



# UPDATE

August 15, 2016

- I. [Science and Service News Updates](#)
- II. [Resources: Publications, Toolkits, Other Resources](#)
- III. [Calendar of Events](#)
- IV. [Calls for Public Input](#)
- V. [Funding Information](#)

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<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## SCHIZOPHRENIA, AUTISM RISK GENE TRAJECTORIES POINT TO SHARED CAUSES

Risk genes for schizophrenia and autism conspicuously activate in the same neuronal neighborhood of the brain's cortex, or outer mantle, during infancy. This suggests some related underlying illness processes – even though known genetic variations associated with the disorders overlap by only 5 percent, say researchers. Their study, which pinpointed the developmental trajectories of the suspect genes in the monkey brain, also identified divergent timing of risk gene activation that might help to explain the differing courses of the illnesses. Autism-related genes first switched on in newborn neurons during prenatal development, while schizophrenia risk genes didn't activate until infancy.

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/schizophrenia-autism-risk-gene-trajectories-point-to-shared-causes.shtml>

## HOW “QUICKLY FORGOTTEN” EARLY LIFE EXPERIENCES MATURE THE BRAIN; CRITICAL PERIOD FOR LEARNING HOW TO REMEMBER EVENTS ID'D IN RAT EXPERIMENTS

Ever wonder why we can't remember much from our first few years of life? It turns out that those early experiences leave lasting memory traces in our brain, but its memory circuitry hasn't yet learned how to properly process and store them, suggest experiments in rats by NIMH grantee Christina Alberini, Ph.D. at New York University (NYU). The circuitry's keen sensitivity to experience during this critical period enables such long-term memory ability to develop through practice.

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/how-quickly-forgotten-early-life-experiences-mature-the-brain.shtml>

## NIMH GRANTEES NAMED RECIPIENTS OF PRESTIGIOUS KAVLI PRIZE

The National Institute of Mental Health (NIMH) congratulates three NIMH grantees who have been named recipients of the 2016 Kavli Prize in Neuroscience. Michael Merzenich from the University of California San Francisco, Eve Marder from Brandeis University, and Carla Shatz from Stanford University will receive the prize “for the discovery of mechanisms that allow experience and neural activity to remodel brain function.” Over the past 40 years, these three prize winners have challenged the notion that the brain is hard-wired and relatively inflexible and have “provided a convincing view of a far more flexible adult brain than previously thought possible – one that is ‘plastic,’ or capable of remodeling.”

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/nimh-grantees-named-recipients-of-prestigious-kavli-prize.shtml>

## **NIH RELEASES IMPROVED GUIDELINES FOR DIAGNOSING FETAL ALCOHOL SPECTRUM DISORDER**

A group of experts on fetal alcohol spectrum disorders (FASD), organized by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), has produced proposed clinical guidelines for diagnosing FASD, which can result when a mother drinks during pregnancy. The updated guidelines, developed over one year by a cadre of experts in the field, are based on analysis of 10,000 individuals involved in studies of prenatal alcohol exposure funded by NIAAA.

**Press Release:** <https://www.nih.gov/news-events/news-releases/nih-releases-improved-guidelines-diagnosing-fetal-alcohol-spectrum-disorder>

## **HHS OFFICE OF MINORITY HEALTH AWARDS \$2.4 MILLION TO SUPPORT RE-ENTRY PROGRAMS**

The Office of Minority Health (OMH) at the United States (U.S.) Department of Health and Human Services (HHS) announced new grant awards totaling approximately \$2.4 million to seven organizations to improve the health outcomes for minority and/or disadvantaged individuals in transition from jail to their communities. The Re-Entry Community Linkages program will connect individuals who are formerly incarcerated to community-based organizations that provide links to health care, including behavioral health care services, health care coverage, and social services.

**Press Release:** <http://minorityhealth.hhs.gov/omh/Content.aspx?ID=163&lvl=2&lvlid=8>

## **\$16 MILLION IN FUNDING TO IMPROVE HEALTH CARE IN RURAL AMERICA**

More than \$16 million has been awarded by the Health Resources and Services Administration (HRSA) to improve access to quality health care in rural communities, including funds that will expand use of telehealth technology for veterans and other patients, assist providers with quality improvement activities, and support policy-oriented research to better understand the challenges faced by rural communities.

