



*Three Pronged Approach to
Sustainable Mental Health Recovery*

Frequently Asked Questions

1. What are the dates and the location of the 2017 NAMI-NYS Education Conference?

The NAMI-NYS Conference dates are November 10th -12th.

The Conference will be held at the Desmond Hotel and Convention Center located at 66 Albany Shaker Road, Albany NY.

2. How much does it cost to register for the convention?

NAMI-NYS Member Rates

- \$ 215 Entire Conference 3 Days (6 meals)
- \$ 195 Friday and Saturday Only (5 meals)
- \$ 120 Saturday and Sunday Only (3 meals)
- \$ 100 Friday Only (2 meals—no breakfast)
- \$ 75 Friday Daytime Only - 9am – 5 pm (Lunch only)
- \$ 100 Saturday Only (2 meals—no breakfast)
- \$ 75 Saturday Daytime Only - 9am – 5 pm (Lunch only)

Non-Member Rates

- \$ 75 Additional Fee to any above rate OR
- **\$ 40 Join NAMI-NYS TODAY and Save on Registration**

Single Meal Rates

- \$ 50 Friday Lunch – Zero Suicide Prevention Panel
- \$ 60 Friday Evening – NAMI Honors Leaders Banquet
- \$ 50 Saturday Lunch – Recover: Intervention, Engagement & Implementation
- \$ 60 Saturday Evening – Beyond Silence Screening/Panel Discussion and Banquet

3. What does registration include?

Full Registration to the NAMI-NYS Education Conference includes all of the conference activities, as well as all meals. (Lunch and dinner on Friday; breakfast, lunch and dinner on Saturday; and breakfast on Sunday). Other registration options include only the meals listed.

4. Is the hotel included in the registration fee?

No, the hotel cost is not included in the registration fee. In order to reserve a room at the Desmond Hotel and Convention Center, contact the hotel at (518) 869-8100 and mention that you are registering as part of the NAMI conference. The NAMI rate will be \$128 for a room with a king size bed or a room with two queen size beds.

Other hotels are also available near the Desmond. Call Sharon for details.

5. Are there scholarships available for the convention?

Yes, a limited number of both partial and full scholarships are available for people living with a mental illness and family members of people living with a mental illness. Scholarships are **only available to NAMI-NYS members**. Scholarships include conference registration and meals. Full scholarships also include a shared offsite hotel room for two nights. Travel expenses will not be reimbursed. Call Tammie for an application.

6. Who attends the NAMI-NYS conference?

The NAMI-NYS conference consists of NAMI-NYS Grassroots leaders, people living with a mental illness, family members and friends of people with a mental illness, providers of mental health services, mental health advocates and New York State agency leaders.

7. Do I have to be a member in order to attend the conference?

No, you do not have to be a member to attend the conference but, there is a price differential between members and non-members.

8. Can I exhibit at the NAMI-NYS conference?

Yes, there are opportunities available to exhibit during the conference. All exhibitors will receive a 10 x 20 space with a skirted table and full registration including all meals. The cost to exhibit on Friday or Saturday individually is \$400. The cost to exhibit on both Friday and Saturday is \$600. [Click here](#) to learn about all conference marketing opportunities.

9. What goes on at the NAMI-NYS Education Conference?

The NAMI-NYS Education Conference offers the latest information on current research, treatment options and advocacy issues that impact the delivery of mental health care.

The 2017 NAMI-NYS Education Conference ***Intervention, Engagement, Implementation: Three Pronged Approach to Sustainable Mental Health Recovery*** will present national leaders in progressing advances in mental health research, practices and advocacy issues.

10. On Friday, do I need to register for a focus track, and do I need to stay on one track?

No, you do not need to register for a specific focus track on Friday, nor do you have to stay on one track. You are free to pick and choose whichever sessions you want to attend.

11. What will be included in the focus track for Young Adults and who can attend the track?

The Young Adult track will feature workshop sessions curated by and featuring NAMI-NYS's young leaders and focus on mental health issues prevalent in those ages 18-32 and how to communicate positive mental health to this community. Although anyone can participate in any session they choose throughout the conference, the information presented on this track will be most beneficial for those in the aforementioned age group and faculty members of college campuses.

12. What is the NAMI-NYS Wellness Room and Wellness Track?

The NAMI-NYS Wellness Room will be where attendees can go to take a break and relax. There will be soothing music, comfortable seating and information on various wellness resources. There will be a Wellness Track featuring workshops providing information on mindfulness, nutrition, exercise, holistic approaches, creative arts therapies and other complimentary modalities to advance recovery. Special demonstrations of wellness practices will be available throughout the weekend.

13. If I am registered for the entire conference, do I have to attend all sessions?

No, it would be impossible to attend all sessions at the conference. The conference will offer a plethora of learning opportunities; absorbing all of this would be exhausting. So, we encourage you to take a break and relax if you are tired or feel overwhelmed. Please don't feel pressured to do everything.

14. How do I get to the Desmond Hotel and Convention Center?

If you are traveling by car, The Desmond Hotel and Conventional Center is located off Exit 4 of the 1-87 Northway.

If traveling by train, the Desmond Hotel and Convention Center is a fifteen minute cab ride from the Albany/ Rensselaer train station.

If you are traveling by plane, the Desmond Hotel is about five minutes from Albany International Airport; there is a complimentary shuttle from the airport straight to the Desmond Hotel.

15. I am trying to plan my travel. What time should I arrive at the conference?

The NAMI-NYS Education Conference begins on Friday, November 10th, with registration beginning at 9:00 am. The exhibit area will be open at that time and there will be wellness

activities taking place. The first group of workshop sessions begins at 10:30am. A buffet lunch will be served beginning at 11:30am and the first plenary session begins at 12:15pm.

On Saturday, the conference begins at 8:15am with our annual business meeting. The first education session begins at 9am.

16. Will Continuing Education Units (CEU) be available?

Yes, many of the sessions will be CEU accredited and more information about that will be coming soon.

For any other questions please contact Matthew Shapiro

Phone: 518-462-2000

Email: Matthew@naminys.org