

# La Foret

CONFERENCE & RETREAT CENTER

*Providing sanctuary for all to consider the transcendent issues of life*

May 2017

(719) 495-2743 ~ [mail@laforet.org](mailto:mail@laforet.org) ~ [www.laforet.org](http://www.laforet.org)

## IN OUR MAY EDITION:

Archery at La Foret

Wishing for Windows

Letter from the Director

May is Festival Month

NEW\* Volunteer Highlight:  
Randy Porter

More Summer Camps

## Archery Range at La Foret

At La Foret, we seek to provide sanctuary for guests; with our youngest visitors in mind as well as adults. Our kids summer day camp, "*Something's Movin' in the Forest!*" brings kids into the outdoors. Our activities focus on well-being, inspiring growth, learning and enriching days. We hike, explore the woods, learn about nature, as well as practicing yoga, swimming, and even archery!



CALLING  
ALL  
CAMPER'S

Lead by La Foret's NASP certified archery instructor, archery is a fun and safe activity during the day camp schedule. Practicing archery provides benefits on a physical, mental, and emotional level. Requiring physical stillness and focus, archery takes the student to a place of introspection, strength, and physical awareness.

**\*\*Sign up for the FUN! Easy [online registration!](#)\*\***

We are pleased to announce that we have relocated and improved the archery range at La Foret! Archery will now be located among the shade of the trees, situated safely between cabins. With the new arrangement, archery will be a more easily accessible and notable point on our map.

The range includes four new targets, additions to our collection of compound bows, and a new safety net as a backstop. We will have picnic tables in the shade to rest, have a snack, and enjoy the archery experience even more.

Archery is safe for kids and adults alike, and will certainly enhance your experience at La Foret! Archery sessions are also available outside of our kid's day camp program. La Foret will provide the equipment and instructor for your group. Call our office to get more information and to book an archery session:

719-495-2743



Young campers love trying archery, many for the very first time here at La Foret!



### Wishes for Windows

Throughout the year La Foret relies on financial support of individuals to maintain and improve our facilities. Periodically there are larger scale items that do not fit in our budget. In the recent past we ran a mattress campaign resulting in all of our cabins receiving brand new mattresses. La Foret would not have been able to purchase mattresses for every building without the help of our donors and those of you who love La Foret. We have a new large scale need that we will not be able to accomplish without the help of every one of you!

Our cabins are in dire need of new windows. Many of the current windows have been in the cabins since the day they were built and are single pane windows that are missing screens and do not seal well. Having a single window installed will cost anywhere from \$300-\$500. We have around 80 windows to replace. At the moment we have only raised \$5,000. We will start with replacing the windows in one cabin and hope that we have enough funds to move on to the next. Help La Foret become more environmentally friendly while improving YOUR stay by donating today! [Laforet.org](http://Laforet.org)

### Festival Month at La Foret

Each year, springtime kicks off with festive and exciting weekends at La Foret. These events are held at La Foret, hosted by groups that are open to the public. Below are links to more information and tickets on the website. Happy springtime, come enjoy Festival Month!



Celebrate the life, the Earth, and more!

Hosted by:  
Living Earth

May 17-21 2017

[www.beltania.org](http://www.beltania.org)  
[beltania@beltania.net](mailto:beltania@beltania.net)



Enjoy bluegrass and local artist all weekend!

Hosted by:  
Rocky Mountain  
Highway

May 25-29 2017

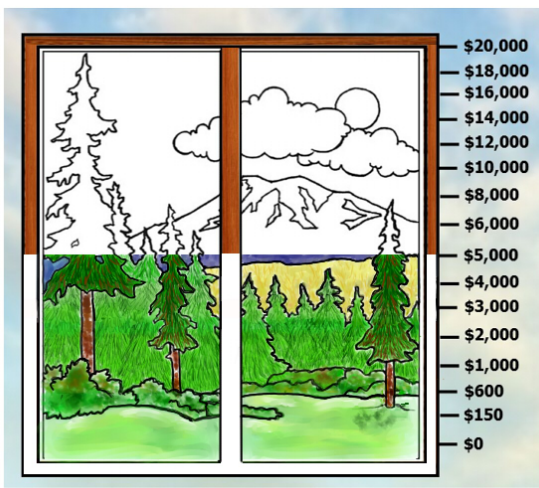
[www.meadowgrass.org](http://www.meadowgrass.org)

Volunteer Highlight:

**Randy Porter**  
*Electrician*

La Foret is blessed to have caring hands and thoughtful hearts of those who volunteer their time to help around camp.

We are so thankful to Randy Porter, for the care, time, expertise, and kindness he's put in to help La Foret and all our guests.



Randy is a skilled electrician, and he uses his knowledge to take care of La Foret in our variety of needs. With his help we've: wired up our new shop building, Ben Smith, the camp RV, and much more! And maybe the best part of all is that Randy is an inspiring counselor at our summer camps for UCC kids!

Randy is inspired and motivated to be a part of La Foret, and he makes special use of every minute he is here. We're thankful to have Randy as a volunteer and we look forward to his visits every year!

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## Happenings at La Foret

Now is the time to lock in your reservations for residential summer camps sponsored by the United Church of Christ and the Disciples of Christ. Now is the time to reserve your spot in the May festivals.

There are still some openings in the Bemis and La Foret summer day camps. Links are elsewhere in this newsletter. La Foret is a licensed child care facility and fully qualified to serve you.

A more complete list of events can be found on our web site, [www.laforet.org](http://www.laforet.org).

No matter who you are or where you are on life's journey, you are welcome at La Foret.

*Larry*

Executive Director

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*"LaForet is church and community in Nature.*

*It's a place to plant the seeds of kindness to enrich our future generations and renew myself.*

*It's a place I can apply my electrical skills helping ensure a safer and more efficient camp.*

*It's a place to disconnect and reconnect.*

*I love feeling the energy from those that came before me and believing in what is to come.*

*It's an honor to volunteer with the skills that the Creator blessed me with." -Randy*

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## Additional Summer Camps at La Foret

La Foret is an amazing place to spend the glorious, sunshine-filled days of summer! In addition to the La Foret's "Something's Movin' in the Forest!" day camp, there are even more kid's camps all summer. A variety of kid's day camp and overnight camp options are offered several weeks of the summer...There's always something to do at La Foret!



Fine Arts Center  
COLORADO SPRINGS  
BEMIS SCHOOL OF ART

Art and Acting in the woods!  
Led by Bemis art teachers.  
[Register Online!](#)



Overnight youth summer  
camps led by UCC  
counselors  
[RMCUCC Website](#)



Overnight summer youth  
camps hosted by DOC  
[More Information](#)

*"There is no such thing as bad weather,  
only different kinds of good weather."  
- John Ruskin*

[Forward this email](#)

STAY CONNECTED

