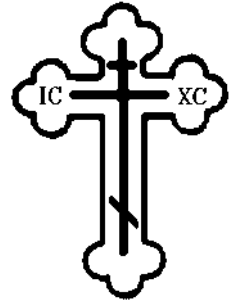


St. George Orthodox Cathedral Bulletin - May 24, 2017—Published Weekly  
St. George Orthodox Cathedral, 30 Anna Street, Worcester, MA 01604



## Saint George Orthodox Cathedral

Rev. Fr. Milad Selim, Dean  
Rev. Archdn. Seraphim Solof  
Rev. Dn. Anthony Payne



We are happy to welcome visitors to the Orthodox Church. We are blessed by your presence. Because the Orthodox Church understands communion to be the union of its membership, only those Orthodox Christians who have prepared properly should approach the chalice for communion. Those who belong to other “communions”, but would like to come into the Orthodox Church, should speak to one of our clergy to begin preparation. Thank you for your respect and understanding.

### Office

30 Anna Street  
Worcester, MA 01604  
Telephone: (508) 752-9150  
Fax: (508) 753-5623  
E-mail: [office@stgeorgeworcester.org](mailto:office@stgeorgeworcester.org)  
Web page: [www.stgeorgeworcester.org](http://www.stgeorgeworcester.org)

### Pastor's Contact

[fr.milad.selim@gmail.com](mailto:fr.milad.selim@gmail.com)

### Hall Rental Information

The Hall at St. George: 508-752-9150

TONE:	6
EOTHINON:	10
VESPERS:	5 PM
CHURCH SCHOOL:	SUMMER BREAK
MATINS:	9 AM
CONFESSION:	9:15-9:45 AM
DIVINE LITURGY:	10 AM

**Sunday May 28, 2017**

### **ALTAR SERVERS:**

All boys are eligible to serve during the summer months.

Come to the Altar **NO LATER** than 10:00AM for the start of Liturgy and see Dr. Wood.

**Please dress appropriately including dress shoes and tie.**

### **The Reading from the Acts of the Apostles (20:16-18, 28-36)**

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore, be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, 'It is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

### **The Reading from the Holy Gospel according to St. John (17:1-13)**

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ Whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made. I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves."

### **THE EISODIKON OF ORDINARY SUNDAYS**

Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

### **RESURRECTIONAL APOLYTIKION IN TONE SIX**

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb. And the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

### **APOLYTIKION OF THE ASCENSION IN TONE FOUR**

Thou hast ascended in glory, O Christ our God, and gladdened Thy Disciples with the promise of the Holy Spirit, making them confident through the blessing that Thou art the Son of God, and Deliverer of the world.

### **APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT**

Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

### **KONTAKION OF THE ASCENSION IN TONE SIX**

When Thou didst fulfill Thy dispensation for our sakes, uniting the terrestrials with the celestials, Thou didst ascend in glory, O Christ our God, inseparable in space, but constant without separation, and crying unto Thy beloved: I am with you, and no one shall be against you.



***St. Nicholas Gift Shop***  
***Be sure to visit our Gift Shop!***



**Great Graduation Gifts**



**We are accepting Credit Cards and Debit Cards**

**We have Gift Certificates Available**

We have Children's Games, Children's Books, Children's Coloring Books, Cook Books, Cards, Jewelry, Rings, Faberge Style Pendants, Crystal and Enamel Brooch, Sacramental Gifts, Icons, Gilded Icons, Oil Lamps, Home Censers, Incense, Wicks, Night Lights, Sun Catchers, Icon Magnets, Music CD's, Ceramics,

DVD'S, Wall Crosses, Books, Wind Chimes, Russian Wood Churches, Tapestries large and small, and **MUCH MORE AT REASONABLE PRICES!!!**

## **Announcements**

**Book Club:** We are reading "Father Arseny, 1893 - 1973" and there are copies available in the gift shop. Our group is led by Thomas Gosse, Page and Robert Coleman. The goal of this new ministry is to enrich the spiritual life of our parishioners through the reading of various spiritual books. 9 AM on Sundays.

**Parish Life Conference:** Be sure to register for this year's Parish Life Conference, hosted by our Cathedral. To learn more and register your family: [antiochianevents.com/worcester.html](http://antiochianevents.com/worcester.html)

**From Fr. Milad:** If you would like your home or business blessed, please contact me directly and I'll be more than happy to arrange a time that works with your family.

**Women's Club** - June Dinner Meeting [Tuesday June 6 at 6pm](#). Our Guest Speakers are Miriam Hyder & Amy Peterson on "The Women Behind Worcester" Reservations, please (\$10) - sign up at Coffee Hours, or to [pms@townisp.com](mailto:pms@townisp.com) or [508-769-8338](tel:508-769-8338).

