

SIGN-UP

NOW!!!

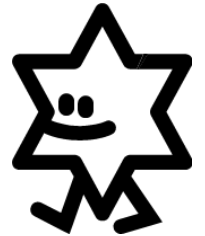
# SCHOLAR-IN-RESIDENCE WEEKEND PROGRAM



## TOPIC: SPIRITUAL FITNESS

With special guest: Rabbi Brian Z. Mayer. Rabbi Brian is a Reform Rabbi from Portland, Oregon. By his own admission, he is “a modern-day rabbi with John Lennon’s inclusivity and a Blues Brother mission.” He started the organization Religion-Outside-The-Box. He helps people feel greater connections to oneself, to others, and to God. *This is a program designed for anyone who has a relationship with God, anyone who does not know if they do, or anyone who believes he/she has no relationship with God.*

**DATE: November 9-10, 2018**



**Part 1– Friday, November 9th—7:30pm at Shabbat Services-**

**Title: The Four Qualities of Love...** a short, memorable teaching about how to love.

**Part 2– Saturday, November 10th—9:30am** instead of regular Torah study. **Breakfast included.** **Title: What’s Gee, Oh, Dee Got to Do With It?** Do exercises that help adults find and be with (the) God (of their understanding). Interactive.

Engaging. Thought-provoking.

**Part 3– Saturday, November 10th—6:30pm** with havdallah and dairy pot-luck dinner. **Title: Spiritual Pilates.** An outside-the-box religious-spiritual experience to help achieve spiritual fitness.

**COST: \$36 a member (\$54 for non-members) or \$72 to be in the Scholars’ Circle.** (Scholars’ Circle is an opportunity to make an additional contribution to help support the whole program. You will be thanked in printed materials.)

 Please RSVP to Bitá at 24800 Kings Valley Rd., Damascus, MD 20872

with a check made out to Congregation Or Chadash