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# UPDATE

October 1, 2016

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<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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<http://twitter.com/nimhgov>  
<http://www.facebook.com/nimhgov>  
<http://www.youtube.com/nimhgov>

*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

### **NIMH FUNDS THREE ‘ZERO SUICIDE’ GRANTS**

“Zero Suicide” is a commitment, a goal, and a campaign led by the National Action Alliance for Suicide Prevention and its partners – including the National Institute of Mental Health (NIMH). Recently, NIMH funded three new grants that support the Zero Suicide commitment to preventing suicide attempts and deaths among individuals receiving treatment within health care systems. The Zero Suicide campaign seeks to improve health care systems’ ability to identify who is at risk, and to identify and implement effective treatments for at-risk individuals. The campaign is also targeting ways to improve health care systems through provider training and systemic changes.

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/nimh-funds-3-zero-suicide-grants.shtml>

### **POWERED-UP PROBE ID’S SCHIZOPHRENIA GENES THAT STUNT BRAIN DEVELOPMENT; PUBLIC-PRIVATE PSYCHIATRIC DATA CONSORTIUM DEBUTS GENE EXPRESSION RESOURCE**

Scientists have pinpointed several schizophrenia-related gene variants that alter expression of other genes in illness-implicated circuitry of the human brain. Under-expression of a few of them stunted brain development in model systems in this largest study of its kind. The study is the first from the CommonMind Consortium, a public-private psychiatric research data source co-founded and co-funded by NIMH. The collaboration involving pharmaceutical companies, brain banks, a foundation, and universities brought to bear the largest collection of schizophrenia postmortem brain tissue ever assembled to boost statistical power and the odds of detecting weak genetic signals.

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/powered-up-probe-ids-schizophrenia-genes-that-stunt-brain-development.shtml>

### **DEPRESSION IN EARLY PREGNANCY LINKED TO GESTATIONAL DIABETES, NIH STUDY FINDS; WOMEN WITH GESTATIONAL DIABETES AT RISK FOR POSTPARTUM DEPRESSION.**

Researchers at the National Institutes of Health (NIH) have discovered a two-way link between depression and gestational diabetes. Women who reported feeling depressed during the first two trimesters of pregnancy were nearly twice as likely to develop gestational diabetes, according to an analysis of pregnancy records. Conversely, a separate analysis found that women who developed gestational diabetes were more likely to report postpartum depression six weeks after giving birth, compared to a similar group of women who did not develop gestational diabetes.

**Press Release:** <https://www.nih.gov/news-events/news-releases/depression-early-pregnancy-linked-gestational-diabetes-nih-study-finds>

## **HHS TAKES STEPS TO PROVIDE MORE INFORMATION ABOUT CLINICAL TRIALS TO THE PUBLIC**

In an effort to make information about clinical trials widely available to the public, the U.S. Department of Health and Human Services (HHS) issued a final rule that specifies requirements for registering certain clinical trials and submitting summary results information to ClinicalTrials.gov. The new rule expands the legal requirements for submitting registration and results information for clinical trials involving U.S. Food and Drug Administration (FDA)-regulated drug, biological, and device products. At the same time, the NIH has issued a complementary policy for registering and submitting summary results information to ClinicalTrials.gov for all NIH-funded trials, including those not subject to the final rule.

**Press Release:** <https://www.nih.gov/news-events/news-releases/hhs-take-steps-provide-more-information-about-clinical-trials-public>

## **HHS AWARDS MORE THAN \$44.5 MILLION TO EXPAND THE NATION'S BEHAVIORAL HEALTH WORKFORCE**

HHS announced more than \$44.5 million in awards to training programs to increase the number of mental health providers and substance abuse counselors across the country. The Health Resources and Services Administration (HRSA) and the Substance Abuse and Mental Health Services Administration (SAMHSA) are funding 144 new and continuing grants through the Behavioral Health Workforce Education and Training program, which supports clinical internships and field placements for an array of professional and paraprofessional behavioral health disciplines and occupations.

**Press Release:** <http://www.hhs.gov/about/news/2016/09/22/hhs-awards-more-44.5-million-expand-nation-s-behavioral-health-workforce.html>

## **NIH AWARDS MORE THAN \$150 MILLION FOR RESEARCH ON ENVIRONMENTAL INFLUENCES ON CHILD HEALTH; ECHO PROGRAM TO INVESTIGATE EXPOSURES FROM CONCEPTION THROUGH EARLY CHILD**

NIH announced \$157 million in awards in fiscal year 2016 to launch a seven-year initiative called Environmental influences on Child Health Outcomes (ECHO). The ECHO program will investigate how exposure to a range of environmental factors in early development — from conception through early childhood — influences the health of children and adolescents. Experiences during sensitive developmental windows, including around the time of conception, later in pregnancy, and during infancy and early childhood, can have long-lasting effects on the health of children. The awards announced will build the infrastructure and capacity for the ECHO program to support multiple, synergistic longitudinal studies that extend and expand existing cohort studies of mothers and their children.