**Adult Paint Night:** Thursday June 8 at 7-9 pm, painting a set of wine glasses, to benefit the Feed My Starving Children MobilePack event. \$25 per person- sign up required, please call the Cathedral office at (508) 752-9150 or email [stgeorgeworc@gmail.com](mailto:stgeorgeworc@gmail.com)

**Men's Club:** Our next Men's Club meeting will be on Thursday May 25, 2017 at 6pm, please come and join us. If you have any questions or for reservations, please call George at (774) 696-4174 or e-mail [georgeelhousan@verizon.net](mailto:georgeelhousan@verizon.net) or Bob Laham at (508) 667-4248 or e-mail [mensclub@laham.us](mailto:mensclub@laham.us)

**Charles M. Dowd Memorial Golf Tournament:** June 5, 2017: Only a few spots left to golf and we are looking for Sponsors! Please join us for the Middle Eastern Dinner on June 5th starting at 5:30 PM. We have an amazing meal prepared by our Men and Women, open bar and great raffle and silent auction items. Check out our Facebook page Charles M Dowd Memorial Golf Tournament.

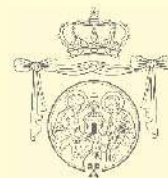
### **Vladimir S. Swydan Scholarship Foundation:**

The Foundation to date has awarded a total of 82 scholarships totaling \$41,000.00. The funds for the awards are wholly from the wonderful parishioners of St. George Antiochian Orthodox Cathedral. God Bless our parishioners.

**Holy Trinity's** Annual Fundraiser 11th Annual Food and Wine Fest, Thursday, October 19, 2017 5:30-8:30pm at St. George Orthodox Cathedral. Watch for details to follow! Check out Holy Trinity's Spring Newsletter at [htnr.net/blog](http://htnr.net/blog)



# 79th Annual Parish Life Conference



*My house will be called a house of prayer for all nations.*

—Mark 11:17

*All events will take place at*

Saint George  
Orthodox Cathedral  
30 Anna Street  
Worcester, MA 01604

Pre-Conference June 17, Conference June 23–25

Diocese of Worcester and New England

## PRE CONFERENCE

Saturday  
June 17

**8:00 am**  
Registration  
**8:30–9:30**  
Daily Orthros  
**9:30–11**  
Light Breakfast/  
Creative Arts Festival  
Judging  
**10:30 am–12:15 pm**  
Oratorical Festival  
**12:15–1:45**  
Luncheon  
**2–4**  
Women's Meeting  
Sunday School  
Teacher's Workshop  
**4–5**  
Great Vespers

## CONFERENCE

Friday  
June 23

**1–2:30 pm**  
Deanery meeting  
and luncheon  
**5–6**  
Vespers  
**7–10**  
Clergy & Clergy Wives  
Dinner & Retreat  
**6–7**  
Teen SOYO and Young  
Adult Meetings  
**7–11:30**  
Teen SOYO Baseball Game  
Group Outing  
**7–12**  
Young Adults Summer  
BBQ Bash

## CONFERENCE

Saturday  
June 24

**9 am**  
Registration  
**10–11:30**  
Hierarchical Divine Liturgy  
**11:30–1:30**  
Awards and General  
Assembly Lunch  
**1:45–2:30 pm**  
Keynote Speaker  
Conference Theme  
Father George Eber  
**2:45–3:45**  
Breakout Sessions/  
Workshops on Conference  
Theme  
**4–5**  
The Order of St Ignatius  
Meeting  
**4–6**  
Bible Bowl  
**6:15–7:15**  
Vespers /Winners  
of Oratorical  
**7:30 pm–1 am**  
Hafli Dinner Dance  
Music by Mitchell Kaltsounas  
American D.J.



## CONFERENCE

Sunday  
June 25

**9 am**  
Orthros  
**10**  
Hierarchical Divine Liturgy  
**12 pm**  
Brunch

## Hotels

For reservations  
to stay we have  
negotiated a group  
rate with Holiday  
Inn Express  
in downtown  
Worcester, mention  
the Archdiocese  
Parish Life  
Conference.  
844-571-4807

To  
Register

Visit  
[antiochianevents.com/worcester.html](http://antiochianevents.com/worcester.html)

### **PRAYERS OF OBLATION IN LOVING MEMORY OF:**

- Georgy Kaser, Mary Thekla, Aminah, Bazergy and Bachir and Muneer Tokatli from Linda Tokatli
- George Busada from Jean Debs
- Michael Doherty from Roy and Maureen Samra

### **PRAYERS OF OBLATION FOR THE HEALTH OF:**

- Tracy Casey and The Doherty Family from Roy and Maureen Samra
- Mr. Houssan and Mrs. Kourey for being wonderful role models to me this year love Alexa
- My great nephew, Allister Gardner, God bless you and keep you in His watchful, merciful and loving care, you sweet, sweet boy, love Auntie Patricia
- My nephew, Andrew Wood, on his birthday, may God grant him many happy and healthy years from Auntie Patty
- Matthew Dalke and Family from the Snook Family

