



St. George Orthodox Cathedral Bulletin - November 14, 2018 - Published Weekly  
St. George Orthodox Cathedral, 30 Anna Street, Worcester, MA 01604



## St. George Antiochian Orthodox Cathedral

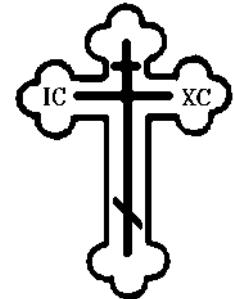
His Eminence Metropolitan JOSEPH, Archbishop of  
New York and Metropolitan of all North America

His Grace, Bishop JOHN, Auxiliary Bishop of the  
Diocese of Worcester and New England

Rev. Fr. Milad Selim, Dean

Rev. Fr. Seraphim Solof, Assistant Pastor

Rev. Dn. Anthony Payne



We are happy to welcome visitors to the Orthodox Church. We are blessed by your presence. Because the Orthodox Church understands communion to be the union of its membership, only those Orthodox Christians who have prepared properly should approach the chalice for communion. Those who belong to other "communions", but would like to come into the Orthodox Church, should speak to one of our clergy to begin preparation. Thank you for your respect and understanding.

### Office

Open: Mon.—Thurs. 9AM to 2PM  
30 Anna Street

Worcester, MA 01604

Telephone: (508) 752-9150

Fax: (508) 753-5623

E-mail: [stgeorgeworc@gmail.com](mailto:stgeorgeworc@gmail.com)

Web page: [www.stgeorgeworcester.org](http://www.stgeorgeworcester.org)

### Pastor's Contact

[fr.milad.selim@gmail.com](mailto:fr.milad.selim@gmail.com)

### Hall Rental Information

The Hall at St. George: 508-752-9150

TONE: 8

EOTHINON: 3

VESPERS: 5 PM

CHURCH SCHOOL: 9 AM

MATINS: 9 AM

CONFESION: 9:15-9:45 AM

DIVINE LITURGY: 10 AM

### **Sunday November 18, 2018**

#### **Captain: Anthony Abusamra**

Matthew Bechara, Justin Whelan, George Ouweijan, Sean-Patrick Houssan, Zachary Aster, Joseph Houssan, James Sassine, Joseph Achi.

Come to the Altar **NO LATER** than 10:00AM for the start of Liturgy and see Dr. Wood.

**Please dress appropriately including dress shoes and tie.**

### **The Reading from the Epistle of St. Paul to the Ephesians. (4:1-7)**

Brethren, I, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, Who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift.

### **The Reading from the Holy Gospel according to St. Luke. (12:16-21)**

The Lord spoke this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As He said this, Jesus called out, "He who has ears to hear, let him hear."

### **RESURRECTIONAL APOLYTIKION IN TONE EIGHT**

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the threeday burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

### **KONTAKION OF ENTRANCE OF THE THEOTOKOS IN TONE FOUR**

The sacred treasury of God's holy glory, \* the greatly precious bridal chamber and Virgin, \* the Savior's most pure temple, free of stain and undefiled, \* into the House of the Lord \* on this day is brought forward \* and bringeth with herself the grace \* of the Most Divine Spirit; \* her do God's Angels hymn with songs of praise, \* for she is truly the heavenly tabernacle.

**Nativity Fast will begin on  
November 15th and continue  
through December 24th.**

**"Let us journey towards the Feast of Nativity  
with joyous hearts! Fast not only from food,  
but also from hatred and fear. Bring forth  
goodness and kindness to all. Forgive. Be  
generous. In all things, give glory to God."**



### **Feast of the Entrance of the Theotokos**

**Vesperal Divine Liturgy for the Feast of the Entrance of the  
Theotokos will take place on Tuesday, November 20th at 6:00PM.  
The Feast is Wednesday, November 21st.**