**Press Release:** <https://www.nih.gov/news-events/news-releases/nih-awards-more-150-million-research-environmental-influences-child-health>

## **NIH FUNDS RESEARCH NETWORK FOCUSED ON HIV-INFECTED YOUTH; STUDIES ALSO WILL ADDRESS HIV PREVENTION AMONG AT-RISK GROUPS**

NIH has awarded funding for a research network devoted to the health and well-being of adolescents and young adults with HIV or at risk for HIV infection. The awards, up to \$24 million in 2016, provide for three research centers and a data coordinating center that will make up the Adolescent Medicine Trials Network for HIV/AIDS Interventions (ATN). The purpose of the ATN is to get at-risk youth into care, while at the same time offering them the opportunity to participate in research trials that have the potential to improve their health and the health of others. The newly funded ATN centers will conduct studies aimed at preventing HIV infection among youth. They also will seek to enroll HIV-infected youth into treatment studies to improve their health and prevent transmission to others.

**Press Release:** <https://www.nih.gov/news-events/news-releases/nih-funds-research-network-focused-hiv-infected-youth>

## **FDA LAUNCHES COMPETITION TO SPUR INNOVATIVE TECHNOLOGIES TO HELP REDUCE OPIOID OVERDOSE DEATHS; CONTEST SEEKS TO STIMULATE DEVELOPMENT OF A MOBILE APP TO CONNECT THOSE EXPERIENCING AN OVERDOSE WITH THE POTENTIALLY LIFE-SAVING ANTIDOTE**

The FDA announced the 2016 Naloxone App Competition, a public contest focused on developing innovative technologies to combat the rising epidemic of opioid overdose. The FDA, with support from the National Institute on Drug Abuse (NIDA) and SAMHSA, is inviting computer programmers, public health advocates, clinical researchers, entrepreneurs, and innovators from all disciplines to create a mobile phone application that can connect opioid users experiencing an overdose with nearby carriers of the prescription drug naloxone – the antidote for an opioid overdose – thereby increasing the likelihood of timely administration and overdose reversal.

**Press Release:** <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm520945.htm>

## **NEW RULE HELPS FINALIZE MOVE TO PROVIDE MORE MEDICATION-ASSISTED TREATMENT TO PEOPLE WITH OPIOID DISORDERS**

SAMHSA has issued new reporting requirements for physicians who will be authorized to prescribe the opioid use disorder treatment medication buprenorphine at the new limit of 275 patients. The requirements, published on September 27, 2016 in the *Federal Register*, are a key step in increasing access to medication-assisted treatment for opioid-related disorders.

**Press Release:** <http://www.samhsa.gov/newsroom/press-announcements/201609271100>

## U.S. DEPARTMENT OF EDUCATION AWARDS MORE THAN \$5 MILLION TO ST. LOUIS, BALTIMORE AND CHICAGO SCHOOL DISTRICTS TO PROMOTE STUDENT RESILIENCE

The U.S. Department of Education has awarded a total of \$5,094,793 to St. Louis, Baltimore, and Chicago school districts to promote student resilience following significant trauma related to episodes of civil unrest in their communities. The new discretionary grant program—Promoting Student Resilience (PSR)—provides funding to school districts or a consortia of school districts to establish school-based mental-health, counseling, and behavioral programs for students who have experienced trauma because of demonstrations of mass protest/civil unrest. Funding helps school districts create, strengthen, and maintain safe and supportive learning environments.

**Press Release:** <http://www.ed.gov/news/press-releases/us-department-education-awards-more-5-million-st-louis-baltimore-and-chicago-school-districts-promote-student-resilience>

### RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

#### NEW FROM NIMH

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##### NEW FACT SHEET: THE TEEN BRAIN: SIX THINGS TO KNOW

A fact sheet outlining how a teenager's brain grows, matures, and adapts to the world. This fact sheet also briefly covers the teen brain's resiliency, onset of some mental illnesses, and sleep patterns in teens.

<https://www.nimh.nih.gov/health/publications/the-teen-brain-6-things-to-know/index.shtml>

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##### OLDER ADULTS AND DEPRESSION: LEARN THE SIGNS AND FIND TREATMENT

This brochure describes the signs, symptoms, and treatment options for depression in older adults.