**Press Release:** <http://www.hhs.gov/about/news/2016/08/11/16-million-funding-improve-health-care-rural-america.html>

## **SAMHSA TO RECOGNIZE HONOREES AT THE 2016 VOICE AWARDS**

At the 2016 Voice Awards, the Substance Abuse and Mental Health Services Administration (SAMHSA) recognized actors Kristen Bell and Dax Shepard; filmmakers Rob Reiner and his son Nick Reiner; and entertainers Yashi Brown, her mother Rebbie Jackson-Brown, and her sister Stacy Brown-Salas for raising awareness and understanding of mental health and addiction issues. Hosted by Dr. Mehmet Oz of “The Dr. Oz Show,” the event also recognized community leaders, as well as television and film screenwriters and producers, for their efforts to promote the importance of behavioral health and the positive impact that family members can have on their loved ones’ paths to recovery from mental and substance use disorders

**Press Release:** <http://www.samhsa.gov/newsroom/press-announcements/201608101200>

## NEW FROM NIH

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### NIH RESEARCH MATTERS: AN EXPANDED MAP OF THE HUMAN BRAIN

Researchers created a high-resolution map of the human brain, identifying 180 distinct areas in each half of the outermost layer, the cortex. The study provides new insights and tools for understanding the roles of specialized brain regions in health and disease. <https://www.nih.gov/news-events/nih-research-matters/expanded-map-human-brain>

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### NIMHD: ARCHIVED TWITTER CHAT ON IMPACT OF RACIAL DISCRIMINATION ON MENTAL HEALTH

For National Minority Mental Health Awareness Month in July, the National Institute of Minority Health and Health Disparities joined the American Psychological Association Public Interest Directorate and the National Council for Behavioral Health to co-host a Twitter chat on the effects of discrimination and stress on minorities' mental health. The archived chat is available.

<https://content.govdelivery.com/accounts/USNIHNIMHD/bulletins/1591a1f>

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### HEALTHREACH: HEALTH INFORMATION IN MANY LANGUAGES: MENTAL HEALTH

*HealthReach*, a project of the National Library of Medicine, is a national collaborative partnership that has created a resource of multilingual, multicultural public health information for those working with or providing care to individuals with limited English proficiency. HealthReach has compiled multilingual patient handouts, audio, and video on many mental health topics.

<https://healthreach.nlm.nih.gov/searchindex/Mental+Health>

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### NATIONAL LIBRARY OF MEDICINE: INFORMATION FOR CAREGIVERS

The National Library of medicine has pinned resources for caregivers on mental health information and treatment, both for themselves and loved ones. <https://www.pinterest.com/nlm4caregivers/mental-health/>

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### VIDEO SERIES: HOW CAN PARENTS AND CAREGIVERS PROMOTE EARLY LEARNING?

National Institute of Child and Human Development experts provide tips on how to encourage lifelong learning in children using math, language, and reading skills.

<https://www.nichd.nih.gov/health/topics/early-learning/topicinfo/Pages/promote.aspx>

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### NIH MEDLINEPLUS FEATURE: ALCOHOL-MEDICINES INTERACTIONS

The recent issue of the NIH MedlinePlus magazine spotlights alcohol, medicines, and aging.

<https://www.niaaa.nih.gov/news-events/news-noteworthy/nih-medlineplus-feature-alcohol-medicines-interactions>

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#### ATHLETIC TEENS LESS LIKELY TO TRANSITION FROM PRESCRIPTION PAIN RELIEVERS TO HEROIN

Teens who participate in daily sports and exercise activities are less likely to transition from opioid pain reliever use to heroin, according to research funded by the National Institute on Drug Abuse (NIDA).

<https://www.drugabuse.gov/news-events/news-releases/2016/07/athletic-teens-less-likely-to-transition-prescription-pain-relievers-to-heroin>

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#### SECONDHAND MARIJUANA SMOKE MAY IMPAIR CARDIOVASCULAR FUNCTION

Pre-clinical research funded by NIDA suggests that secondhand marijuana smoke may cause longer lasting cardiovascular harm than secondhand tobacco smoke.