## A n n o u n c e m e n t s

**Women's Club:** Our next meeting, on Sunday, **November 18th**, will take place right after Liturgy in the conference room. At noon, we will go to Fr. Ghannam Hall where Fr. Milad will be giving a presentation on Icons. All parishioners are welcome to join us! **Collection for our annual Christmas card** will continue through December 2nd. (Please see the flyer attached to our online bulletin.) **Election for two year terms:** (January 2019—December 2020) If you are interested in any office: President, Vice President, Treasurer, Recording Secretary, Financial Secretary, Corresponding Secretary, please contact Lorice Swydan at [lorices@yahoo.com](mailto:lorices@yahoo.com), call (508) 853-9584 or see her during coffee hour. **Elections will be held during our December 4th meeting.** This meeting will also include dinner (10\$), (Make reservations with Pam at coffee hour or call (508) 769-8338.) and a 10\$ Yankee swap!

**Men's Club:** At our next meeting, on **November 29th** at 6:00PM, we will have our **election of offices**. Please attend and share your input to help us continue our success. For more information, call our Chairman, Joseph Houssan, at (774) 276-0824 or Dan Abraham at (508) 963-4012. Our Men's Club will be hosting our annual **Lobster Supper** on Thursday, **December 6th** at 6:00PM. (Please see the flyer attached to our online bulletin.) **This is a reservation only event.**

**Walk-ins will not be accepted. Reservations must be received no later than Monday, December 3rd.** Please contact Bob Laham at [mensclub@laham.us](mailto:mensclub@laham.us) or (508) 366-3966 with any questions.

**Antiochian Village Camp Fundraising:** Please join us for our first Bake Sale benefiting our campers on November 18th. We will have our traditional Manakeesh (zaater & sesame), meat pies, tabbouli, kebbe and more...

**Antiochian Archdiocese Convention 2019:** Experience the Grand Rapids at AC2019, July 21st - 28th, 2019! There will be a **ONE DAY ONLY**, early bird event package, for just **\$199!** See the flyer attached to our online bulletin or view more details at: [AC2019GR.org](http://AC2019GR.org)

**Winter Family Camp at Antiochian Village:** Winter Family Camp is a program that is the same as our summer Family Camp – except it's during the winter! It is an opportunity for your family to get away from everyday life and take a weekend as a family to grow closer to Christ. Camp will take place on Martin Luther King Jr. Weekend – (January 18 – 21, 2019). **Registration is now open!** Visit [avcamp.org](http://avcamp.org) to register and to check out the camp's schedule, packing list and more!

**Teen Winter Camp at Antiochian Village:** A weekend retreat for those in grades 7 - 12, held over Presidents Day weekend-- (February 15 - 18, 2019). Winter Camp includes: Christian Ed with multiple speakers, afternoon and evening programs and much more! Our campers will stay in our recently constructed heated log cabins. All meals, services and activities are held at the Camp. Cost is \$150. **Registration is now open!** For more details, visit [avcamp.org](http://avcamp.org).

**Thanksgiving Bake Sale:** A Bake Sale, Luncheon & Holiday Marketplace will be held at St. Nicholas Orthodox Church in Shrewsbury on Saturday, November 17<sup>th</sup> from 9:00AM to 3:00PM. Featured are: Spinach, Leek, or Cheese Pita, Baklava, Ethnic Pastries, and traditional baked goods. Shop at the Holiday Marketplace where Vendors will feature gifts, jewelry, crafts, and specialty apparel. For more information you may call: (508) 845-0088, or e-mail: [info@StNicholasChurch.org](mailto:info@StNicholasChurch.org)



### **9th Annual Christmas Food Baskets**

*"Feeding the hungry is a greater work than raising the dead" (St. John Chrysostom)*

We are excited to start this project again. You may also give your time to help unload the truck, pack and deliver the food. Please contact the Cathedral Office at (508) 752-9150 or [stgeorgeworc@gmail.com](mailto:stgeorgeworc@gmail.com) to communicate your availability or with any questions.

**Our Goal: \$10,000 / Assist 100 Families**

**Donations received: \$0**

**Families able to assist:0**

**In last eight years: Donations received: \$80,000**

**Families assisted: 800**

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Your help and generosity will benefit those who are in need.

