

MILES FOR MEALS

WALK - RUN - FEED

To benefit Senior Programs of the Pike County Senior Center

Entry Fees

Paid by 6/30/17

- \$15 each individual (**does not include a t-shirt**)
- \$25 each individual (**includes a t-shirt**)
add \$2 for each additional size over XL

No shirts will be available to those who register after July 1, 2017.

School teams of 10 or more, please contact race coordinator at amelliott@pikecac.org or 740-947-5555 for special pricing.

Race Day Schedule

7:00 a.m. - Registration Begins (packet pick-up)
All participants must be signed in by 7:45 a.m.
8:00 a.m. – 3k walk & 5k run begins
Awards ceremony immediately following the conclusion of the race.

Age Divisions

14 & younger	40-49
15-19	50-59
20-29	60 & older
30-39	

Event

3k Walk 5k run

Award Presentations

Immediately following races. Awards will be given to the top male and female finisher and to the top three male and female finishers in each age division.

Overall male and female winners will not be considered in the age group awards.

Course

The course is semi-flat terrain through beautiful Bristol Village. The course and turns will be marked and volunteers will be at various places along the way to assist. There will be a water station on the course.

Registration

Please complete the entry form below.

Name _____ Age _____ Male _____ Female _____ Event _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

T-Shirt size (please circle one) XS SM MED LG XL 2XL (**add \$2**) 3XL (**add \$4**) Total Enclosed \$ _____

Make check payable to: CAC of Pike County

Return entry form to: Amanda Elliott

c/o Pike County Senior Center
402 Clough Street
Waverly, Ohio 45690

In consideration of the foregoing, for myself, my executors, assigns, and administrators, do hereby release and discharge the Community Action Committee of Pike County, the Race Committee, and the Village of Waverly from all claims of damages, demands, actions and causes of action whatsoever in any manner arising or growing out of my participation in said event.

PARTICIPANT SIGNATURE _____ DATE _____
(Parent/guardian signature required if under 18 years of age)