<https://www.drugabuse.gov/news-events/news-releases/2016/07/secondhand-marijuana-smoke-may-impair-cardiovascular-function>

### NEW RESOURCES FROM SAMHSA

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#### UNDERSTANDING CHILD TRAUMA

This brochure gives parents and caregivers an overview of the types of traumatic stress that commonly affect children and details on the effects these events have on their physical and psychological health. It includes a list of resources for assisting with recovery. <http://store.samhsa.gov/product/Understanding-Child-Trauma/All-New-Products/SMA15-4923>

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#### APPROACHES IN IMPLEMENTING THE MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT: BEST PRACTICES FROM THE STATES

This report discusses best practices regarding the Mental Health Parity and Addiction Equity Act of 2008 in the areas of parity implementation processes, collaborations with other organizations, tools for understanding and monitoring compliance, and recommendations for other states. Data was collected from California, Connecticut, Maryland, Massachusetts, New York, Oregon, and Rhode Island.

<http://store.samhsa.gov/product/SMA16-4983>

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#### WELLNESS PODCASTS

Wellness specialists and other experts discuss tips for maintaining wellness, the role of peer support, and more in this podcast series. <http://www.samhsa.gov/wellness-initiative/podcasts>

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#### BEHAVIORAL HEALTH SPENDING AND USE ACCOUNTS, 1986-2014

This report presents findings on behavioral health treatment for 1986 to 2014. It includes data on mental health and substance use disorder treatment spending trends, and trends in substance use disorder and mental health treatment utilization. <http://store.samhsa.gov/product/SMA16-4975>

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## WORKING WITH NATIVE COMMUNITIES

To effectively prevent suicide among American Indians and Alaska Natives (AI/AN), suicide prevention practitioners must learn to appreciate the uniqueness and build upon the strengths of each tribe, nation, and community. Evidence-based suicide prevention practices need to be tailored for the community and context in which they will be used. There are important differences in the scope and patterns of suicidal behaviors in individual AI/AN communities as well as in the cultural contexts in which prevention programs take place. This Suicide Prevention Resource Center blog post provides guidance on working with Native communities. <http://www.sprc.org/news/working-native-communities>

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## PREVENTING PRESCRIPTION DRUG MISUSE: OVERVIEW OF FACTORS AND STRATEGIES

This resource highlights key factors associated with the non-medical use of prescription drugs, and strategies and associated programs that have been evaluated to determine their effects on this growing problem.

<http://www.samhsa.gov/capt/tools-learning-resources/preventing-prescription-drug-misuse-overview-factors-strategies>

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## PREVENTING PRESCRIPTION DRUG MISUSE: UNDERSTANDING WHO IS AT RISK

This tool summarizes information from cross-sectional and longitudinal studies on factors that have been shown to either increase risk of or protect against the non-medical use of prescription drugs.

<http://www.samhsa.gov/capt/tools-learning-resources/preventing-prescription-drug-misuse-understanding-who-risk>

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## PREVENTING PRESCRIPTION DRUG MISUSE: PROGRAMS AND STRATEGIES

This resource summarizes substance misuse prevention strategies and associated programs that have been evaluated to determine their effects on the non-medical use of prescription drugs.

<http://www.samhsa.gov/capt/tools-learning-resources/preventing-prescription-drug-misuse-programs-strategies>

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## USING SOCIAL MEDIA TO FACILITATE COLLABORATION

Social media can play an important role in helping practitioners build and grow public health collaborations.

This tool explores factors to consider prior to establishing a social media presence and concrete tips for maximizing the benefits of this approach. <https://captcollaboration.edc.org/tool/using-social-media-facilitate-collaboration>

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## EFFECTIVE SOCIAL MEDIA PLANNING

Designed to accompany the tool, *Using Social Media to Facilitate Collaboration*, this worksheet presents some important questions to consider prior to establishing a professional social media presence.

<https://captcollaboration.edc.org/tool/worksheet-effective-social-media-planning>

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## MARIJUANA USE AND PERCEIVED RISK OF HARM FROM MARIJUANA USE VARIES WITHIN AND ACROSS STATES

National Survey on Drug Use and Health from 2012 to 2014 data collected from 204,000 people aged 12 or older show that marijuana use and perceptions of the risk associated with marijuana use vary extensively among regions within each state and throughout the nation.