<https://www.nimh.nih.gov/health/publications/older-adults-and-depression-qf-16-7697/index.shtml>

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##### DEPRESSION IN WOMEN: FIVE THINGS YOU SHOULD KNOW

This brochure discusses five things about depression in women, the types of depression unique to women and how to find help. <https://www.nimh.nih.gov/health/publications/depression-in-women-tr-16-4779/index.shtml>

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##### PSYCHOSOCIAL RESEARCH AT NIMH: A PRIMER

This webpage offers questions and answers exploring a variety of topics related to psychosocial research at NIMH, and specifically how NIMH is actively supporting psychosocial research through a variety of mechanisms and processes. <http://www.nimh.nih.gov/research-priorities/psychosocial-research-at-nimh-a-primer.shtml>

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## LATEST ISSUE OF INSIDE NIMH AVAILABLE

The Autumn 2016 edition of *Inside NIMH* is available. Published in conjunction with each meeting of the National Advisory Mental Health Council, the e-newsletter provides updates on Initiative activities.

<http://www.nimh.nih.gov/research-priorities/inside-nimh/2016-autumn-inside-nimh.shtml>

## NEW FROM NIH

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### NIH RESEARCH MATTERS: DEPRESSION SCREENING AND TREATMENT IN ADULTS

This article summarizes findings from a study suggesting that most adults with depression may not receive treatment, and that many who do undergo treatment might not have the disorder. The findings highlight the need to deliver appropriate care to people with depression.

<https://www.nih.gov/news-events/nih-research-matters/depression-screening-treatment-adults>

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### NIH RESEARCH MATTERS: HOW NOVELTY BOOSTS MEMORY RETENTION

This article summarizes findings from a study in which researchers identified brain cells responsible for boosting memory retention in mice when they have novel experiences. The findings may lead to new approaches for improving memory and learning. <https://www.nih.gov/news-events/nih-research-matters/how-novelty-boosts-memory-retention>

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### MEDICAL MARIJUANA MIGHT NOT BE A SAFE NAUSEA SOLUTION FOR PREGNANT WOMEN

Medical marijuana is becoming more widely accepted and it is being used for a wide range of conditions. Scientific evidence of its effectiveness for most indications is still slim or nonexistent, but one of the few that are actually well supported is nausea from cancer chemotherapy. Marijuana has been used to treat nausea for thousands of years, and there are even FDA-approved tetrahydrocannabinol (the chemical responsible for most of marijuana's psychological effects)-based drugs for this purpose. Thus, it is not surprising that pregnant women are using marijuana to control the nausea that often accompanies pregnancy. NIDA Director Nora Volkow blogs about the evidence for medical marijuana's use to alleviate symptoms of "morning sickness." <https://www.drugabuse.gov/about-nida/noras-blog/2016/09/medical-marijuana-might-not-be-safe-nausea-solution-pregnant-women-0>

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### BUPRENORPHINE PRESCRIBERS TREAT BELOW CURRENT PATIENT LIMITS

A new NIDA-funded study analysis found that the monthly numbers of opioid use disorder patients treated by buprenorphine prescribers were significantly below current limits, suggesting that barriers exist to securing treatment. <https://www.drugabuse.gov/news-events/news-releases/2016/09/buprenorphine-prescribers-treat-below-current-patient-limits>

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#### HIGH FAT, SUGAR DIET DURING PREGNANCY MAY INCREASE ADHD RISK IN OFFSPRING

A diet high in fat and sugar during pregnancy may interact with a gene that controls early brain development in the fetus, potentially increasing the risk for attention deficit hyperactive disorder in some individuals, according to an NIH-funded study. [https://www.nichd.nih.gov/news/releases/Pages/091516\\_adhd.aspx](https://www.nichd.nih.gov/news/releases/Pages/091516_adhd.aspx)

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#### NEUROIMAGING SPOTLIGHTS THE IMPACT OF THERAPISTS' WORDS ON TEEN BRAINS

An intriguing new study funded by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) offers a glimpse at how the adolescent brain responds to the language of therapists.

<http://www.spectrum.niaaa.nih.gov/news-from-the-field/news-from-the-field-01.html>

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#### ALCOHOL-INDUCED BLACKOUTS IN YOUNG ADULTS PREDICT OTHER HARMS

Alcohol-induced blackouts are periods of amnesia that occur when the brain stops recording memories of what happens when someone is drinking. Because blackouts indicate drinking at levels that result in significant cognitive and behavioral impairment, questions about blackouts could serve as important, simple screeners for the risk of experiencing other alcohol-related harms.

<http://www.spectrum.niaaa.nih.gov/news-from-the-field/news-from-the-field-02.html>

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#### GROWING UP IN A FAMILY WITH ALCOHOL PROBLEMS: CURRENT RESEARCH AND RESOURCES

For the estimated 10 percent of children who live in a home where a parent has an alcohol problem, a parent's drinking can cause a great deal of suffering and have repercussions that can extend long into adulthood. This article reviews the work being done by NIAAA and others to understand the problems faced by children of individuals with alcohol use disorders and the children's own susceptibility to alcohol problems, as well as to develop preventive interventions and treatments that can help lessen their burden and bolster their resilience. <http://www.spectrum.niaaa.nih.gov/features/features-01.html>

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#### FEEL DOWN? GET UP—EMOTIONAL BENEFITS OF EXERCISE

Research has shown that the benefits of exercise go beyond just physical wellbeing. This tip sheet from the National Institute on Aging reviews how exercise supports emotional and mental health.