Offered by: \_\_\_\_\_

In Memory of: \_\_\_\_\_

For the Health of: \_\_\_\_\_

Amount: \_\_\_\_\_

Yes, I can help unload the truck on Thursday 12/20/18 at 6PM  
 Yes, I can help pack baskets on Friday, 12/21/18 at 1PM  
 Yes, I can help deliver baskets on Saturday, 12/22/18 at 9AM

## **Ministry of the Apostles - A Higher Calling** By: Fr. Milad

The early church of Antioch flourished through the work of the Apostles. The needs of the faithful were met by the gifts of the Holy Spirit given to those Apostles. Their ministry went beyond preaching. They ministered to the poor, widows, sick and imprisoned. When the Church grew, more people, both men and women, were chosen and appointed to spread the faith and meet the needs of the people.

As our Cathedral community continues to grow and our work spreads beyond our four walls, a need for a new ministry has risen. Thankfully, we don't need to reinvent the wheel and think of new and creative ways to make such a ministry successful; we have the example of the Church of Antioch to guide us. Therefore, we have embraced a new ministry here at the Cathedral that will focus on service and support for "ALL" of the needs of our parishioners, organizations and outreach projects. We will call it, The Ministry of the Apostles. The ministry's main goal is to serve wherever and whenever a need arises, both within and outside of our Cathedral community. It will provide support to our Men's and Women's Clubs, Choir, Church School, Teen SOYO, Young Adult Ministry and Parish Council. We will visit the sick in their homes, hospitals and nursing facilities. We will plan fellowship family nights and events for the entire community to participate in. We will provide Christian education opportunities in both English and Arabic based on the needs of our parishioners. This ministry is open to the entire community, men, women and children.

This new ministry will have two patron Saints, Paul and Thekla, who were fellow-servants in the Lord and whose ministry and preaching established the foundation of our faith. You may remember that St. Thekla, who is called, Equal to the Apostles, listened to the preaching of St. Paul through her window and was intrigued by what St. Paul was saying about Jesus. Her faith and courage led her away from her betrothed and her family as she began preaching the Gospel of Christ and healing the sick through prayer. Together, their Apostolic work helped spread the Gospel according to the Great Commission of our Lord, Jesus Christ. We will use their faithfulness, zeal, love and courage as a guide and measure for this new ministry. We will look to emulate their selfless service to Christ and His Church through our service to others.

The rich history of our Orthodox Church is full of examples of faithful servants who put aside their own needs for the sake of the other, thus emulating Christ's own selfless sacrifice for us. It is worth noting that we are truly blessed here at our Cathedral to have many parishioners whose only desire is to selflessly serve. It is precisely this kind of attitude that leads to the growth of a church community. Let us then, my beloved servants in the Lord, continue to look outside of ourselves and attend to the needs of our beloved Cathedral and those who are within and outside of her. I look forward to serving alongside each and every one of you on this blessed ministry, growing in our faith and becoming one with our Lord and one another.

To read the full life of St. Thekla, you may visit: [Antiochian.org/life\\_of\\_thekla](http://Antiochian.org/life_of_thekla)

**TRISAGION PRAYERS AND HOLY KURBAN IN LOVING MEMORY OF:**

- Steven J. Therrien (40 days), memory eternal, with love Donna and family
- With fond memories of my beloved husband and our father, John Dowd Sr., and my beloved parents, Andrew and Besma Husson, from Shirley Dowd and family

**PRAYERS OF OBLATION IN LOVING MEMORY OF:**

- Jeannette MacKoul from Sheryl Bourisk and Paul Minda
- My beloved brothers and sisters, and all the deceased members of the Dowd and Husson families, from Shirley Dowd and family
- Mabel Assad from Maria & Raymond Howell
- Milad Bitar from Ramez, Tina and Sophia Abdi
- Elias and Minerva Houssan
- John Dowd Sr. from Richard & Sharon Dowd & family