[http://www.samhsa.gov/data/sites/default/files/report\\_2404/ShortReport-2404.html](http://www.samhsa.gov/data/sites/default/files/report_2404/ShortReport-2404.html)

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## ARCHIVED WEBINAR: AMERICA'S CHILD SOLDIERS: GANG VIOLENCE, TRAFFICKING, AND TRAUMA

Gang-involved youth in the U.S. have been likened to “America’s child soldiers,” particularly in regard to their exposure to trauma. This National Child Traumatic Stress Network webinar explored the conditions that contribute to youth affiliation with armed groups, including racialized structural and economic violence, individual and community traumatization, and high-risk behavioral adaptations to chronic violence. Findings of research with gang-involved youth and anecdotal evidence were used to elucidate the pathway by which American children may join armed groups and the traumatic effects of gang involvement. Current promising approaches to trauma-informed intervention with this population were described, and recommendations for intervention, research, and system reform will be made.

[http://learn.nctsn.org/calendar/view.php?view=day&time=1467788400#event\\_976](http://learn.nctsn.org/calendar/view.php?view=day&time=1467788400#event_976)

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## BLOG POST: A HEALTHIER START: ADDRESSING NEONATAL ABSTINENCE SYNDROME AND OPIOID MISUSE DURING PREGNANCY

There has been a five-fold increase in babies born with Neonatal Abstinence Syndrome (NAS) from 2000 to 2012. These babies are a part of why HHS has made addressing the opioid epidemic a Department-wide priority. This Substance Abuse and Mental Health Services Administration (SAMHSA) blog post describes initiatives seeking to prevent and treat opioid dependence, including identification and treatment of NAS.

<http://blog.samhsa.gov/2016/08/02/a-healthier-start-addressing-neonatal-abstinence-syndrome-and-opioid-misuse-during-pregnancy/#>

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## A COLLABORATIVE APPROACH TO THE TREATMENT OF PREGNANT WOMEN WITH OPIOID USE DISORDERS

This guide promotes collaborative efforts among agencies and providers serving pregnant and post-partum women with opioid dependence and their infants. It presents a coordinated, multi-systemic approach grounded in early identification and intervention to assist child welfare, medical, substance use treatment, and other systems to develop approaches to support families.

<https://ncsacw.samhsa.gov/resources/opioid-use-disorders-and-medication-assisted-treatment/default.aspx>

## NEW FROM CDC

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### NATIONAL SURVEY OF PRISON HEALTH CARE: SELECTED FINDINGS

This report from the Centers for Disease Control and Prevention's (CDC) National Center for Health Statistics presents selected findings on admissions testing for infectious disease, cardiovascular risk factors, and mental health conditions within the U.S. prison system, as well as the utilization of telemedicine.

<https://www.cdc.gov/nchs/data/nhsr/nhsr096.pdf>

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### SNAPSHOT OF AUTISM SPECTRUM DISORDER AMONG 8-YEAR-OLD CHILDREN IN MULTIPLE COMMUNITIES ACROSS THE U.S. IN 2012

This is the 6th Community Report from the Autism and Developmental Disabilities Monitoring Network, which tracks the number and characteristics of children with autism spectrum disorder and other developmental disabilities in diverse communities throughout the U.S.

<http://www.cdc.gov/ncbddd/autism/addm-community-report.html>

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### INCIDENCE OF NEONATAL ABSTINENCE SYNDROME — 28 STATES, 1999–2013

CDC examined state trends in the incidence of NAS, postnatal drug withdrawal syndrome, incidence using all-payer, hospital inpatient delivery discharges compiled in the State Inpatient Databases of the Healthcare Cost and Utilization Project (HCUP) during 1999 to 2013. Among 28 states with publicly available data in HCUP during 1999 to 2013, the overall NAS incidence increased 300 percent, from 1.5 per 1,000 hospital births in 1999, to six per 1,000 hospital births in 2013. During the study period, significant increases in NAS incidence occurred in 25 of 27 states with at least three years of data, with annual incidence rate changes ranging from 0.05 (Hawaii) to 3.6 (Vermont) per 1,000 births.