<https://go4life.nia.nih.gov/tip-sheets/feel-down-get-emotional-benefits-exercise>

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#### BILINGUAL FOTONOVELAS ON SPORTS INJURIES AND OSTEOPOROSIS

The National Institute of Arthritis and Musculoskeletal and Skin Diseases has two free bilingual (English and Spanish) fotonovelas that provide reliable information in an engaging, easy-to-read format to help patients, family members, and others learn tips for healthy bones and muscles. <http://us9.campaign-archive1.com/?u=8dae3049bd1a60cbe9be5ee3e&id=0529ee0471&e=c8c10060b7>

## NEW FROM WHITE HOUSE

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### ARCHIVED VIDEOCAST: MAKING HEALTH CARE BETTER SERIES ON SUICIDE PREVENTION

On September 29, the White House held the "Making Health Care Better Series on Suicide Prevention," which convened leaders in the field of suicide prevention. The event is part of the series, "Making Health Care Better" to highlight the significant progress made in improving the health system over the past seven years. **Full archived videocast:** <https://www.youtube.com/watch?v=m2Q2jf3vOMg>  
**Overview:** <https://www.whitehouse.gov/photos-and-video/video/2016/09/29/making-health-care-better-series-suicide-prevention>

### HOW BEHAVIORAL SCIENCE IS HELPING MAKE THE GOVERNMENT MORE EFFECTIVE

This White House blog post describes how Federal agencies are applying behavioral science insights—research insights about how people make decisions and act on them—to the design of Federal policies and programs to better serve the American people. <https://www.whitehouse.gov/blog/2016/09/15/learn-how-behavioral-science-being-used-better-serve-american-people>

## NEW FROM SAMHSA

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### SUICIDAL THOUGHTS AND BEHAVIOR AMONG ADULTS: RESULTS FROM THE 2015 NATIONAL SURVEY ON DRUG USE AND HEALTH

SAMHSA has released a report on suicidal thoughts and behavior among adults based on data from the 2015 National Survey on Drug Use and Health. It found that four percent of American adults aged 18 and older thought seriously about killing themselves in the previous 12 months.  
<http://www.samhsa.gov/data/sites/default/files/NSDUH-DR-FFR3-2015/NSDUH-DR-FFR3-2015.pdf>

### PATIENTS WITH DRUG-RELATED EMERGENCY DEPARTMENT VISITS INVOLVING SUICIDE ATTEMPTS WHO LEFT AGAINST MEDICAL ADVICE

The SAMHSA Center for Behavioral Health Statistics and Quality has released a report on patients with drug-related emergency department (ED) visits involving individuals who had attempted suicide who left against medical advice. According to the Drug Abuse Warning Network, ED visits involving drug-related suicide attempts increased 41 percent from 2004 to 2011. Combined data from that time period indicate that among the ED visits involving drug-related suicide attempts, less than one percent ended with the patient leaving the ED against medical advice.  
[http://www.samhsa.gov/data/sites/default/files/report\\_2684/ShortReport-2684.html](http://www.samhsa.gov/data/sites/default/files/report_2684/ShortReport-2684.html)



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#### SUICIDE PREVENTION VIDEO: MEN IN THE MIDDLE YEARS

SAMHSA's Suicide Prevention Resource Center has launched this new video featuring psychiatrist Jeff Sung, who sheds light on a population with a suicide rate that is more than double the national average: men between the ages of 35 and 64. <http://www.sprc.org/video/men-middle-years>

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#### SUICIDE PREVENTION VIDEO: REACHING OLDER ADULTS

This SPRC video features Jo Anne Sirey, professor at the Weil Cornell Medical College Department of Psychiatry, who stresses the importance of integrating mental health into aging services programs, such as senior centers. <http://www.sprc.org/video/reaching-older-adults>

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#### YOUTH ENGAGEMENT GUIDANCE

This new resource guides administrators and prevention professionals on how to appropriately engage youth in government-sponsored events and meetings. The guidance includes resources regarding a youth services approach, youth development, youth leadership, civic engagement, and youth organizing. <http://store.samhsa.gov/product/SMA16-4985>

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#### NEW ONLINE DATA ANALYSIS TOOL

The Substance Abuse and Mental Health Data Archive (SAMHDA) has launched a newly redesigned Public-use Data Analysis System (PDAS). This online analysis tool allows users to review study variables, run crosstab analyses, perform logistic regressions, and download the results of any analysis to comma separated value format, which allows data to be saved in a table structured format. Explore the spectrum of available public-use files and try out the new PDAS tool by visiting SAMHDA's website and selecting the "Analyze" tab. <http://datafiles.samhsa.gov/>

#### **HHS BLOG POST: PREVENTING SUICIDE TAKES A PUBLIC HEALTH APPROACH**

In observance of National Suicide Prevention Month, Debra Houry, Director, Centers for Disease Control and Prevention' (CDC) National Center for Injury Prevention and Control and Paolo del Vecchio, Director of SAMHSA's Center for Mental Health Services share three strategies to support suicide prevention efforts: erase the myths and misperceptions associated with mental illness and help-seeking; use a public health approach to prevent suicide seeking; and acknowledge that suicide is preventable.