**PRAYERS OF OBLATION FOR THE HEALTH OF:**

- My children and grandchildren and all the members of the Dowd and Husson families. Wishing all our clergy and parishioners a blessed, healthy and happy Thanksgiving Day, from Shirley Dowd
- Prayers for the health of, and with thanks to Fr. Milad, Kh. Nichole and family from Steve, Tara, Jenna & Brooke Husson
- James Avery on his 88th birthday! May God grant you many years, love James, Tracy, Maggie, Jack & Lily Casey

**The Spiritual Brew:** Elevating our understanding of the Christian Orthodox faith and providing everyone with spiritual uplifting topics. This will be a monthly gathering on Sundays during our Coffee Hour from 12:00PM to 1:00PM.

Parishioners will have the opportunity to ask questions following the presentations. Our next topics:

***December 9th*** *Sexuality: Understanding and Sharing the Teachings of our Church*

***January 6th*** *Loneliness: My Sins or the Sins of Others?*

**Nativity Pageant:** Our Sunday school children, pre-school to grade 6, will be performing a Christmas play on December 23rd. Rehearsals will be held on:

**Sunday, November 25th** *from 12:00PM to 1:00PM*

**Sunday, December 2nd** *from 12:00PM to 1:00PM*

**Sunday, December 9th** *from 12:00PM to 1:00PM*

**Saturday, December 15th** *from 5:00PM to 7:00PM*

**Sunday, December 16th** *from 12:00PM to 1:00PM*

**Saturday, December 22nd** *from 5:00PM to 7:00PM*

We encourage everyone to attend all rehearsals and make this event a memorable one!

## HIS VOICE IS STILL HEARD . . .

**A**lthough ST. JOHN CHRYSOSTOM fell asleep in Christ in the year 407, his voice is still heard expounding the Scriptures and proclaiming the Gospel. Century after century, the surviving works of Christianity's most eloquent preacher have been printed and preserved, studied and examined, by students and theologians.

The physical figure of Chrysostom may not have been imposing (he was rather small in stature, pale and emaciated, somewhat bald, with piercing, deep eyes), but the message he proclaimed was loud and clear. Volume upon volume of his works continue to be published in our day. Here is a sample from one of John's works, referring to Christ as our Rock of Faith:

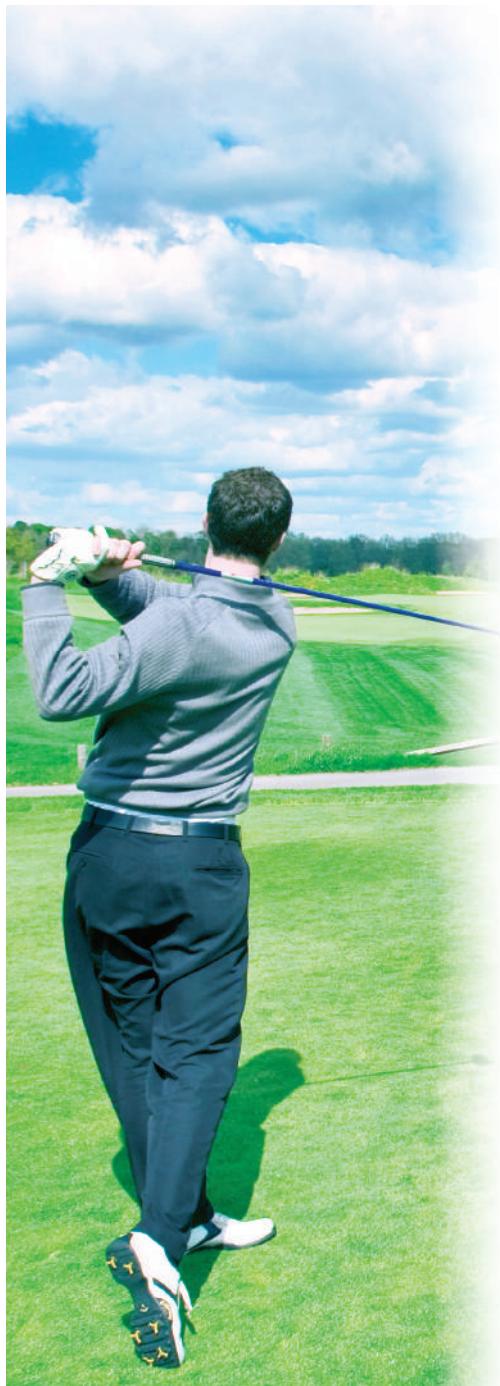
“The sea is surging and the waves are high: but we have nothing to fear because we stand on a rock – the rock of faith. Let the sea surge with all the power at its command, and let the waves rise as high as mountains; the rock on which we stand will remain firm and unshaken. Do I fear death? No, because on the rock of faith I know that death is the gateway to eternal life. Do I fear exile? No, because on the rock of faith I am never alone; Christ is always beside me, my friend and my brother. Do I fear slander and lies? No, because on the rock of faith I know that I am always protected by truth – Christ, who is the truth, is my protector. Do I fear poverty? No, because on the rock of faith God also provides for my needs. Do I fear ridicule? No, because however low I may sink in the esteem of those without faith, on the rock of faith all are treated with respect. Far from fearing the surge of the sea, I enjoy it, because it assures me that the rock on which I stand is immovable.”