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6531a2.htm>

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### SEXUAL IDENTITY, SEX OF SEXUAL CONTACTS, AND HEALTH-RELATED BEHAVIORS AMONG STUDENTS IN GRADES 9–12 — U.S. AND SELECTED SITES, 2015

Significant health disparities exist between sexual minority and non-sexual minority youth. To determine behaviors that contribute to negative health outcomes among sexual minority youth, for the first time, the Youth Risk Behavior Surveillance System added a question to ascertain sexual identity to the standard questionnaire used by states and large urban school districts in 2015. This report presents the findings from the analysis. The report reveals that lesbian, gay, and bisexual youth experience substantially higher levels of physical and sexual violence and bullying, and are at increased risk for suicide and other serious negative outcomes. These data highlight the need for accelerated action to protect the health and wellbeing of vulnerable youth. <http://www.cdc.gov/mmwr/volumes/65/ss/ss6509a1.htm>



## RESOURCES FROM ADMINISTRATION FOR FAMILIES AND CHILDREN

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### SPOTLIGHT ON FAMILY ENGAGEMENT

Engaging and partnering with families involved in child welfare is the foundation of good casework practice. This month's *Children's Bureau Express* features resources highlighting the importance of family engagement, and offers guidance and strategies to help professionals better partner with families.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewSection&issueID=179&subsectionID=53>

### PREVENTION-FOCUSED VIDEO SERIES

*Building Community, Building Hope* is a new video series that is part of a multi-year endeavor by the Children's Bureau to promote solutions for preventing child maltreatment. The series aims to encourage and emphasize community involvement and the formation of partnerships to support prevention efforts. An accompanying discussion guide outlines the series' main messages and provides brief suggestions on how professionals can utilize the videos.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewArticles&issueid=179&sectionid=5&articleid=4812>

## HHS BLOG POSTS

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### BYSTANDERS CAN HELP LIMIT THE HURTFUL EFFECTS OF CYBERBULLYING

This StopBullying.gov blog post provides questions adults can pose to young people as conversation starters about cyberbullying and the kinds of strategies they can use as bystanders who witness online forms for bullying. <http://www.stopbullying.gov/blog/2016/07/25/bystanders-can-help-limit-hurtful-effects-cyberbullying>

### A 100-DAY CHALLENGE TO END YOUTH HOMELESSNESS IN THREE CITIES

This HHS blog post describes the 100-Day Challenge, which will help catalyze community action to establish bold, creative, and innovative ways to help homeless youth find stable housing. The Challenge will launch on September 7, 2016, in three communities -- Austin, Cleveland, and Los Angeles, which were chosen through a competitive process for their innovative approaches to addressing youth homelessness.

<http://www.hhs.gov/blog/2016/07/27/100-day-challenge-end-youth-homelessness-three-cities.html>

### FAITH AND COMMUNITY LEADERS PLAY POWERFUL ROLES IN MINORITY MENTAL HEALTH

This HHS blog post highlights how community leaders play a role in addressing minority mental health issues. <http://www.hhs.gov/blog/2016/07/26/community-leaders-play-powerful-roles-minority-mental-health.html>

## HEALTH EQUITY CHANGE MAKERS

In honor of its 30th anniversary, the HHS OMH has launched a new digital storytelling project to highlight powerful and inspiring stories of advancing health equity from across the nation. Health Equity Change Makers illustrates the far-reaching impact of health disparities and the ways that everyone is making change happen every day. Visit the website to learn more, share your own stories of change, and get ideas for accelerating health equity in your own community. <http://www.minorityhealth.hhs.gov/ChangeMakers>

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### ELK'S STORY

Elk supports youth of the Northern Arapaho tribe to find their voice to help end the epidemics of suicide and substance abuse that threaten their well-being. <http://minorityhealth.hhs.gov/ChangeMakers/sage.html>

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### MARIA'S STORY

Maria was inspired to become a promotora to help members of her community get information and support they need to cope with chronic illnesses. <http://minorityhealth.hhs.gov/ChangeMakers/schinstock.html>

## SUICIDE AMONG VETERANS AND OTHER AMERICANS, 2001-2014

The Department of Veterans Affairs (VA) released its findings from the nation's most comprehensive analysis of Veteran suicide rates in the U.S. in which VA examined more than 55 million Veterans' records from 1979 to 2014 from every state in the nation.