<http://www.hhs.gov/blog/2016/09/29/preventing-suicide-takes-public-health-approach.html>

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## UNDERSTANDING CYBERBULLYING: DEVELOPING AN EVIDENCE-BASED DEFINITION

Cyberbullying raises new challenges for law enforcement, parents, and school officials to protect children. But is cyberbullying qualitatively different from “schoolyard” bullying? This question has led the National Institute of Justice to fund a series of research projects that explore the differences between what is traditionally known as bullying and cyberbullying. <http://www.nij.gov/topics/crime/pages/understanding-cyberbullying.aspx>

## STOPBULLYING.GOV BLOG POSTS

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### WEBINAR SERIES ON NATIONAL ACADEMIES REPORT: KEY FINDINGS

The recently released National Academies report, *Preventing Bullying Through Science, Policy, and Practice*, presents a lot of actionable findings and recommendations. This Stopbullying.gov blog post summarizes a webinar series highlighting three major topic areas covered in the report: the consequences of bullying, bullying prevention law and policy, and preventative interventions for bullying. Each webinar featured bullying prevention experts who were co-authors of the report during which they shared their own insights and supporting research. <http://www.stopbullying.gov/blog/2016/09/21/webinar-series-national-academies-report-key-findings>

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### 2016 FEDERAL BULLYING PREVENTION SUMMIT EXPLORES THEMES OF TOLERANCE AND INCLUSION

In August the Federal Partners in Bullying Prevention hosted the fifth Federal Bullying Prevention Summit at the U.S. Department of Education. Conducted every two years, this year’s theme was “Keeping Kids Safe: Promoting Tolerance and Inclusion Among Students to Prevent Bullying.” This post summarizes the highlights of the meeting and links to the archived webcast.

<http://www.stopbullying.gov/blog/2016/09/27/2016-federal-bullying-prevention-summit-explores-themes-tolerance-and-inclusion>

## FDA: PARTNER SOCIAL MEDIA TOOLKIT FOR OUTREACH TO HISPANIC WOMEN

The FDA Office of Women's Health’s new toolkit features sample social media posts to spread the word to Hispanic women about medication safety, heart health, and general wellness.

<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/TakeTimetoCareProgram/ucm520603.htm>

## NEW FROM THE ADMINISTRATION ON CHILDREN AND FAMILIES

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### FREQUENTLY ASKED QUESTIONS FROM LGBTQ PROSPECTIVE FOSTER AND ADOPTIVE PARENTS

The landscape of parenting options for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals and couples has grown considerably in recent years, with an increasing number of LGBTQ parents choosing to build their families through fostering or adoption. Although many agencies are welcoming to the LGBTQ community, LGBTQ foster and adoptive parents continue to face challenges related to adoption. This factsheet is designed to answer some of the initial questions LGBTQ prospective foster or adoptive parents may have in hopes of helping to better inform them during this first stage of the journey.

<https://www.childwelfare.gov/pubs/factsheets/faq-lgbt/>

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### PROFESSIONALS WORKING WITH LGBTQ FAMILIES IN FOSTER CARE AND ADOPTION

This bulletin is designed to help child welfare and adoption professionals expand their cultural competence and skills when working with LGBTQ individuals and same-sex couples. It also examines laws and policies and provides tips to engage this vital and distinct community effectively.

<https://www.childwelfare.gov/pubs/f-profbulletin/>

## DEPARTMENTS OF JUSTICE/EDUCATION RELEASE TOOLS TO HELP STATES IMPLEMENT SCHOOL RESOURCE OFFICERS

The U.S. Departments of Justice and Education have released new tools to help states, schools, and law enforcement incorporate school resource officers and campus police to create positive learning environments and to keep youth safe. Both the Justice Department's Office of Community Oriented Policing Services and the Education Department released letters to states and districts emphasizing the importance of well-designed school resource officer programs and calling on higher education to implement recommendations from the President's Task Force on 21st Century Policing. Additionally, the departments jointly released the Safe, School-based Enforcement through Collaboration, Understanding, and Respect Rubrics to help education and law enforcement agencies review and, if necessary, revise school resource officer-related policies. <http://www.ojjdp.gov/enews/16juvjust/160921.html>

## NEW FROM THE VA

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### REACHING NEW AUDIENCES: VA RESEARCHERS LAUNCH SUICIDE PREVENTION PODCAST

The Rocky Mountain Mental Illness Research, Education, and Clinical Centers (MIRECC) for Suicide Prevention has launched the *Short Takes on Suicide Prevention* podcast series offering engaging information about current advances in suicide prevention in an easy-to-access, digestible format. The series is an innovative approach to share updates on important suicide prevention topics to Veterans, their families, and those who care for them. The MIRECC interview leaders across the field of suicide prevention and use the podcasts as a vehicle to make their research and work accessible to everyone.