**Coffee hour** is sponsored today by the Syrian Brotherhood.

**Vespers Divine Liturgy: Wednesday May 24 at 6pm is the Divine Liturgy for the Feast of the Ascension.**

### **The Ascension**

The Wednesday which follows the fifth Sunday after Easter is the day when, in liturgical terminology, we 'take leave' of the Easter Feast. We commemorate the last day of the physical presence of the risen Christ amongst His disciples; and to honor this presence, to honor the Resurrection once more, the Church on this Wednesday sings the hymns of Easter for the last time at the Divine Liturgy. And now we have come to the fortieth day after Easter, the Thursday on which the Church celebrates the feast of the Ascension. It is rare, if one has lived through the joy of Easter time sincerely, that one does not experience a sense of separation, of parting, a certain constriction of heart when the Ascension comes. Our joy, however, is in the fact that Jesus does not return to His Father in isolation. The Word made flesh, true God and true man, enters into the kingdom of heaven. Jesus brings into it the human nature which He had assumed. He opens the door of the kingdom to humanity. As if by proxy, we take possession of the benefits which are offered and made possible to us. "[God] hath raised us up together, and made us sit together in heavenly places in Christ Jesus." (Eph. 2:6) ***There are places destined for us in the kingdom, if we are faithful. Our presence is desired and awaited!***

**From Fr. Milad:** If you or a loved one are ill and would like a pastoral visit, please do not hesitate to contact me at any time.



**Blessing of the Graves on Monday May 29, 2017**

9:30 am Paxton

10:45 am Brotherhood

12:00 pm Altar at Hope

~ ~ OUR LORD HAS ASCENDED ~ ~

**W**ith the observance of the Ascension of Our Lord, we have come full circle with the life of Christ. He has completed the work for which He came. Now He returns in glory and triumph to the Father. Really, this can be described as a feast of completion.

Gathered with the ascending Christ, upon whom He is bestowing His blessing, are components of His Church. There is the Holy Virgin, in an attitude of prayer and intercession; there are the Apostles and members of the Church; there are the Angels attending to the Lord. They are all depicted in various positions and different gestures, suggesting the diversity of the Church in the ages to come.

The presence of the Angels remind us of the prophecy concerning the second coming of Christ. **"You men of Galilee,"** they said at the time of ascension, **"why do you stand looking into heaven? This Jesus, who was taken up from among you into heaven, will come in the same way as you saw Him go into heaven . . ."** In this sense, the icon might be considered as one whose theme is the second coming of the Lord.

The rather sharp distinction between the two portions of the icon, top and bottom, are not to be interpreted to mean that Jesus is gone and has nothing furthermore to do with the Church. On the contrary, **"Lo, I am with you always, even unto the consummation of the world,"** the Lord said. The blessing of the ascending Christ continues to this day. The Figure of the Lord is depicted in such fashion as to indicate His **CONTINUOUS** Presence.

*The Orthodox Weekly Bulletin* . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.



Diocese of Worcester and New England presents

# Parenting

## Within Orthodox Families

Sat.,  
June 10



Kerry Wilkins, MD

### **Parenting from a Non-Anxious Heart: How Parental Modeling Affects Neurodevelopment**

This lecture will teach parents about childhood neurodevelopment and how engaging with children with Orthodox ideals affects how their brains wire. Dr. Kerry Wilkins is a double-boarded Adult and Child & Adolescent Psychiatrist in private practice for combined therapy and medication management, as well as a program consultant to a number of school districts and educational collaboratives and an Instructor of Psychiatry at UMASS.



Ioana Popa, MD

### **Parenting Styles Within the Developmental Framework of Children and Adolescents**

This workshop will explore the various types of parenting, in the context of cognitive, psychosocial, moral, and faith development of children and adolescents. Dr. Ioana Popa is a psychiatrist in private practice, an adjunct professor and counselor at Hellenic College Holy Cross, and is currently pursuing a Master in Theological Studies.



Rebecca Samra, LICSW

### **Incorporating the teachings and practices of the Orthodox faith into our family's daily life**

This workshop will explore how to integrate our faith into our families from a practical perspective, utilizing foundational parenting principles. Rebecca Samra is in private practice as a psychotherapist for individual and couples counseling.