<http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2807>

## COUNTING SHEEP? 10 TIPS TO HELP FOSTER HEALTHY SLEEP HABITS

Sleep is important for healthy brain function, emotional wellbeing, and overall good physical health. But many service members and Veterans are not getting the sleep they need. This Defense Centers for Excellence in Psychological Health and Traumatic Brain Injury (DCoE) blog post provides tips for fostering healthy sleep habits. [http://www.dcoe.mil/blog/16-08-](http://www.dcoe.mil/blog/16-08-10/Counting_Sheep_10_Tips_to_Help_Foster_Healthy_Sleep_Habits.aspx)

[10/Counting\\_Sheep\\_10\\_Tips\\_to\\_Help\\_Foster\\_Healthy\\_Sleep\\_Habits.aspx](http://www.dcoe.mil/blog/16-08-10/Counting_Sheep_10_Tips_to_Help_Foster_Healthy_Sleep_Habits.aspx)

## **ONLINE SEMINAR: PREVENTING GUN VIOLENCE: UNDERSTANDING LAW ENFORCEMENT RESPONSE AND IMPROVING MULTI-DISCIPLINARY PARTNERSHIPS FOR PEACE**

AUGUST 24, 2016, 10:30AM-12:00PM ET

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This National Institute of Justice *Research for the Real World* seminar explores common police practices for responding to gun violence and the extent to which they are contributing to reductions in violent incidents. The panel will also explore the role of multi-disciplinary partners such as the public health sector in reducing gun violence, and discuss promising practices for law enforcement partnerships to leverage complimentary violence reduction efforts. <http://nij.gov/events/Pages/research-real-world.aspx>

## **WEBINAR: SHARED DECISION MAKING: A PROCESS NOT A PROGRAM**

AUGUST 23, 2016, 1:00-2:00 PM ET

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This SAMHSA webinar will explore expanded perspectives on what the shared decision making process encompasses and provide examples of how it can be adopted by a variety of practitioners in diverse practice situations. The presenters will show how to look for and create opportunities for engaging in shared decision making in everyday practice. They will provide strategies and personal examples of helping practitioners embrace the process, even in the absence of a structured shared decision making “program.” [https://ahpnet.adobeconnect.com/e54cxl28ibx/event/event\\_info.html](https://ahpnet.adobeconnect.com/e54cxl28ibx/event/event_info.html)

## **WEBINAR: SUPPORTING YOUNG MALE SURVIVORS OF VIOLENCE**

AUGUST 25, 2016, 11:00 AM-12:30 PM ET

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To lessen the traumatic impact experienced by young male survivors of violence and to stop the cycle of retaliation, communities must recognize the need to intervene and provide opportunities and supports to help survivors heal and recover. The Office of Victims of Crime Training and Technical Assistance Center is hosting this webinar to share information about three intervention models currently in use to serve young male survivors of violence. <https://www.ovcttac.gov/views/TrainingMaterials/dspWebinars.cfm>

## **WEBINAR: USING BENCHMARKING TO DRIVE SUCCESSFUL BEHAVIORAL HEALTH AND PRIMARY CARE INTEGRATION**

AUGUST 25, 2016, 12:00 PM ET

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As more and more services are reimbursed through value-based models, you have to be able to show payers how integrated behavioral health and primary care services drive quality care. Join this SAMHSA-Health Resources and Services Administration Center for Integrated Solutions webinar to learn how to use benchmarking to define quality improvement priorities, and monitor key clinical and administrative metrics specific to the integration of primary and behavioral health care. Get practical tips on how to establish a process for benchmarking, and ideas for sharing quality improvement and return on investment data with your team, leadership, and payers. <https://goto.webcasts.com/starthere.jsp?ei=1113095>

## **WEBINAR: COMBATING COMPASSION FATIGUE**

AUGUST 25, 2016, 1:00-2:30 PM ET

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The negative impact of traumatic events can extend beyond those who directly experienced the trauma. Health care professionals who provide services to traumatized individuals are at risk for a phenomenon called compassion fatigue. Experiencing compassion fatigue can lead to impaired social and occupational functioning. This DCoE presentation will introduce attendees to the concept of compassion fatigue, describe its symptoms, and discuss strategies to minimize the negative impact.