<http://www.blogs.va.gov/VAntage/31044/reaching-new-audiences-va-researchers-launch-suicide-prevention-podcast/>

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### PREVENTING SUICIDE AMONG VETERANS: RESEARCH ACTIVITIES

While Veterans Affairs (VA) works to reach Veterans who need mental health care, the VA Health Services Research and Development (HSR&D) supports research on suicide, including risk factors, screening, and prevention. This spotlight provides descriptions and findings from several specific research projects conducted by HSR&D investigators on suicidal ideation and suicide among Veterans.

[http://www.hsr.d.research.va.gov/news/feature/suicide\\_prevention.cfm](http://www.hsr.d.research.va.gov/news/feature/suicide_prevention.cfm)

## EVENTS

### HEALTH OBSERVANCE: NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

OCTOBER 2016

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The physical and emotional scars of domestic violence can cast a long shadow. Too many individuals, regardless of age, ability, sex, sexual orientation, gender identity, circumstance, or race, face the pain and fear of domestic violence. During National Domestic Violence Awareness Month, the country shines a light on this violation of the basic human right to be free from violence and abuse, pledge to ensure every victim of domestic violence knows they are not alone, and foster supportive communities that help survivors seek justice and enjoy full and healthy lives. <https://www.whitehouse.gov/the-press-office/2016/10/01/presidential-proclamation-national-domestic-violence-awareness-month>

## WEBINAR: WHY ALL THE EXCITEMENT ABOUT LOGIC MODELS?

OCTOBER 3, 2016, 2:00-3:00 PM ET

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Organizations are increasingly putting logic models to work to define, plan, implement, and evaluate their efforts in ways that demonstrate impact to funding partners. Learn how to use logic models to effectively convey your vision for success to potential funders. This HHS Office of Minority Health Resource Center (OMHRC) webinar will include an overview of logic models, applying logic models in funding applications and evaluations, and using **specific, measurable, achievable, relevant, and time-oriented** (SMART) objectives. Sample logic model designs will be provided.

<https://attendee.gotowebinar.com/register/627740153062789889>

## WEBINAR: PSYCHIATRIC ADVANCE DIRECTIVES

OCTOBER 4, 2016, 1:00-2:00 PM ET

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This SAMHSA Recovery to Practice webinar will examine how individuals are using advance directives within behavioral health care settings, how practitioners can support people using services to create and use advance directives, and the role the process can play in recovery-oriented services. [https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/982601258/event\\_registration.html?sco-id=982593822](https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/982601258/event_registration.html?sco-id=982593822)

## WEBINAR: WE NEVER OUTGROW THE NEED FOR FAMILY--JUST ASK US

OCTOBER 4, 2016, 1:00-2:00 PM ET

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As part of this year's National Adoption Month initiative, the Children's Bureau, in collaboration with Child Welfare Information Gateway and AdoptUSKids, is hosting a webinar in line with this year's theme, "We Never Outgrow the Need for Family--Just Ask Us," about how to begin and continue conversations with older youth about adoption. This webinar will feature a panel, including two young adults formerly in foster care, an adoptive parent, and an adoption professional, who will share their perspectives and suggestions on how to have more effective and meaningful conversations with teenagers about permanency.

<https://attendee.gotowebinar.com/register/626034360833622211>

## WEBINAR: UPS AND DOWNS: TRENDS IN RURAL CHILDREN'S ACCESS TO CARE

OCTOBER 13, 2016, 1:00-2:00 PM ET

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This HRSA webinar will present findings from a study based on the National Survey of Children's Health. For many groups of rural children, access to care rose between 2003 and 2007, but dipped slightly in 2011 and 2012. The webinar is free and no registration is required, but participation is limited to the first 200 individuals to log-on. An archive of the recording will be available on the HRSA Rural Health Research Gateway website. <https://www.ruralhealthresearch.org/webinars/rural-childrens-access-to-care>

## WEBINAR: STRATEGIES TO BUILD PROTECTIVE FACTORS FOR AMERICA'S MUSLIM YOUTH

OCTOBER 13, 2016, 2:00-3:30 PM ET

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The Office of Juvenile Justice and Delinquency Prevention (OJJDP) will present this webinar to focus on strategies to help participants create protective factors and pro-social opportunities for the nation's Muslim youth. Presenters will discuss adolescent development, positive youth development, and how to create safe and accepting academic and community environments for Muslim youth. The training will also address methods for strengthening protective factors on an individual, peer, and community level for Muslim youth.

