2018 Region VIII
Head Start Association
Pre-conference Sessions
Register Now

HEALTH BENEFITS

Staff Wellness - Tuesday, November 13, 2018 from 9:00-4:00 with break for lunch on your own. Cost is $25 to cover room costs. 50 participants including involvement in a community of practice cohort. Register with code WELLNESS at:

http://events.constantcontact.com/register/event?llr=zngjb6sab&oeidk=a07efajblah00b8ba6c

This NCECHW one-day institute will discuss key factors to help your program create an effective approach to supporting staff health and wellness, as well as specific strategies individuals and programs can use to support reduction in stress and an increased focus on individual wellness. A professional learning cohort of 8-10 EHS/HS programs (2-3 leaders from each program) will be convened after this one day workshop. The learning cohort will have monthly webinar/calls to discuss wellness-related topics. Participants will create actionable goals and receive support for the implementation of the self-identified goals. The learning cohort calls/webinars will continue for a year.

Sunyoung Ahn, PhD. is a Senior Policy Associate and Assistant Professor at Georgetown University's Center for Child and Human Development. Currently, Dr. Ahn is supporting *Home Visiting-Improvement Action Center Team (HV-ImpACT) and* the *Head Start National Center on Early Childhood Health and Wellness (NCECHW).* Dr. Ahn's primary roles on these projects include, Technical Assistance and Training, policy analysis on the State and National level, supporting pilot projects, and product development. Dr. Ahn also serves as the Center for Disease Control and Prevention (CDC)'s Act Early Ambassador to Maryland. The Act Early Ambassador program is designed to develop a network of state-level experts who promote developmental monitoring and screening and improve early identification practices.Dr. Ahn obtained her degrees in Special Education from University of Kansas. Previously, she worked as a professional development facilitator on the school and district levels. She provided technical assistance by developing workshops, training teachers and leaders, and supporting systems change implementations. Dr. Ahn is also a certified CSEFEL (Center on the Social Emotional Foundations of Early Learning) trainer and coach and worked closely with daycare and early childhood professionals. Prior to her current position, Dr. Ahn held a position as an Early Intervention Service Coordinator in Virginia and contributed to State initiatives to build systems' capacity to improve Infant Mental Health and Part C services.

CHILD CARE SERVICES

Early Head Start-Child Care Partnership Networking - Tuesday, November 13, 2018 from 1:00 - 4:00 p.m. No cost. 50 participants including current grantees and those looking for information on new grants. Information will include discussions on subsidy as well as challenges with selecting and maintaining partners. Participants will share best practices and lessons learned. Register for this event using the code PARTNERS at:

http://events.constantcontact.com/register/event?llr=zngjb6sab&oeidk=a07efajblah00b8ba6c

This session will be facilitated by the Utah State Head Start Collaboration Director in support from Region VIII T/TA. Additional details and bios will be forthcoming.

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COACHING **Creating and Maintaining a Culture of CLASS through Coaching & Professional Development -** Tuesday, November 13, 2018 from 9:00 - 1:00 p.m. with break for lunch on your own. 50 participants. Cost is $50. Register with code TEACHSTONE at

http://events.constantcontact.com/register/event?llr=zngjb6sab&oeidk=a07efajblah00b8ba6c

Individuals who attend this pre-conference workshop will learn how to create a culture of CLASS that can persist over time, even with staff turnover. The presenter will describe strategies for creating teacher buy-in and overcoming resistance from staff. Through this interactive session, the presenter and participants will explore effective ways to introduce CLASS, characteristics of successful coaches, and discuss ways to use CLASS as a part of practice-based coaching. In addition, they will learn how to provide teachers with individualized feedback designed to enhance teachers' knowledge of CLASS.

Topics to be discussed:

- Helping teachers understand that the CLASS is not just something else they have to do, but rather a framework that supports their existing practice
- Increasing teachers' knowledge of CLASS
- Strategies teachers can use to embed CLASS-based interactions into their daily activities and routines with children
- Approaches for building collaborative partnerships between coaches and teachers, including PLCs
- Using data from CLASS observations to support PD
- Using the "parallel process" to enhance teacher-child interactions, with a focus on the domain of Instructional Support.

Through hands-on activities and discussion of video examples, individuals will leave this session with a greater understanding on how to make CLASS "work" in their organization.

 Sarah Hadden. Senior Advisor, Training and Professional Development, Teachstone Training, LLC.
Sarah is an educator with 30 years of experience in the field. She has been a classroom teacher, a researcher, and a teacher educator. Prior to joining Teachstone, Sarah worked on the development and implementation of the first CLASS-based professional development programs (MyTeaching Partner and the National Center for Research on Early Childhood Education) at the Center for Advanced Studies on Teaching and Learning at the University of Virginia. Sarah conducts Pre-K & K-3 Intro and Observation trainings, Pre-K & K-3 Train the Trainer Programs, and Feedback Strategies and Instructional Support Strategy trainings. Sarah lives in Charlottesville, Virginia. She has conducted CLASS trainings in 28 states (including Alaska and Hawaii) and 4 continents! When she isn't working, she often has her nose in a book.

If you have any problems registering for these sessions, please contact Natalie Brush at natalie.brush@uhsa.org