[http://dcoe.mil/Training/Monthly\\_Webinars.aspx](http://dcoe.mil/Training/Monthly_Webinars.aspx)

## **WEBINAR: SHARED DECISION MAKING DIALOGUES: ENGAGING INDIVIDUALS AND FAMILIES IN DECISION MAKING**

AUGUST 30, 2016, 1:00-2:00 PM ET

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This SAMHSA webinar will draw from examples at two different service settings—a peer-run recovery center and a program that serves young adults experiencing psychosis—to illustrate ways to help individuals and families make the most of health care conversations. The presenters will highlight how they use the framework of shared decision making to guide services delivery and engage people using their services to become active in all aspects of their health care.

[https://ahpnet.adobeconnect.com/e3wrc5y25og/event/event\\_info.html](https://ahpnet.adobeconnect.com/e3wrc5y25og/event/event_info.html)

## WEBINAR: MENTAL HEALTH DISPARITIES RESEARCH AT NIMH

AUGUST 31, 2016, 2:00-3:00 PM ET

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This NIMH webinar will present exemplary studies that highlight the strategic objectives of the *NIMH Strategic Plan for Research*. Two NIMH-funded researchers who have investigated mental health disparities will present their preliminary findings: “Racial and Ethnic Disparities in Healthcare Visits Before Suicide Attempts” and “Race/Ethnic Differences in Biological Aging: Relations of Behavioral and Lifestyle Factors to Telomere Length.” <http://apps1.seiservices.com/nimh/mentalhealthdisparitieswebinar/Webinar03/>

## WEBINAR: SCREENING, ASSESSMENT, AND TREATMENT FOR ADOLESCENTS WITH SUBSTANCE USE DISORDERS

AUGUST 31, 2016, 2:00-3:00 PM ET

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Join SAMHSA’s Addiction Technology Transfer Center for the third webinar in the quarterly series on new approaches in evidence-based prevention and substance use disorder treatment for youth. This presentation will look at the value of evidence-based screening, assessment, and evidence-based practices for adolescents with substance use disorders. It will review multiple large demonstrations of the feasibility, replicability, effectiveness, and cost effectiveness of several approaches to screening, assessment, treatment, and recovery support services; show that comprehensive assessment is important because most adolescents present with multiple co-occurring problems; and examine recent meta analyses and articles demonstrating that a wide range of evidence-based treatment, recovery support, and other practices are associated with better outcomes than treatment as usual. [https://events-na9.adobeconnect.com/content/connect/c1/1244116785/en/events/event/shared/default\\_template/event\\_landing.html?sco-id=1284627493&\\_charset\\_=utf-8](https://events-na9.adobeconnect.com/content/connect/c1/1244116785/en/events/event/shared/default_template/event_landing.html?sco-id=1284627493&_charset_=utf-8)

## RECOVERY MONTH

SEPTEMBER 2016

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Every September, SAMHSA sponsors Recovery Month to increase awareness and understanding of mental and substance use disorders, and celebrate the people who recover. <https://recoverymonth.gov/>

## NATIONAL WELLNESS WEEK

SEPTEMBER 11-17, 2016

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National Wellness Week is held during the third week of September and shares the message that practicing wellness provides an essential foundation for good health. <http://www.samhsa.gov/wellness-initiative/national-wellness-week-resources>

## WEBINAR: FIVE-YEAR RECOVERY: A NEW STANDARD FOR ASSESSING EFFECTIVENESS OF SUBSTANCE USE DISORDER TREATMENT

SEPTEMBER 13, 2016, 2:00-3:30 PM ET

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In this SAMHSA Addiction Technology Transfer session, NIDA Deputy Director Dr. Wilson Compton will review the science of addiction as a chronic disease. Based on the background of a long-term learning model of addiction and addiction recovery, he proposes a five-year outcome standard for substance abuse services. Adopting this standard should help to ensure that substance use disorders are treated like other chronic conditions that require continuing care.

