

**Registration Form**  
**2016 Grandparents as Parents Conference**  
**Covington, Kentucky**

Thank you for your interest in attending the Grandparents as Parents Conference in Covington. Attendees will receive access to community resources and hear from guest speakers on topics such as adjusting to kinship settings and legal matters in kinship care. This event is scheduled for **Friday, October 21<sup>st</sup>, 2016 at the Life Learning Center (20 W 18th St, Covington, KY 41011) from 8:00 am-2:00 pm.**

**Please complete the form to register:**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ County: \_\_\_\_\_

Email: \_\_\_\_\_

**Registration fee includes light breakfast and boxed lunch.**

\_\_\_\_\_ Grandparent \$5.00 registration fee per person

\_\_\_\_\_ Relative or Caregiver \$5.00 registration fee per person  
Specify (ex. Aunt, Sister, Cousin): \_\_\_\_\_

\_\_\_\_\_ Professional \$50.00  
Title: \_\_\_\_\_  
Agency: \_\_\_\_\_

**\*Registration deadline is Friday, October 7<sup>th</sup>, 2015 and there will be no refunds after that date.\***

**No childcare will be offered.**

**Conference Sessions (All three sessions will be available in the morning and afternoon; attendees will be able to attend 2 of the 3 sessions).**

**\*\*Please indicate on the registration page which sessions you will attend\*\***

**Session 1: “Nurturing the Caregiver”**

- Presentation by Carol Lapin, Family Nurturing Center's Director of Prevention Services. What does it mean to nurture yourself? To nurture oneself is to treat oneself with caring, kindness and respect. It means to keep oneself physically and emotionally healthy by taking time to meet one's own needs. Nurturing oneself is a necessary pre-requisite to being a nurturing caregiver. How can you take care of someone else when you ignore your own needs? It doesn't make sense on paper and it certainly doesn't work in real life caregiving relationships. There are 6 categories of needs that your body is programmed by Mother Nature to get satisfied. Ever hear of the phrase “the spices of life”? Well, the needs the humans are required to meet to remain emotionally and physically healthy form the phrase “SPICES” of Life. During this session participants will learn how to meet their own needs so they can nurture their grandchildren.

**Session 2: “A Strength Perspective; Helping My Grandchildren Be Their Best”**

- Presentation Sarah Zawaly, MSW, is the Research to Practice Coordinator at Children, Inc. Participants will gain insights on the latest research to promote and nurture character strengths in themselves and their grandchildren. Grandparents will be able to identify their strengths, their grandchildren's strengths and ways to nurture these strengths in the home environment. Simple strategies to bring out the best in their grandchildren will be learned along with the research to back up these important practices. Participants will learn through min-lectures, videos, dyad discussions, and group participation.

**Session 3: “When Addiction Visits Your Home”**

- Presentation by Stacie Nance, a registered nurse with St. Elizabeth hospital where she works in her current role as the RN Clinical Liaison for pregnant women with substance use disorder. Addiction affects more than 23 million Americans and it is estimated that only 10 percent are receiving the treatment they need. Without help, active addiction can totally disrupt family life and cause harmful effects that can last a lifetime. If the disease of addiction has entered your family or your home, you have probably found yourself asking these familiar questions, “What happened? Where did we go wrong? What do we do now? How do I help them? Will things ever get any better?” The struggles to break addiction and restore lives are uniquely challenging. The purpose of this workshop is for you to learn “You are not alone and there is HOPE!” You will leave this workshop with tools to assist you in helping someone close to you that is battling this disease, a better understanding of what to do and what not to do. You will also learn about support groups in your community to help you connect with other families that have been impacted by this devastating disease!

**Please indicate which session you will attend in the morning and afternoon.**

Morning Session Selection:

- ☐ Session #1: "Nurturing the Caregiver"  
☐ Session #2: "A Strength Perspective; Helping My Grandchildren Be Their Best"  
☐ Session #3: "When Addiction Visits Your Home"

Morning Session Selection:

- ☐ Session #1: "Nurturing the Caregiver"  
☐ Session #2: "A Strength Perspective; Helping My Grandchildren Be Their Best"  
☐ Session #3: "When Addiction Visits Your Home"

**Legal Consults:**

If you are interested in a free legal consultation with representatives from the Legal Aid of the Bluegrass, please indicate so here. You will sign-up for a time when you arrive on September 11<sup>th</sup>. Appointments are on first-come first-served bases and are limited.

☐ Morning Consult

☐ Afternoon Consult

Credit card information (Visa or MasterCard):

Name on card: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Credit Card number: \_\_\_\_\_

Expiration date: \_\_\_\_\_ Identification code: \_\_\_\_\_

Make checks payable to: **Children, Inc.**

Please send registration form and payment to:

ATTN: Rebecca Hollis

Children, Inc.

333 Madison Ave.

Covington, KY 41011

You may also register online by visiting: <https://www.eventbrite.com/e/nky-grandparents-as-parents-conference-tickets-26117048796>

For questions please call or email Rebecca Hollis at [rhollis@childreninc.org](mailto:rhollis@childreninc.org) 859-431-2075 ext.