

# LEAN 21

## DETOX FOR AUTOIMMUNE SYMPTOMS

### Optional Lab Tests for Inflammatory Markers Offered by Dr. Alicia Johnson of Aspire Health KC

- Labs are an extra fee and may be filed with insurance.
- Pricing is the least expensive cash price available.
- All labs require a written order by Dr. Johnson
- Fasting is not required for any lab, but if you are doing \*ALCAT food testing you will need to be off all allergy and steroid medications for a min of three days.

SERVICE	DESCRIPTION	CASH FEE
PROCESSING FEE	<i>Required fee for all lab tests</i>	\$30
HS-CRP	<i>general inflammatory marker that increases CVE</i>	\$10
HOMOCYSTEINE	<i>High levels of it are linked to early development of heart disease. It's also associated with low levels of vitamins B6, B12, and folate, as well as renal disease.</i>	\$10
ESR	<i>An erythrocyte sedimentation rate test (<b>ESR</b>) detects inflammation that may be caused by infection and some autoimmune diseases.</i>	\$19
AVISE	<i>Complete screen for 2 pages of immune factors to evaluate current immune system problems. Results are evaluated with a detailed algorithm that can predict the health of your immune system. This is easy to track over time</i>	\$45
TPO	<i>The (<b>TPO</b>) Antibodies test is a blood test that is used to identify an autoimmune thyroid that is often missed with a general thyroid screen.</i>	\$150
RHEUMATOID PANEL	<i>This comprehensive blood panel includes multiple tests to assess rheumatoid inflammation and risk for developing RA.</i>	\$132.50
*ALCAT	<i>Learn which foods trigger immune system dysfunction</i>	\$375
STOOL TEST	<i>Assess protein, fat, carb digestion and intestinal inflammation. Complete test of the micro biome and stool culture for bad bugs. Parasite test. Any infections found come with a list of meds and herbs to treat</i>	\$400