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.



## Charles M. Dowd MEMORIAL GOLF TOURNAMENT

St. George Orthodox Cathedral • Worcester, MA



Dear Sponsors and Golfers,

On behalf of the Charles M. Dowd Memorial Golf Tournament Committee, I would like to thank all of the sponsors and golfers who have so generously given of their time, resources and commitment to help make our most recent tournament a great success and for their steadfast dedication to this event year after year. We are proud to have a record number of golfers who took to the course this year. We could not achieve the success of fundraising for our Cathedral were it not for all of you and for your continued support. It is greatly appreciated!

Thanks to all of you, we were able to raise a successful amount of money to contribute to our St. George Orthodox Cathedral. Events such as this, help to not only strengthen St. George Cathedral and meet the costs to maintain our facility and grounds and future improvements, but also help to build camaraderie amongst our parishioners and within the community. It requires a team effort and we are blessed to have a strong team. Please know that your contribution has played an important role in this endeavor.

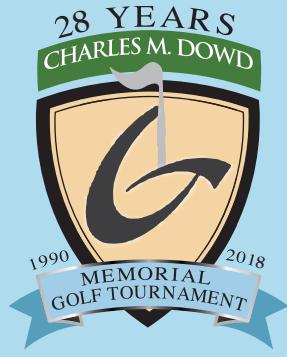
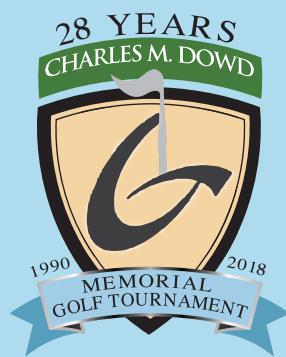
We are pleased to announce that the 2019 Charles M. Dowd Memorial Golf Tournament will be held again next year at **The Haven Country Club**, on a date to be determined soon.

Again, we thank you and look forward to seeing you all again next year!

Sincerely,

Michael C. Dowd, Chairman

Fr. Milad Selim, Dean



Platinum Sponsor \$ 5,000  
Navin, Haffty and Associates

## Gold Sponsor \$2,500

## Mercadante Funeral Home

Joe and Lillian Eid

## Michael and Leilah Dowd and Family

## Silver Sponsor \$1,000

Roy and Maureen Samra  
The Aramony Family  
Studio Troika - Michael Samra  
G.M. Abodeely Insurance Agency  
Houssan and Ojerholm, PC  
Envoy Mortgage

The Munroe Family  
The Rawan Family  
Commerce Associates  
The David Orfalea Family  
Cindy and Ian Crawford  
Larry and Chris Rybacki

