



Moving Forward

*Identifying and Advocating for the Latest Breakthroughs
in Research and Treatment of Mental Health Issues and
Neurobiological Disorders*

Frequently Asked Questions

1. What are the dates and the location of the 2018 NAMI-NYS Education Conference?

The NAMI-NYS Conference dates are October 26th -28th.

The Conference will be held at a new location this year: The Albany Marriott, 189 Wolf Rd Albany, NY 12205

2. How much does it cost to register for the conference?

NAMI-NYS Member Rates:

- Full Conference-\$250
- Friday & Saturday-\$225
- Saturday & Sunday-\$160
- Friday All Day-125
- Friday Lunch Only-\$75
- Friday Dinner Only-\$100
- Saturday All Day-\$130
- Saturday Lunch Only-\$75
- Saturday Dinner Only-\$75

Non-Member Rates:

- Full Conference-\$325.00
- Friday & Saturday-\$275.00
- Saturday & Sunday-\$200.00
- Friday All Day-\$175.00
- Friday Lunch Only-\$125.00
- Friday Dinner Only-\$125.00
- Saturday All Day-\$175.00
- Saturday Lunch Only-\$100.00
- Saturday Dinner Only-\$100.00

3. What does registration include?

Full Registration to the NAMI-NYS Education Conference includes all of the conference activities, as well as all meals. (Lunch and dinner on Friday; breakfast, lunch and dinner on Saturday; and breakfast on Sunday). Other registration options include only the meals listed, for the day in parenthesis.

4. Is the hotel included in the registration fee?

No, the hotel cost is not included in the registration fee. In order to reserve a room at the Albany Marriott, contact the hotel at 1-800-228-9290 or 518-458-8444 and mention that you are registering as part of the NAMI conference. The NAMI rate will be \$116 for a room with a king size bed or a room with two queen size beds.

5. Are there scholarships available for the convention?

Yes, a limited number of both partial and full scholarships are available for people living with a mental illness and family members of people living with a mental illness. Scholarships are **only available to NAMI-NYS members**. Scholarships include conference registration and meals. Full scholarships also include a **shared hotel room** for two nights. **Travel expenses will not be reimbursed**. Applications are available on the conference website or you can call Tammie Paradis at 518-462-2000 for an application.

There are also special scholarships available for educators, law enforcement, veterans and young adults. You can contact Matthew Shapiro at 518-462-2000 to learn more about these opportunities.

6. Who attends the NAMI-NYS conference?

The NAMI-NYS conference consists of NAMI-NYS Grassroots leaders, people living with a mental illness, family members and friends of people with a mental illness, providers of mental health services, mental health advocates and New York State agency leaders.

7. Do I have to be a member in order to attend the conference?

No, you do not have to be a member to attend the conference, but there is a price differential between members and non-members. Both online and paper registration forms give you the option to become a NAMI-NYS member for \$40 and allow you to register at the discounted member rate.

8. Can I exhibit at the NAMI-NYS conference?

Yes, there are opportunities available to exhibit during the conference. All exhibitors will receive a 10 x 20 space with a skirted table and full registration including all meals. The cost to exhibit on Friday or Saturday individually is \$400. The cost to exhibit on both Friday and Saturday is \$600. [Click here](#) to learn about all conference marketing opportunities which includes options to exhibit, advertise and sponsor.

9. What goes on at the NAMI-NYS Education Conference?

The NAMI-NYS Education Conference offers the latest information on current research, treatment options and advocacy issues that impact the delivery of mental health care. NAMI-NYS will also honor leaders of mental health awareness. The conference features plenary and workshop sessions.

The 2018 NAMI-NYS Education Conference: *Moving Forward: Identifying and Advocating for the Latest Breakthroughs in Research and Treatment of Mental Health Issues and Neurobiological Disorders* will present national leaders in progressing advances in mental health research, practices and advocacy issues.

10. On Friday, do I need to register for a focus track, and do I need to stay on one track?

No, you do not need to register for a specific focus track on Friday, nor do you have to stay on one track. You are free to pick and choose whichever sessions you want to attend.

11. What will be included in the focus track for Young Adults and who can attend the track?

The Young Adult track will feature workshop sessions curated by and featuring NAMI-NYS's young leaders and focus on mental health issues prevalent in those ages 18-30 and how to communicate positive mental health to this community. Although anyone can participate in any session they choose throughout the conference, the information presented on this track will be most beneficial for those in the aforementioned age group and faculty members of college campuses.

12. What is the NAMI-NYS Wellness Room and Wellness Track?

The NAMI-NYS Wellness Room will be where attendees can go to take a break and relax. There will be soothing music, comfortable seating and information on various wellness resources. There will be a Wellness Track featuring workshops providing information on mindfulness, nutrition, exercise, holistic approaches, creative arts therapies and other complimentary modalities to advance recovery. Special demonstrations of wellness practices will be available throughout the weekend. This year's Saturday night session will feature marathon legend Dick Beardsley, who will be discussing how wellness has helped him recover from mental health and addiction issues. This will be an inspiring session you will not want to miss.

13. If I am registered for the entire conference, do I have to attend all sessions?

No, it would be impossible to attend all sessions at the conference. The conference will offer a wide variety of learning opportunities; absorbing all of this would be exhausting. So, we encourage you to take a break and relax if you are tired or feel overwhelmed. Please don't feel pressured to do everything.

14. How do I get to the Albany Marriott?

If you are traveling by car, The Albany Marriott is located off Exit 2 of the 1-87 Northway. As you are driving north on Wolf Rd. the Marriott will be on your right.

If traveling by train, the Marriott is a fifteen minute cab ride from the Albany/Rensselaer train station.

If you are traveling by plane, the Marriott is about five minutes from Albany International Airport; there is a complimentary shuttle from the airport straight to the hotel.

15. I am trying to plan my travel. What time should I arrive at the conference?

The NAMI-NYS Education Conference begins on Friday, October 26th, with registration starting at 9:00 am. The exhibit area will be open at that time and there will be wellness activities taking place. The first group of workshop sessions begins at 10:30am. A buffet lunch will be served beginning at 11:30am and the first plenary session begins at 12:15pm.

On Saturday, the conference begins at 8:15am with our annual business meeting. The first education session begins at 9:00am.

16. Will Continuing Education Units (CEU) be available?

Yes, many of the sessions will be CEU accredited and more information about that will be coming soon.

For any other questions, please contact Matthew Shapiro

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