. The oldest existing copy of the New Testament is a parchment manuscript of the fourth century preserved at the Monastery of St. Catherine on Mount Sinai.

Throughout the centuries, the Gospels have been bringing the Good News of salvation in Christ, and continue to do so. May we be attentive as the Word of God is read and preached in our churches.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

Orthodox Christian Witness Program:

Spiritual Pilgrimage

Fall 2018-Spring 2019

Antiochian Orthodox Christian Diocese of Worcester and New England



Participants

Clergy, chaplains, laity, counselors, therapists, physicians, parents, and Christian educators.

Program Requirements

Two years (4 semesters, 8 units total) with one Round Table Unit and one Practicum Unit each semester.

Certificate of Completion

Granted to participants completing the entire program.

Registration Fee

Suggested \$100 per each unit (includes materials and refreshments; lunch/dinner are not included).

Purpose

This program and journey is an opportunity for anyone interested to learn, to reflect, and to be transformed through the Orthodox Christian Faith in preparation for various ministries.

Goals

This spiritual pilgrimage is an interdisciplinary approach to create a cadre of leaders in the church. It is aimed to empower and equip Orthodox Christians to nourish and share the faith in 21st century by:

- *Offering frameworks and models of encountering God.*
- *Offering frameworks and tools in order to enhance and facilitate inner spiritual growth.*
- *Using Orthodox Christian theology and contemporary perspectives to encounter God.*
- *Gaining insights and methods to witness and to share the faith.*
- *Enhancing leadership skills in order to contribute effectively in parish ministry and to the world at large.*

UNITS

1. The Sacraments and the Liturgy
2. Growing in Christ - Healthy Attachments and Detachments
3. Parables and the Scripture
4. Christian Hospitality - True Self and the Inner Kingdom
5. Relationships within the Body of Christ
6. Walking the Walk - Mentorship
7. The Life of the Spirit - What is God doing in our Lives
8. Free Will and Christian Choice

Program Interdisciplinary Leadership Team

Bishop John of Worcester and New England, D. Min. in Pastoral Care, Antiochian House of Study Instructor of Priestly Formation and Pastoral Care.

Archpriest Antony Hughes, M.Div., Pastor St. Mary Orthodox Church Cambridge MA, prison Chaplain, post graduate studies in Counseling and Pastoral Care, Internal Family System (IFS) Level 1.

Ioana Popa MD, Psychiatrist, Certified Internal Family System IFS Therapist, Level 1,2,3, Life and Organizational Leadership Coach, Counselor Hellenic College Holy Cross, Brookline MA, pursuing a Master in Theological Studies.

Richard J. Robbat Ph.D. Curriculum & Instruction, Superintendent of Schools, Teacher, Antiochian Archdiocese Departments of Lay Ministry and Stewardship.

Sebastien Falardeau, PhD candidate in Theology, Chaplain Franciscan Children's Hospital, Master in Theology, Master in Practical Theology (Spiritual Care), Internal Family System (IFS) Level 1.

Upcoming Dates - Semester I, Fall 2018

Round Table Unit 1: Thursdays 7pm-9pm – Sept. 13, 20, 27; Oct 4, 11, 18, 25; Nov. 1, 15, 29.

Practicum Unit 2: Saturdays 9:30am-5:30pm – Oct. 20, Nov. 17, Dec 1.

For questions please email at popalifecoach@gmail.com or call at 617-455-7192

See Pamphlet for more details and for Registration Form



St. George Church Bazaar & Food Fair

OCTOBER 19 * 20 * 21

Fri. & Sat. 10-9, Sun. 12-3

55 Emmondsdale Road • West Roxbury • 617 327-6500

Admission is FREE!

Authentic Middle Eastern Cuisine & Pastries

American Foods & Baked Goods

Country Store

Handmade Holiday and Craft Items

Photo Booth

Halloween Table • Galaxy Raffle

Toys • White Elephant Table • and Much More!

Popcorn!

Fried Dough!

Ice Cream!

Kids Corner!

Family Fun!



A Celebration of Education



You are invited to attend
“An Evening of Celebration”

To mark the 30th anniversary
of The University of Balamand and the Foundation's
decade of granting scholarships to in-need students

Saturday, October 27, 2018

Doubletree Hilton Ballroom
Westborough, Massachusetts

6:00pm Reception

7:00pm Dinner, Program & Middle Eastern Music

Cocktail Attire

Special Guest
His Eminence, Metropolitan JOSEPH

Antiochian Orthodox Christian Archdiocese of North America

For more information on
The Balamand Educational Foundation,
please visit **www.balamandeducationalfoundation.org**

Purchase Tickets

Please RSVP by October 12

Laila.Kobrossy.Audi at 315.289.2427

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

e-mail _____ Parish _____

Individual tickets (\$200 each)

Number of Tickets _____

Total _____

PAY BY CREDIT CARD

MasterCard Visa AMEX Discover (please circle)

Name on card _____

Card number _____

Exp. _____ CSC _____

Signature _____

CHECK ENCLOSED

Please make check payable to The Balamand Educational Foundation

Program Book

Please check the amount of your donation and complete the information below.

