

July 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 11AM-Swimming, hiking and picnic at Dail's house. Bring a brown bag lunch!! (No Microwave) Leave Dail's at 2PM.  3PM-Crafts with Klty	310AM-Leave to WALK to Billings Farm for a farm program from 10:30-11:30. WALK back. 1PM-Cooking with Dail 3PM-Yoga with Jess 4:15-Reading with Diane Dugan	4 <b>CLOSED FOR INDEPENDENCE DAY!!!</b>	5 <b>CLOSED FOR INDEPENDENCE DAY!!!</b>	6 10:30AM-Bus To Moonrise Farm for Horseback Riding pack a lunch. Release and rider forms must be filled out to ride. Return at 2PM 3PM-Yoga with Lalita	7 Carl 3 and 6
8	9 11AM- Fitness with Bari  1PM- Art with Finnie  3PM-Golf at the Woodstock Country Club	10 10:30AM- Leave for Carl and Joyce Hurd's for Slip and Slide day! Cook out provided, bring bathing suit and towel!! Return at 2PM (Rain Date is Thurs. 7/12) 3PM-Yoga with Jamie 4:15-Reading with Diane Dugan	11 10A-Leave for Kayaking and Canoeing with Vermont Adaptive at Silver Lake. Return at 2pm.  3PM-Singing with Kerry 4:15- Reading with Bettyanne	12 11AM Games with Carl  1PM-Cooking with Sarah <b>(Rain Date for Tuesday, for the Hurd's slip and slide)</b>  3PM-Yoga with Maeve	13 10AM-Leave for putt putt golf at Fore-U golf. Followed by lunch (bring your own lunch) and ice cream at Fore-U Ice Cream. Leave Lebanon at 1:30 arriving ZP at 2pm.  3PM--Art with Caitlin	14 Carl 11 and 13
15	16 11AM- Fitness with Bari  1PM – Art with Finnie  3PM-Golf at the Woodstock Country Club	17 11AM-Story telling with Jools  1pm-Nutrition with Vince 3PM- Yoga with Amanda 4:15-Reading with Diane Dugan	18 10A-Leave for Kayaking and Canoeing with Vermont Adaptive at Silver Lake. Return at 2pm. 3PM-Singing with Kerry 4PM- Walk to Market on the Green, weather and time permitting!!	19 11AM-Cooking with Sarah  1PM-Singing with Jim Yeager  3PM- Yoga with Tita	20 10:30AM-Bus To Moonrise Farm for Horseback Riding pack a lunch. Release and rider forms must be filled out to ride. Return 2PM  3PM-.Drumming with Ted	21 No Carl
22	23 11AM- Fitness with Bari  1pm – Art with Fiona  3PM-Fun with Kitty	24 10AM-Leave for bowling at Maple Lanes. Leave ML at 1:15 arriving ZP at 2PM  3PM-Yoga with Jamie 4:15-Reading with Diane Dugan	25 10A-Leave for Kayaking and Canoeing with Vermont Adaptive at Silver Lake. Return at 2pm.  3PM-Singing with Kerry 4:15PM- Reading with Bettyanne	26 11AM-Story telling with Jools  1PM-Art with Lolly and Bonnie and Sarah  3PM-Yoga with Jess	27 10:30AM-Bus To "No Town" Music Festival, In Stockbridge, VT at Tweed River Tubing-2056 VT Rte.100 Swim, lunch, listen to music!! (bring a bathing suit, towel and lunch) Leave Rochester VT at 3Pm arriving ZP at 3:45PM	28 No Carl
29 Carl 31	30 11AM- Fitness with Bari 1pm – Crafts with Kitty  3PM-Golf at the Woodstock Country Club	31 11AM Games with Carl 1pm-Nutrition with Vince  3PM-Yoga with Lalita 4:15-Reading with Phil Swanson	<b>Notes:</b> <b>BLUE= BUS TRIP</b>			