<https://attendee.gotowebinar.com/register/8809352406190831363>

## SYMPOSIUM: CELEBRATION OF 60 YEARS OF BEHAVIORAL AND COGNITIVE NEUROSCIENCE IN THE LABORATORY OF NEUROPSYCHOLOGY

OCTOBER 20-21, 2016, BETHESDA, MD

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This NIMH symposium will integrate the advances made over the last 60 years in the understanding of the neurobiology of memory, perception, and action. Speakers will share insights from studies of nonhuman primates, humans, and rats using lesions, electrophysiology, imaging, and related techniques. Talks will focus on how these advances led to current scientific understanding, and how that trajectory points the way toward new research questions that will drive the field forward. <http://www.nimh.nih.gov/research-priorities/scientific-meetings/announcements/celebration-of-60-years-of-behavioral-and-cognitive-neuroscience-in-laboratory-of-neuropsychology/index.shtml>

## COMMENT ON MENTAL HEALTH AND SUBSTANCE USE DISORDER PARITY

The HHS Mental Health and Substance Use Disorder Parity Task Force wants to hear about individuals' experiences with mental health and substance use disorder treatment services. How have parity protections affected you? What are your suggestions for improving awareness of parity protections and monitoring health plans' compliance with parity? The comment period is open until August 31, 2016.

<http://www.hhs.gov/about/agencies/advisory-committees/parity/feedback.html>

## NATIONAL CANCER INSTITUTE SEEKING IDEAS: HOW TO MAKE INFORMATION ABOUT CANCER CLINICAL TRIALS MORE ACCESSIBLE FOR DOCTORS, PATIENTS, AND CAREGIVERS

The National Cancer Institute (NCI) has launched Clinical Trials Ideas to gather ideas from patients, caregivers, advocates, health professionals, and technical partners on how to make cancer clinical trials information more accessible. NCI hopes to use submitted ideas to re-design how patients and oncologists find and understand information about available NCI-supported cancer clinical trials. Deadline for idea submissions is August 30, 2016. <https://cancerclinicaltrialsideas.cancer.gov>

## SEEKING COMMENT: ADVANCING THE CARE OF PREGNANT AND PARENTING WOMEN WITH OPIOID USE DISORDER AND THEIR INFANTS

This SAMHSA report summarizes the evidence review and rating processes used to establish appropriate interventions for the treatment of pregnant and parenting women with opioid use disorder and their infants. The report establishes the foundation for the development of a clinical guide enabling more health care providers to offer specialized treatment to women with opioid use disorder and their opioid-exposed infants. SAMHSA is seeking public comment on the clinical translation of this report in order to assure that it is of maximum utility. Comments are accepted until September 3, 2016.

<https://www.federalregister.gov/articles/2016/08/03/2016-18324/request-for-comment-on-report-entitled-advancing-the-care-of-pregnant-and-parenting-women-with>

## SEEKING COMMENT: CMS PROPOSED IMPROVEMENTS TO PAYING FOR CARE COORDINATION AND PLANNING, PRIMARY CARE, AND MENTAL HEALTH IN DOCTORY PAYMENT RULE

The Centers for Medicare and Medicaid Services (CMS) is proposing changes to the Physician Fee Schedule to transform how Medicare pays for primary care through a new focus on care management and behavioral health designed to recognize the importance of the primary care work physicians perform. The rule's primary care proposals improve how Medicare pays for services provided by primary care physicians and other practitioners for patients with multiple chronic conditions, mental and behavioral health issues as well as cognitive impairment or mobility-related impairments. CMS is proposing to pay for specific behavioral health services furnished using the Collaborative Care Model, which has demonstrated benefits in a variety of settings. CMS will accept comments on the proposed rule until September 6, 2016.

<https://www.cms.gov/Newsroom/MediaReleaseDatabase/Press-releases/2016-Press-releases-items/2016-07-07.html>

### FUNDING INFORMATION

NIH DIRECTOR'S NEW INNOVATOR AWARD PROGRAM

<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-16-004.html>

RESEARCH ON AUTISM SPECTRUM DISORDERS

<http://grants.nih.gov/grants/guide/pa-files/PA-16-387.html> (R03)

<http://grants.nih.gov/grants/guide/pa-files/PA-16-386.html> (R21)

<http://grants.nih.gov/grants/guide/pa-files/PA-16-388.html> (R01)



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.