## Golf Sponsor \$500

Sheryl Bourisk & Paul Minda & Barbara Bourisk  
Charles and Kristin Dowd  
Eden, Rafferty, Tetreau and Erlich  
G.B. and Lexi Singh

Arthur & Debra Remillard  
Louis and Gayle Dowd Martinez  
Sassy You - Bill and Lisa Oates

## Patron Sponsor \$250

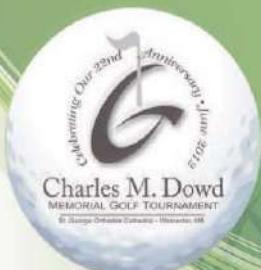
Mitchell and Susan Keamy  
Jesse and Regina Dixon  
Greg and Janet Stamas and Family  
Bob, Eileen, Kyle and Trevor Laham  
David and Kitty Dowd

The Leo Dowd Family  
Casey Design and Visual Communication  
Nassif Maalouli and Family  
Dr. George, Lynn and Patty Wood  
Goulet, Salvidio & Associates, P.C.

## Hole Sponsor \$130

Daniel Abraham  
Richard and Sharon Dowd  
Chris and Pam Pazolas  
Miles Funeral Home  
Raymond James

Robert Fine  
Waterman Design Associates  
Polito Development Corp.  
Dunkin Donuts -  
717 Southbridge St. Auburn



# Thank You Sponsors

St. Nicholas Church  
34 Gold Street \* Shrewsbury, MA



# *Holiday Bake Sale Marketplace Luncheon*

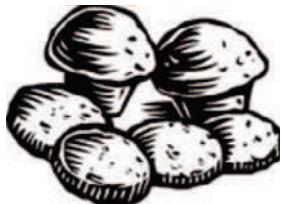
Saturday, November 17th

**9:00 AM - 3:00 PM**

Spinach Pita ~ Egg & Cheese Pita ~ Leek Pita  
Baklava ~ Ethnic Pastries ~ Breads & Muffins

*Luncheon Served 11 AM-2 PM*

*Coffee & Pastry Throughout the Day*



Vendors \* Crafters \* Alpaca Lips Farm \* Jewelry  
Crocheted Items \* Gift Basket Raffle\* *more!*

*All Welcome!*

# Antiochian Village Camp Fundraising

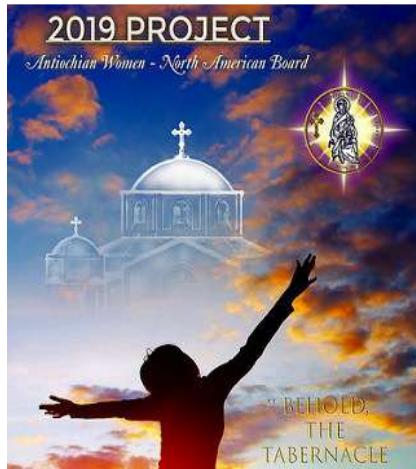


*Please Join Us For our First  
Bake Sale Benefiting our  
Campers!*

*November 18, 2018  
At St. George Orthodox Cathedral  
30 Anna St, Worcester MA*

*We will have our traditional Manakeesh  
(zaater & sesame), Meat pies, Tabbouli,  
Kebbe and more ...*

ST GEORGE WOMEN'S CLUB  
PARISH CHRISTMAS CARD



*In keeping with the Yuletide spirit and with what has become a St George tradition, we ask that you join us in support of our community's Christmas Card. All proceeds will be combined with parishes throughout North America to benefit this year's Archdiocese Antiochian Women's Project:*

*Building A New Cathedral at Antiochian Village*

*Please fill out the form below so that we may include you among the subscribers.*

*Please note: Your donation must be received no later than **December 2, 2018***

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*Please include our name on the St George Christmas Card*

*I have circled the donation amount*

\$100      \$75      \$50      \$25      \$10      Other \$\_\_\_\_\_

*Enclosed is a check for \$\_\_\_\_\_*

*Name(s) to be printed (please print clearly)*

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*Phone \_\_\_\_\_ Email \_\_\_\_\_*

*Please make checks payable to: St George Women's Club and send to:*

*St George Womens Club, 30 Anna Street, Worcester, MA 01604*

*Attention Mary Ellen Swydan*



## ***Men's Club Lobster Supper***

St. George Men's Club will be hosting our annual Lobster Supper on Thursday, December 6, 2018 at 6:00 PM.

