

FEBRUARY 12-16, 2017 | SANTIAGO DE QUERETARO, MEXICO

Leading Well

A RESILIENCE RETREAT
FOR WOMEN PHYSICIAN LEADERS

21 CATEGORY 1 AMA PRA CREDITS

Email medicalpeaceofmind@gmail.com | Call 541.968.2210



Women physicians are stepping forward to lead critical change in healthcare. How do you fulfill your vision without burning yourself out? In this rejuvenating retreat, you'll learn advanced techniques for strengthening your leadership while increasing your resilience.

Target audience

This program is for women physicians involved in leadership in any area of health care including hospital, private practice and insurance. Participants with some prior experience with leadership roles and responsibilities will benefit most from these advanced techniques.

Learning objectives

- Determine when to use** your natural communication and leadership styles and how to easily flex and adapt your style to gain greater influence.
- Deal more effectively** with resistance and conflict.
- Influence and collaborate** with individuals and teams as an effective leader.

What's included in the intensive

4-day* live workshop: An experiential leadership intensive (12 people max) so you can focus on your own development away from normal day-to-day distractions, and get real-time support and feedback. *Morning training: afternoons are free time.

Expert coaching and mentoring: Two private coaching sessions with Deborah to debrief your leadership style assessment and implement your leadership development plan.

90-days of follow up support and group coaching: Two 1-hour group coaching sessions via teleconference to connect, check-in on progress and get your questions answered. You'll also have access to a private online discussion forum where you can post questions for your coach, network with each other and get/give support 24/7.

Course materials and resources: You get a personal leadership and communication style assessment and a customized leadership development plan, plus access to articles, tools and other leadership development resources.

21 Category 1 AMA PRA credits:

Accreditation Statement: This activity has been planned in accordance with the ACCME through the Joint Providership of PeaceHealth Sacred Heart Medical Center and Pure Success Coaching.

Designated Credit Statement: PeaceHealth Sacred Heart Medical Center designates this live activity for a maximum of 21 Category 1 AMA PRA credit(s).™

Each physician should only claim hours spent in the activity.

Faculty Disclosure: PeaceHealth Sacred Heart Medical Center declares that anyone in a position to control the content of an education activity disclose that they have no relevant financial relationships with any commercial interest to the provider. Any conflicts will be posted. Deborah Munhoz has no relevant financial disclosures.

Accessibility: 541-687-5856 to request accommodations.

Accommodations & amenities

While still considered Mexico's hidden gem, the architectural splendor & history of Santiago de Querétaro is making it a safe, clean and compelling international destination.

Our host hotel is Hotel Criol located in Querétaro's Historical Downtown, a World Heritage Site. The design and architecture of this new boutique hotel filled with art has everyone mesmerized.

4 nights lodging are included (no additional fee for companion). If you'd like to extend your stay, additional dramatically discounted rate is available through Feb 19.

Personal history tour of the historical center, a World Heritage site is included for participants and companions! Other site-seeing assistance available.

Airport - hotel transfers are included.

Monday evening private rooftop reception catered by chef Laura Ramirez Blakney - companions are welcome!

Thursday evening fabulous dinner experience, like none other, at Chucho El Roto Restaurante in the charming historic Plaza de Armas. Chucho is "The" place to go in Queretaro! Companions are welcome, small charge.

Breakfast and beverages for participants furnished during classes.

More activities*

Access to specialized online Spanish classes arranged to take you from no Spanish through 3 blocks of proficiency. www.livelingua.com

Access to authentic Mexican cooking classes with Chef, Laura Ramirez Blakney. Reserve in advance at www.laurascocina.com

Assistance with an excursion to exquisite San Miguel de Allende & hot air balloon rides!

*Additional fees apply

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\$3700 US

Less 10% discount for County Medical Society members

Reserve your seat w/deposit of **\$425 US**
Balance of full payment due by **December 20, 2016**

~~ SPACE LIMITED TO 12 ~~

MORE INFO AND TO REGISTER:
medicalpeaceofmind@gmail.com | (541) 968-2210



"Now I feel like I can speak with authority knowing that I am guided by good leadership principles." - M. Trance, MD

"I am an effective leader showing up as who I really am!" - K. Nelson, CMO, Regional Medical Center

"This program is different because it focused on practical tools and real life problem solving." - R. Bent, MD

Your instructor



Deborah Munhoz, MS, Certified Physician Development Coach.

A professional coach, trainer and speaker specializing in the area of healthcare leadership, Deborah has made it her personal mission to help women physicians create a world where they are valued and appreciated for their leadership.

In addition to speaking to groups and organizations, Deborah writes articles on physician leadership for the American Association of Health Executives and is a frequent contributor for the American Association of Physician Executives.

Email Deborah@DeborahMunhoz.com or call (888) 303-3961

Your retreat organizer



Candice Barr was the CEO of a vibrant county medical society (CMS) before becoming the CEO of Peace of Mind, an organization committed to spreading physician wellness & resilience. Candice is recognized nationally as the founder of the highly successful CMS sponsored physician counseling, coaching & resilience model and movement that is spreading nation-wide.

Barr is well-known for pioneering a number of national programs including The Litigation Retreat used by The Doctors Company, the CMS sponsored Medical Reserve Corps, and the AMA promoted Mini-Internship Program.

Candice was recently awarded the 2016 Presidential Citation from the Medical Society of Metropolitan Portland for her assistance with their rapid duplication of the counseling program she created and was recognized by the President of the American Medical Association, Dr. Steven Stack, for moving physician wellness forward in the U.S. Her work has been cited in a number of national publications.

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