



NOVEMBER 2018



Low Fat Chef Salad Served Daily
As "C" Choice
Choice of Milk Offered Daily
(Skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
PRICES Lunch - \$2.50 Xtra Lunch Entrée - \$1.55 Reduced Lunch- .40 Alacarte Milk - .40	Veggie/Fruit Bar Rotated with Broccoli, Baby Carrots, Romaine Lettuce, Cherry Tomatoes and Fresh Fruit Deposit Money On-line At www.sendmoneytoschool.com (You will need your child's ID# to make deposits) Apply for Free or Reduced Meals On-line At www.lunchapp.com		1 A) Rotini w/ Meat Sauce & Breadstick ***NEW ITEM*** B) Bulldog Boat (2 warm salted pretzels, yogurt & mozzarella cheese stick) Garden Salad w/ Low Fat Dressing Choice of Fruit	2 A) Tony's Cheese Pizza B) Baja Fish Sticks w/ Roll Steamed Carrots Choice of Fruit
5 A) Pizza Crunchers w/ Marinara Sauce B) BBQ Pulled Pork on Bun Green Beans Choice of Fruit	6 A) Turkey Gravy w/ Mashed Potatoes & Roll B) Egg Salad on Croissant Golden Corn Choice of Fruit	7 A) Cinnamon French Toast w/ Sausage & Syrup B) Bulldog Boat (2 warm salted pretzels, yogurt & mozzarella cheese stick) Choice of Fruit	8 Little Caesar's Pepperoni Pizza Or Chef Salad Steamed Carrots Black Beans Choice of Fruit	9 A) Beef & Bean Crispito w/ cheese (2) B) Beef Burrito Refried Beans Scoops Chips & Salsa Choice of Fruit
12 A) Mac & Cheese w/ Roll B) Chicken Patty on Bun Chocolate Pudding Green Beans Choice of Fruit	13 A) Sweet & Sour Chicken w/ Rice & Fortune Cookie B) Bulldog Boat (2 warm salted pretzels, yogurt, mozzarella cheese stick) Steamed Broccoli Choice of Fruit	14 A) Taco Tots (taco meat & cheese over crispy tater tots) B) Tuna Salad on Bun Refried Beans w/ Salsa Choice of Fruit	15 A) Lasagna Rollup w/ Marinara Sauce & Breadstick B) Deli Ham & Cheese on Bun Black Beans Garden Salad w/ Low Fat Dressing Choice of Fruit	16 A) Pepperoni Pizza Pocket B) 3T Sub (Turkey Ham, Turkey Bologna, Turkey Salami) Golden Corn Choice of Fruit
19 A) Popcorn Chicken w/ Roll B) Bulldog Boat (2 warm salted pretzels, yogurt & mozzarella cheese stick) Golden Corn Choice of Fruit	20 A) Beef Hot Dog on Bun B) Fish Sandwich w/ Cheese on Bun Green Beans Choice of Fruit			
26 ***NEW ITEM*** A) Mini Corn Dogs B) BBQ Chicken Triangles (3) Scooby Doo Snacks Steamed Carrots Choice of Fruit	27 A) Chicken Drumstick w/ Mashed Potatoes & Gravy w/ Roll B) Deli Turkey & Cheese on Bun Golden Corn Choice of Fruit	28 A) Eggo Pancakes w/ Sausage & Syrup B) Bulldog Boat (2 warm salted pretzels, yogurt & mozzarella cheese stick) Choice of Fruit	29 Little Caesar's Pepperoni Pizza Or Chef Salad Garden Salad w/ Low Fat Dressing Black Beans Choice of Fruit	30 ***NEW ITEM*** A) Cheezy Bread w/ Marinara Sauce B) Baja Fish Sticks w/ Roll Green Beans Choice of Fruit

Menus are always subject to change

Milk and Juice Available Daily