



The Silver Academy

Lunch Menu: September

September 1 – Turkey Meatloaf (Meat)

September 2 – Pizza (Dairy)

September 6 – Bagels with Cream Cheese (Dairy)

September 7 – Scrambled Eggs (Dairy)

September 8 – Turkey Deli (Meat)

September 9 – Falafel (Dairy)

September 12 – Cheese Quesadillas (Dairy)

September 13 – Pasta with Meat Sause (Meat)

September 14 – Orange Chicken (Meat)

September 15 – Macaroni & Cheese (Dairy)

September 16 – Pierogis with sauce (Dairy)

September 19 – Sloppy Joes (Meat)

September 20 – Deli (Meat)

September 21 – Soft Tacos (Dairy)

September 22 – Grilled Cheese & Tomato Soup (Dairy)

September 23 – Pizza (Dairy)

September 26 – Waffles with Veggie Sausage (Dairy)

September 27 – Baked Chicken (Meat)

September 28 – Turkey Burgers (Meat)

September 29 – Baked Fish (Dairy)

September 30 – Macaroni & Cheese (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
- ❖ On dairy days, milk is served with lunch