Lobster Casserole —\$40

Baked Salmon—\$30

Clam chowder, fried calamari and dessert are also included.

All are invited (women too).



A children's meal of **cheese pizza**, french fries, clam chowder, and dessert will be available for \$15.

**THIS IS A RESERVATION ONLY EVENT.**

**Walk-ins will not be accepted.**

Reservations can be made by check made payable to the Men's Club and mailed to St. George Orthodox Cathedral, 30 Anna Street, Worcester, MA 01604. **Reservations must be received no later than Monday, December 3.** Please contact Bob Laham at [mensclub@laham.us](mailto:mensclub@laham.us) or 508-366-3966 with any questions.

# ONE DAY ONLY - DECEMBER 6!

## \$199 Early Bird Event Package for AC2019!

*The price will never be better to attend our convention!*

**Event Package will get you into:**

1. Wednesday's Teen Dance (Teens Only)
2. Thursday's River Walk Party-Street Fair
3. Friday's 'From Broadway to Grand Rapids'
4. Friday's Grand Hafli
5. Saturday's 'LIGHT THE NIGHT!' Gala

*Save with this ONE-DAY-ONLY OFFER,  
a St. Nicholas Day gift from your convention host,  
St. Nicholas Church in Grand Rapids, Michigan*



## Details on our website: [AC2019GR.ORG](http://AC2019GR.ORG)

*Grand Rapids: You'll love it here!*



## **REMEMBER, ONE DAY ONLY, DECEMBER 6! \$199**

*Regular pricing returns the following day. AC2019: Affordable, Accessible, All-inclusive.*



*We are excited to announce that our Sunday school children, pre-school to Grade 6, will be performing a Nativity Pageant on December 23rd, 2018.*

*Rehearsals will be held on:*

*Sunday November 25 from 12:00pm to 1:00pm,  
Sunday December 2, 9 and 16 from 12:00pm to 1:00pm,  
Saturday December 15 and 22 from 5:00pm to 7:00pm.*

*We encourage everyone to attend all the rehearsals and make this event a memorable one!*

# ANTIOCHIAN VILLAGE

# WINTER

## family

# CAMP



VISIT  
AVCAMP.ORG  
TO REGISTER

JANUARY  
18-21, 2019

OPTIONAL  
SNOWTUBING

## PLANNING YOUR FAMILY'S YEAR

FACILITATED BY

*Natalie Kapeluck Nixon*

DIRECTOR FOR YOUTH & YOUNG ADULT  
MINISTRY OF THE UKRAINIAN ORTHODOX CHURCH



ANTIOCHIAN  
VILLAGE

# WINTER CAMP

FEBRUARY  
15-18

GRADES  
7-12

REGISTRATION NOW OPEN  
VISIT [AVCAMP.ORG](http://AVCAMP.ORG) TODAY!

WHAT IS *faith* ?

EXAMINING HOW FAITH, HOPE, LOVE, AND  
WISDOM PLAY AN IMPORTANT  
ROLE IN THE ORTHODOX CHRISTIAN FAITH

# Orthodox Christian Witness Program:

## Spiritual Pilgrimage

### Fall 2018-Spring 2019

Antiochian Orthodox Christian Diocese of Worcester and New England



#### Participants

Clergy, chaplains, laity, counselors, therapists, physicians, parents, and Christian educators.

#### Program Requirements

Two years (4 semesters, 8 units total) with one Round Table Unit and one Practicum Unit each semester.

#### Certificate of Completion

Granted to participants completing the entire program.

#### Registration Fee

Suggested \$100 per each unit (includes materials and refreshments; lunch/dinner are not included).

