

ZERO SUICIDE SESSIONS

Saturday October 27th 11:30am-12:30pm

Session 1

Family Role in Suicide Prevention



Perry Hoffman, Ph.D
President, NEA-BPD

Session 2

Connect Suicide Prevention Program



Ken Norton
Executive Director NAMI New Hampshire

NAMI-NYS is committed to providing our members and conference attendees with the tools necessary to help combat suicide. These two concurrent sessions will explain the roles that families and NAMI can play in preventing suicide. We understand that this is a difficult and possibly painful subject ; for attendees uncomfortable with discussing suicide there will be an alternative session taking place featuring Dr. Ned Hallowell. There will also be a suicide healing session and an energy medicine session following ZERO Suicide to help participants deal heal after discussing this difficult topic.

A-The Role Families Can Play in Suicide Prevention: There are many ways family members and caregivers help individuals struggling with suicidality. This presentation will focus on how the importance of engaging and including families whose loved ones are in suicidal crisis or have attempted suicide. We are pleased to welcome Dr. Perry Hoffman, the director of the National Education Alliance on Borderline Personality Disorder to discuss the Family Connection program which is geared towards families of individuals who have attempted suicide and Silvia Giliotti, from the NYS Suicide Prevention Office to discuss how families can help prevent suicide.

[Silvia Giliotti, PhD, New York State Suicide Prevention Office](#)

[Perry Hoffman, Ph.D, President, National Education Alliance on Borderline Personality Disorder](#)

B-An Introduction to the Connect Suicide Prevention Program and The Power of NAMI in Preventing Suicide: NAMI-NYS is thrilled to welcome Ken Norton, Executive Director of NAMI New Hampshire to discuss their innovative suicide prevention program. NAMI NH has received national and international acclaim for its Connect Suicide Prevention Program. Connect is designated as a National Best Practice training program in suicide prevention, intervention and response to a suicide death. By working with and training key service providers and community members, Connect promotes a community based approach to early recognition of mental illness and improved access to care. When people are educated about the risks and warning signs of suicide and ways to prevent it, lives can be saved!

[Ken Norton, Executive Director, NAMI New Hampshire](#)

(Continued)

12:30-1:30pm **Suicide Healing Session**



This session will provide a forum for healing from feelings that may have arisen during the suicide discussion. We are thrilled to welcome back Brett Scudder to lead this session.

[Brett Scudder, Executive Director, Scudder Intervention Services Foundation, Inc.'s Abuse and Suicide First Aid Response and Wellness Centers](#)

12:30-1:30pm **Special Wellness Session: Introduction to Energy Medicine & Stress-Buster Workshop**

Join Holistic Mind-Body-Spirit Practitioner and Coach, Jan Firstenberg as she introduces you to Energy Medicine. Using volunteers and various energy modalities, Jan will show people multiple techniques to help relieve stress, worry, anxiety, and help transition negative thoughts into a more positive outlook.

[Jan Firstenberg, Holistic Mind-Body-Spirit Practitioner/Coach](#)