Full Page (b&w) \$1,000.00

1/2 Page (b&w) \$500.00

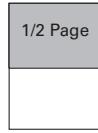
1/4 Page (b&w) \$250.00

Friends of Balamand (Listing) \$100.00

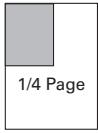
Total _____



Size:
5.5" x 8.5"



Size:
5.5" x 4.25"



Size:
2.75" x 4.25"

Contact Info:

Laila.kobrossy@balamandeducationalfoundation.org

The Balamand Educational Foundation, Inc.

510 North Manlius Street

Fayetteville, NY 13066

Seated at our table will be the following:

(The Foundation will use vacant seats for other guests. We are seating eight to ten guests per table.)

PAY BY CREDIT CARD.

MasterCard Visa AMEX Discover (please circle)

Name on card _____

Card number _____

Exp. _____ CSC _____

Signature _____

CHECK ENCLOSED.

Please make check payable to The Balamand Educational Foundation

Please send all artwork via email by OCTOBER 12 to:

Email: Laila.kobrossy@balamandeducationalfoundation.org

Please indicate how you would like your greeting, name, and information to appear in the program book.

Email artwork.

See information below.





ST. GEORGE

ORTHODOX CATHEDRAL
WORCESTER

Welcomes

His Eminence

Metropolitan JOSEPH

Archbishop of New York and
Metropolitan of All North America

October 28, 2018



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in celebration with His Grace, Bishop JOHN and our community. Delicious full course luncheon follows Hierarchical Divine Liturgy... All parishioners welcomed.

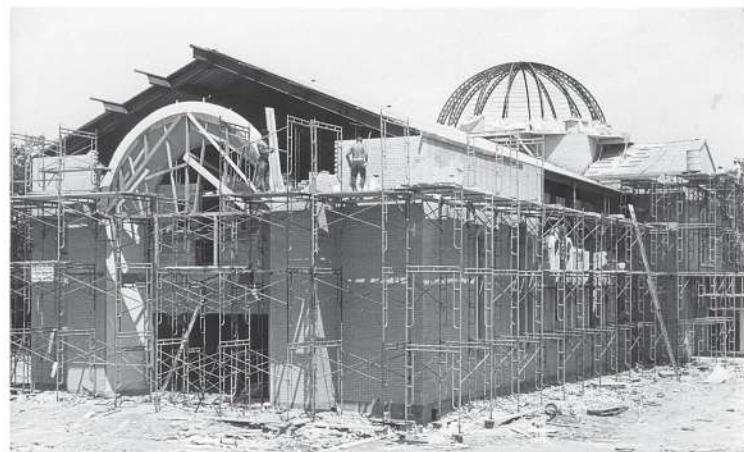
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Antiochian Village Camp Fundraising



*Please Join Us For our First
Bake Sale Benefiting our
Campers!*

*November 18, 2018
At St. George Orthodox Cathedral
30 Anna St, Worcester MA*

*We will have our traditional Manakeesh
(zaater & sesame), Meat pies, Tabbouli,
Kebbe and more ...*

ANTIOCHIAN VILLAGE

WINTER

family

CAMP



VISIT
AVCAMP.ORG
TO REGISTER

JANUARY
18-21, 2019

OPTIONAL
SNOWTUBING

PLANNING YOUR FAMILY'S YEAR

FACILITATED BY

Natalie Kapeluck Nixon

DIRECTOR FOR YOUTH & YOUNG ADULT
MINISTRY OF THE UKRAINIAN ORTHODOX CHURCH



October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 The Holy Protection of the Theotokos Golf Tournament and Dinner	2 Women's Club 6pm	3 	4 	5 Diocesan Family & Teen SOYO Camps	6 Diocesan Family & Teen SOYO Camps Vespers 5 pm
7 Parish-wide Spiritual Brew during coffee hour Church School: 9 am Orthros: 9 am Liturgy: 10 am	8 Columbus Day Parish Council Meeting 7 pm	9 	10 	11 	12 	13 No Vespers
14 Church School: 9 am Orthros: 9 am Liturgy: 10 am Woman's Club bake sale after Liturgy	15 	16 	17 	18 	19 	20 Vespers 5 pm
21 Church School: 9 am Orthros: 9 am Liturgy: 10 am	22 	23 	24 Teen SOYO movie night and pizza	25 Men's Club 6pm	26 	27 The Balamand Foundation Dinner Vespers 5 pm
28 Metropolitan JOSEPH's Visit & luncheon Church School: 9 am Orthros: 9 am Liturgy: 10 am	29 	30 	31 	1 	2 	3 Vespers 5 pm