<https://events->

[na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default\\_template\\_si/mple/event\\_registration.html?sco-id=1979146530&\\_charset\\_=utf-8](https://na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default_template_si/mple/event_registration.html?sco-id=1979146530&_charset_=utf-8)

## WEBINAR: TRANS\* HEALTH 201: A DEEPER DIVE INTO PROVIDING CULTURALLY APPROPRIATE CARE FROM PATIENT AND PROVIDER PERSPECTIVES

OCTOBER 17, 2016, 1:00-2:30 PM ET

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This HRSA webinar will discuss the health care needs of the trans\* community from both the patient and provider perspectives. Presenters will highlight the special obstacles faced by trans\* patients within the health care setting, opportunities to improve cultural competency within health care organizations, and best practices to integrate trans\* friendly care into the primary care setting. The target audience includes HRSA grantees, health care providers, public health officials, and advocates wanting to improve competency in regards to serving the needs of trans\* patients in their practices. Free registration in advance is required and space is limited. <https://hrsaseminar.adobeconnect.com/trans201/event/registration.html>

## **WEBCAST LECTURE: OPIOIDS FOR CHRONIC PAIN: EVIDENCE, GUIDELINES, AND POLICY AND PRACTICE IMPLICATIONS**

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OCTOBER 17, 2016, 10:00-11:00 AM ET

The National Center for Complementary and Integrative Health is hosting this lecture, which will review epidemiological data on opioid prescribing, evidence on benefits and harms of opioid therapies, and recently released guidelines from the CDC on use of opioids for chronic pain. Learning objectives include understanding opioid prescribing patterns and epidemiology; understanding the risks and benefits of long-term opioid therapy for chronic pain; identifying recommendations for safer opioid prescribing based on clinical practice guidelines; and understanding implications for clinical practice. This lecture is open to the public and will be videocast live. <https://nccih.nih.gov/news/events/IMlectures>

## **WEBINAR: GETTING TO KNOW THE FEDERAL GOVERNMENT AND FUNDING OPPORTUNITIES**

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OCTOBER 17, 2016, 2:00-3:00 PM ET

Join HHS OMHRC experts to hear about best practices in responding to Federal funding opportunity announcements — as identified by Federal partners — and where to find the latest funding opportunities. Opportunities for Federal funding are identified.

<https://attendeegotowebinar.com/register/5674737118579037187>

## **WEBINAR: PROMISING EVIDENCE-BASED INTERVENTIONS FOR SUICIDE PREVENTION AMONG VETERANS WITH TBI**

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OCTOBER 24, 2016, 2:00-3:00 PM ET

U.S. Veterans with traumatic brain injury (TBI) have higher suicide rates than members of the general Veteran population. A partnership was established between the Liverpool Brain Injury Rehabilitation Unit and the Rocky Mountain MIRECC to adapt and evaluate two cognitive behavioral group therapies for Veterans with moderate to severe TBI and current hopelessness. The first intervention, Window to Hope (WtoH), was culturally adapted from the original intervention developed in Australia. The second was a novel intervention employing Problem Solving Therapy and Safety Planning for suicide prevention (PST-SP). Findings support the acceptability and feasibility of delivering WtoH and PST-SP to Veterans with moderate to severe TBI. Data from the WtoH trial supported its efficacy for reducing hopelessness, a significant risk factor for suicide. <https://attendeegotowebinar.com/register/8128935032530384385>

## BRAIN IMAGING OF CHILDHOOD ONSET PSYCHIATRIC DISORDERS, ENDOCRINE DISORDERS, AND HEALTHY VOLUNTEERS

NIH Behavior and Brain Imaging Research Study is currently enrolling children and young adults (5-25 years old) with an XYY chromosome variation. Participation includes an initial two-day outpatient visit and a visit every two years to the NIH Clinical Center in Bethesda, Maryland. Compensation, transportation, lodging, and meal allowance provided. For more information, contact Jonathan Blumenthal, MA at [jb364e@nih.gov](mailto:jb364e@nih.gov) or 301-435-4516.

**Adult:** <http://www.nimh.nih.gov/labs-at-nimh/join-a-study/adults/adults-x-amp-y-chromosome-variations.shtml>

**Children:** <http://www.nimh.nih.gov/labs-at-nimh/join-a-study/children/children-x-amp-y-chromosome-variations.shtml>

Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Protocol No. 89-M-0006

### Facebook:

NIH Behavior and Brain Imaging Research Study: Currently enrolling children/young adults (ages 5-25) with XYY chromosome variation.