#### Purpose

This program and journey is an opportunity for anyone interested to learn, to reflect, and to be transformed through the Orthodox Christian Faith in preparation for various ministries.

#### Goals

This spiritual pilgrimage is an interdisciplinary approach to create a cadre of leaders in the church. It is aimed to empower and equip Orthodox Christians to nourish and share the faith in 21<sup>st</sup> century by:

- *Offering frameworks and models of encountering God.*
- *Offering frameworks and tools in order to enhance and facilitate inner spiritual growth.*
- *Using Orthodox Christian theology and contemporary perspectives to encounter God.*
- *Gaining insights and methods to witness and to share the faith.*
- *Enhancing leadership skills in order to contribute effectively in parish ministry and to the world at large.*

#### UNITS

1. The Sacraments and the Liturgy
2. Growing in Christ - Healthy Attachments and Detachments
3. Parables and the Scripture
4. Christian Hospitality - True Self and the Inner Kingdom
5. Relationships within the Body of Christ
6. Walking the Walk - Mentorship
7. The Life of the Spirit - What is God doing in our Lives
8. Free Will and Christian Choice

#### Program Interdisciplinary Leadership Team

**Bishop John of Worcester and New England**, D. Min. in Pastoral Care, Antiochian House of Study Instructor of Priestly Formation and Pastoral Care.

**Archpriest Antony Hughes**, M.Div., Pastor St. Mary Orthodox Church Cambridge MA, prison Chaplain, post graduate studies in Counseling and Pastoral Care, Internal Family System (IFS) Level 1.

**Ioana Popa** MD, Psychiatrist, Certified Internal Family System IFS Therapist, Level 1,2,3, Life and Organizational Leadership Coach, Counselor Hellenic College Holy Cross, Brookline MA, pursuing a Master in Theological Studies.

**Richard J. Robbat** Ph.D. Curriculum & Instruction, Superintendent of Schools, Teacher, Antiochian Archdiocese Departments of Lay Ministry and Stewardship.

**Sebastien Falardeau**, PhD candidate in Theology, Chaplain Franciscan Children's Hospital, Master in Theology, Master in Practical Theology (Spiritual Care), Internal Family System (IFS) Level 1.

#### Upcoming Dates - Semester I, Fall 2018

**Round Table Unit 1:** Thursdays 7pm-9pm – Sept. 13, 20, 27; Oct 4, 11, 18, 25; Nov. 1, 15, 29.

**Practicum Unit 2:** Saturdays 9:30am-5:30pm – Oct. 20, Nov. 17, Dec 1.

For questions please email at [popalifecoach@gmail.com](mailto:popalifecoach@gmail.com) or call at 617-455-7192

See Pamphlet for more details and for Registration Form



# November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Vespers 5 pm
4 Spiritual Brew - After Coffee Hr.  Church School: 9 am Orthros: 9 am Liturgy: 10 am	5	6	7 Council of Eastern Orthodox Churches General Assembly 6:30 pm at Holy Trinity	8	9	10 Diocesan Christmas Concert at St. George - West Roxbury 9:30 AM
11  Church School: 9 am Orthros: 9 am Liturgy: 10 am	12  Parish Council Meeting 7pm	13	14	15 <b>Nativity Fast Begins 11/15-12/24</b>	16	17  Vespers 5 pm
18 <b>Camp Bake Sale Presentation on Icons</b>  Church School: 9 am Orthros: 9 am Liturgy: 10 am	19	20 <b>Vesperal Divine Liturgy for the Feast of the Entrance of the Theotokos 6 PM</b>	21 <b>Feast of the Entrance of the Theotokos</b>	22 Thanksgiving Day 	23	24  Vespers 5 pm
25  Church School: 9 am Orthros: 9 am Liturgy: 10 am	26	27	28	29  Men's Club Meeting 6pm— <i>Election of Officers</i>	30	1 Marriage Seminar at the Chancery with Bishop JOHN 10 AM - 3 PM  Vespers 5 pm