*For Families of All Ages*

**\$20** per person **\$30** for couples  
(babysitting available)

In The Hall at Saint George Cathedral  
30 Anna Street, Worcester

#### Schedule

<b>9-9:30 am</b>	Welcome and refreshments
<b>9:30-11</b>	Kerry Wilkins, MD
<b>11</b>	15 minute break
<b>11:15-12 pm</b>	Ioana Popa, MD - Part 1
<b>12</b>	1/2 hour lunch
<b>12:30-1:30</b>	Ioana Popa, MD - Part 2
<b>1:30-2:15</b>	Rebecca Samra, LICSW
<b>2:15-3</b>	Wrap-up Panel Discussion

**RSVP Deadline: June 7th**

**To register:** [stgeorgeworc@gmail.com](mailto:stgeorgeworc@gmail.com)  
or call 508.752.9150



# *Paint Nite*

## *For Adults*



**Thursday June 8, 2017**

**7 -9 pm    \$25 per person**

**St. George Orthodox Cathedral**

**30 Anna Street**

**Worcester, MA**

**BYOB and snacks**



**We will be painting a set of wine glasses**

***Come join the fun!***

**Sign up required so we have enough supplies; at the cathedral or email [stgeorgeworcester@gmail.com](mailto:stgeorgeworcester@gmail.com)**

**All proceeds go to:**

**Sponsored by:**



**MOBILEPACK ~**

**St. George**

**Orthodox Cathedral**

**August 12, 2017**

**To Donate**

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**Memo line MobilePack #1708-119MI**

**Or Donate online @**

**[stgeorgeworcester.org](http://stgeorgeworcester.org)**

**Mail Checks to St. George Orthodox Cathedral  
30 Anna Street Worcester, MA 01604**

**ARTREACH**

**PHONE: +1.774.262.3953**

**322 West Boylston Street**

**Worcester, MA 01606**



# Diocese of Worcester Parish Life Conference

Hosted by: St. George Orthodox Cathedral; Worcester, MA  
June 17 & 23-25, 2017

**Please mail completed form to:**  
Diocese of Worcester Parish Life Conference  
St George Orthodox Cathedral  
30 Anna St , Worcester, MA 01604  
(508) 752-9150  
[worcesterplc@antiochianevents.com](mailto:worcesterplc@antiochianevents.com)  
[www.antiochianevents.com/worcester/html](http://www.antiochianevents.com/worcester/html)

**Registration Form** Register Online: [www.antiochianevents.com/worcester/html](http://www.antiochianevents.com/worcester/html)

Registration Deadline: <b>June 12, 2017</b>		Individual Ticket Events											FEES										
Please write your name as you would like it to appear on your badge.  Anyone under the age of 18 <b>MUST</b> submit completed and signed Parent Consent Form and Teen Code of Conduct (Teens only) in order to receive their Badge.  Place an X in the appropriate boxes for each listed person.  <b>PLEASE PRINT CLEARLY.</b>		Male	Female	Child (12 & under)	Teen (13-19)	Adult	Clergy/Clergy Wife	Young Adults	Order of St. Ignatius	Antiochian Women	Teen SOYO	PreConference (June 17): Breakfast & Luncheon Package	Clergy Meeting & Luncheon (Fri)	Clergy & Wives Dinner & Retreat (Fri)	Teen SOYO Baseball Game Group Outing (Fri)	Young Adult Summer BBQ Bash (Fri)	Awards Luncheon (Sat)	Hafli Dinner/Dance (Sat)	Brunch following Hierarchal Liturgy (Sun)	Processing Fee: (Required for all 12+ who do not purchase event tickets)	Mandatory Registration Fee (Ages 12 & older)	Total	
1																						\$	
2																						\$	
3																						\$	
4																						\$	
5																						\$	
6																						\$	
Parish Name: _____		Children (Ages 4-12)										\$10						\$10	\$15	\$10			
Parish City: _____ State: _____		Teens (Ages 13-19)										\$15			\$20			\$15	\$30	\$10	\$10	\$15	
Diocese: _____		Adults										\$15			\$20	\$15	\$20	\$40	\$10	\$10	\$15		
Name: _____		Clergy & Clergy Wives										\$15	\$15	\$25	\$20	\$15	\$20	\$40	\$10	\$10	\$15		

Parish Name: \_\_\_\_\_  
Parish City: \_\_\_\_\_ State: \_\_\_\_\_  
Diocese: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Date: \_\_\_\_\_

☐ AMEX ☐ VISA ☐ MasterCard ☐ Check

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVV2 \_\_\_\_\_

Signature: \_\_\_\_\_ Amount: \_\_\_\_\_

I acknowledge and understand that all Charges and/or Donations are non-refundable. Refer to policy statement: [www.antiochianevents.org/privacy/143](http://www.antiochianevents.org/privacy/143)

We encourage everyone to pre-register. Some events may sell out and will not be available at the Conference. Check the appropriate box(es) above. Make check payable to: "St. George cathedral" and mail to above address. For all credit card payments the name and address on this form **must match** the name and address on the credit card billing statement