### Link image:

**Adult:** <http://www.nimh.nih.gov/labs-at-nimh/join-a-study/adults/adults-x-amp-y-chromosome-variations.shtml> or

**Children:** <http://www.nimh.nih.gov/labs-at-nimh/join-a-study/children/children-x-amp-y-chromosome-variations.shtml>



## NEW ON NIH WEBSITE

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### CLEARLY COMMUNICATING RESEARCH RESULTS ACROSS THE CLINICAL TRIALS CONTINUUM

This new resource on the NIH Clinical Research Trials and You website offers suggestions to researchers about communicating with participants across different phases of research. <https://www.nih.gov/health-information/nih-clinical-research-trials-you/clearly-communicating-research-results-across-clinical-trials-continuum>

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### BUILDING BETTER CLINICAL TRIALS THROUGH STEWARDSHIP AND TRANSPARENCY

NIH is the largest public funder of clinical trials in the U.S. As stewards of this research enterprise, NIH has been actively listening and discussing how to overcome hurdles and shortcomings that they, and others in the research community, have identified. This blog post describes key reforms and initiatives that NIH is implementing, and how they fit in to the broader picture of building a better clinical trial enterprise through better stewardship, accountability, and transparency. <https://nexus.od.nih.gov/all/2016/09/16/clinical-trials-stewardship-and-transparency/>

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### IMPROVING VISIBILITY OF NIH-SUPPORTED CLINICAL TRIAL ACTIVITIES AND RESULTS INFORMATION

This NIH blog post discusses NIH's efforts to broadly disseminate clinical trial availability, and the outcomes and results of completed trials. <https://nexus.od.nih.gov/all/2016/09/16/visibility-of-clinical-trial-activities-and-results/>

## CALLS FOR PUBLIC INPUT

### RFI: GUIDANCE FOR OPPORTUNITIES IN SUICIDE RESEARCH USING EXISTING DATASETS

This NIMH Request for Information seeks input to identify existing datasets as a means to provide support for aggregation and analysis of larger data sets that will shed light on pathophysiology of suicidal behavior and to learn of efficient strategies for linking health care data with mortality; and seeks information on incentives needed to accomplish the task. Comments accepted through December 2, 2016.

<https://grants.nih.gov/grants/guide/notice-files/NOT-MH-16-027.html>

## COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORT

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research, and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

MEDICAL THERAPIES FOR CHILDREN WITH AUTISM SPECTRUM DISORDER—AN UPDATE  
(COMMENTS ACCEPTED THROUGH OCTOBER 3, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=659&productid=2297&documenttype=draftReport>

INTERVENTIONS TARGETING SENSORY CHALLENGES IN CHILDREN WITH AUTISM SPECTRUM DISORDER—AN UPDATE (COMMENTS ACCEPTED THROUGH OCTOBER 3, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=660&productid=2298&documenttype=draftReport>

## FUNDING INFORMATION

BASIC AND TRANSLATIONAL RESEARCH ON DECISION MAKING IN AGING AND ALZHEIMER'S DISEASE

<http://grants.nih.gov/grants/guide/pa-files/PAR-16-448.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PAR-16-449.html> (R21)

BRAIN INITIATIVE: DATA ARCHIVES FOR THE BRAIN INITIATIVE

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-255.html>

BRAIN INITIATIVE: STANDARDS TO DEFINE EXPERIMENTS RELATED TO THE BRAIN INITIATIVE

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-256.html>

BRAIN INITIATIVE: INTEGRATION AND ANALYSIS OF BRAIN INITIATIVE DATA

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-257.html>

BRAIN INITIATIVE: NEW CONCEPTS AND EARLY-STAGE RESEARCH FOR LARGE-SCALE RECORDING AND MODULATION IN THE NERVOUS SYSTEM

<http://grants.nih.gov/grants/guide/rfa-files/RFA-EY-17-001.html>

ENCOURAGING APPROPRIATE CARE USING BEHAVIORAL ECONOMICS THROUGH ELECTRONIC HEALTH RECORDS (R21/R33)

<http://grants.nih.gov/grants/guide/rfa-files/RFA-AG-17-013.html>

RURAL HEALTH NETWORK DEVELOPMENT PROGRAM

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=284898>

AUTISM SINGLE INVESTIGATOR INNOVATION PROGRAM (AUTISM-SIIP)  
<http://www.grants.gov/web/grants/view-opportunity.html?oppld=288942>

R40 AUTISM FIELD-INITIATED INNOVATIVE RESEARCH STUDIES (AUTISM-FIRST) PROGRAM  
<http://www.grants.gov/web/grants/view-opportunity.html?oppld=288941>

NATIONAL NATIVE HEALTH RESEARCH TRAINING INITIATIVE  
<http://www.grants.gov/web/grants/view-opportunity.html?oppld=288889>



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.